SKN ATHLETICS Development meets Technical Bulletin 2025

Following are the technical regulations for the SKN ATHLETICS Development Meets:

1. TIME:

The Meets begins at 12:00 pm

Athletes will be expected to arrive at the venue no later than 11:00am.

2. ELIGIBILITY AND CATEGORIES:

This competition is open to ALL athletes. The SKN Athletics reserves the right to cancel an invitation for any reason.

The competition will be held in three (3) categories:

(a) Under 13 As of 31st December, 2025

Athletes born 2013 or later

(b) Under 17 As of 31st December, 2025

Athletes born 2009 - 2012

(c) 17+ Athletes born 2008 or earlier

3. EVENTS:

Under 13 100m, 200m, 400m, 800m, High Jump, Long Jump.

Under 17 100m, 200m, 400m, 800m, 1500m, 100m Hurdles (0.762m), 110m Hurdles (0.914m), 400m Hurdles (0.762m/0.838m), Javelin, High Jump, Long Jump, Triple Jump, Shot Put.

17+ 100m, 200m, 400m, 800m, 1500m, 100mH (0.838m/0.914m), 110m Hurdles (0.991m/1.067m) Javelin Throw, Shot Put, Discus Throw, High Jump, Long Jump, Triple Jump.

**For an event to take place and count there must be a minimum of three (3) athletes registered and checked into call room. Events may be combined based on the number of participants, this decision is to be made by the Meet Director.**

4. FACILITIES:

(a) The competition will take place at the Nevis Athletic Stadium located at Long Point, Nevis which is approximately 10 minutes from the Charlestown pier and approximately 25 minutes from Oualie Beach pier. The stadium has a capacity of 3000 thousand (3 000) persons and an Athlete stand with an 450 seat capacity.

Implements per age:–

Male Javelin: 850g - 20+

800g - U20;

700g - U18

600g - U16

500g – U14

Female Javelin: 600g – U20 & 20+

500g – U16

400g – U14

Male Shot Put: 7kg - 20+

6kg - un20

5kg - un18

4kg - un14 & un16

Female Shot Put: 4kg - un20 & 20+

3kg - un18; un16; un14

**6. REGISTRATION:**

Registration is done Online using using www.sknathletics.com

By registering to participate in this competition, all clubs agree to abide by the rules, regulations and decisions made by and on behalf of the SKN ATHLETICS.

Person registering the team must ensure that the information provided is accurate and all athletes are duly qualified to participate as registered.

Only one registration account shall be recognised for each club

Registration and closing dates and times will be submitted periodically.

A TECHNICAL MEETING: an email will be sent with the date, time and venue for the Techincal meeting prior to the beginning of the calendar season.

CALL ROOM:

Athletes are required to report to Call Room Referee’s desk for all events.

Only athletes competing in upcoming events and accompanying official shall be allowed in the warm up track

Final check-in will be done at the desk of the Call Room Referee at the Call Room.

An athlete who is not registered for an event in TEAM MANAGER cannot participate in that event.

CALL ROOM REPORTING TIMES

EVENT FIRST CALL FINAL CALL REPORT TO ARRIVE AT

CALL ROOM EVENT

Sprints 30mins 20 mins 15mins 5mins

Hurdles 35mins 25 mins 20mins 10mins

Middle &Long Dist. 20mins 20 mins 15mins 5mins

Throws 40mins 30mins 25mins 20mins High Jump 40mins 30mins 25mins 20mins

NO ATHLETE SHALL BE ACCEPTED IN CALL ROOM IF NOT

REGISTERED

**A PA system will be provided at the Call Room.**

An Official will be designated to transfer athletes who are competing in two events simultaneously.

CONDUCT OF TEAMS:

Any encroachment onto the Staging area is prohibited and will be viewed as a serious offence. Coaches may accompany athletes to assist with the marking of the run for jumping events, but must leave thereafter before the commencement of the competition or when the Chief Judge so indicates.

ELIMINATIONS:

Events ran in lanes and in which there are more competitors than lanes will require heats to determine finalists. When there are more than eight and up to sixteen competitors there will be two (2) heats. If there are more than sixteen competitors there will be three heats.

The starting heights for the High Jump event are:

FEMALES MALES

Under 13: 1.10m Under 13: 1.20m

Under 17: 1.30m Under 17: 1.40m

17+: 1.40m 17+: 1.60m

Incremental progression - five (5) centimeters for the first 4 heights, three (3) centimeters for the next 2 heights, then two (2) centimeters thereafter and Combined Events – 3 centimeters for all heights.

RULES AND REGULATIONS:

World Athletics Rules and Regulations will govern the Competition, as far as possible.

The 60m, 100m, 150m, 200m, 300m, 400m will be run in lanes. Starting Blocks and the crouch start are compulsory for the 60m, 100m, 150m, 200m, 400m, and all Hurdle events.

All athletes must register and compete in their respective age category for the entire meet.

Please see below the sizes of track spikes that should be used on the synthetic track:

**1/8" (3mm) - Pyramid/Needle**

**3/16" (5mm) - Pyramid/Needle**

**1/4" (7mm) - Pyramid/Needle**

**3/8" (9mm) - Needle Only**

**For High Jump and Javelin the maximum length is   
1/2" (12mm) Pyramid/Needle**

**All other spikes are prohibited.**

PROTESTS:

Protests regarding the status of an athlete to participate must go to the referee before meetings. If settlement is not possible, the athlete will be allowed to compete under protest and the matter will be referred to the Organizing Committee.

Protest must be made first to the appropriate Referee (orally) by the athlete or their representative.

The Referee will consider ANY available evidence, which HE/SHE thinks necessary.

In field events an athlete may make an immediate oral protest after a foul.

(The Referee is to consider ALL available evidence and interview all those whom they consider necessary).

The Referee may consider consulting, IF NECESSARY, all relevant persons, including Judge, if in doubt of any other available evidence.

If such evidence is not conclusive, the decision of the Referee SHALL be upheld.

Covid protocols must be adhere to.

COMPETITION OFFICIALS:

Competition Director – Timothy Morton

All other officials will be scheduled based on availability