2025 Golden Bears and Pandas Preview (Click HERE January 4, 2025						
Live Results: https://live.windsortiming.com/meets/42715						
			·		#of	
Time	Event	Category	Gender	Heat/Final	heats	Notes
Straight Away Races						
12:00PM 60mH Open Men Prelims 1 race combined with U18						
12.00111	60mH	U18	Men	Prelims		race combined with Open
12:10PM	60mH	Open	Women	Prelims	1	race combined with U18
12.10111	60mH	U18	Girls	Prelims	1	
12:15PM	60mH	U16	Girls	Prelims	_	race combined with U14
12.120	60mH	U14	Girls	Prelims	1	race combined with U16
12:30PM	60m	Open	Women	Prelims	2	Table Schilbined Will S 15
12:35PM	60m	Open	Men	Prelims	3	
12:45PM	60m	U18	Girls	Prelims	3	
12:55PM	60m	U18	Boys	Prelims	1	
60m Finals: B final before A final where appropriate						
1:05PM	60mH	Open	Men	Finals		race combined with U18
2.00111	60mH	U18	Men	Finals		race combined with Open
1:15PM	60mH	Open	Women	Finals		race combined with U18
	60mH	U18	Women	Finals	1	race combined with Open
1:20PM	60mH	U16	Women	Finals	1	·
	60mH	U14	Women	Finals	1	race combined with U16
1:30PM	60m	Open	Women	Finals	1	Finals: B final before A final where appropriate
1:35PM	60m	Open	Men	Finals	2	Finals: B final before A final where appropriate
1:40PM	60m	U18	Girls	Finals		Finals: B final before A final where appropriate
1:45PM	60m	U18	Boys	Finals		Finals: B final before A final where appropriate
Oval Races						
# of						
Time	Event	Category	Gender	Heat/Final	heats	Notes
2:00PM	600m	Open	Women	Finals	1	
2:05PM	600m	Open	Men	Finals	2	
2:30PM	200m	Open	Women	Finals	2	
2:40PM	200m	Open	Men	Finals	3	
2:50PM	200m	U18	Girls	Finals	6	
3:10PM	200m	U18	Boys	Finals	3	
3:30PM	4x400m	Open	Women	Finals	1	
		_	_	Jumps		
Time	Event	Category	Gender	Round		Notes
11:00AM	Triple Jump	Open	Women	Finals	+	Same start time as men
	Triple Jump	Open	Men	Finals	3	Same start time as women
	High Jump	Open	Women	Finals	2	
12:00PM	Pole Vault	Open	Women	Finals	5	
	Pole Vault	Open	Men	Finals	3	
12:15PM	Long Jump	Open	Men	Finals	5	
1:45PM	Long Jump	Open	Women	Finals	12	
	_	_		Throws	1	
12:30PM	Weight Throw	All Men		Finals	4	
2:15PM	Weight Throw	All	Men	Finals	13	