



## Golden Bears and Pandas Preview: January 4, 2025

University of Alberta – Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

### Expected Timelines: Week of competition

Wednesday @8:00PM	- Entry deadline
Thursday @ 8:00PM	- Final Schedule
Friday @ 8:00PM	- Heat Sheets posted
Saturday @ 11:00AM	- Competition begins

<https://bearsandpandas.ca/sports/track-and-field>

Sanctioned by Athletics Alberta

Timing: EllisTiming [www.ellistiming.ca](http://www.ellistiming.ca)

### Primary Purpose & Intent of Competition:

The primary objective of the Golden Bears and Pandas Preview is to provide a season opening competitive opportunity for USPORTS athletes and other athletes in the AB region. Registration is still accepted from other provinces

All USPORTS events are governed by Canada West Playing Regulations

All Club window – U12/ U14 / U16 / U18 / U20 / Senior / Masters events are governed by WA rules

### Eligibility:

Athletes and coaches must appear on a formal USPORTS eligibility roster OR be active member of their respective provincial athletics association. International athletes should contact the meet director.

## Dates, Registration Links:

**Golden Bears & Pandas Preview:**

**January 4, 2025**

**4<sup>th</sup> Annual**

[www.Trackiereg.com/GBP-P\\_2025](http://www.Trackiereg.com/GBP-P_2025)

## Seed Marks:

Seed marks are subject to verification using Athletics Canada Indoor Rankings or USPORTS Rankings (Jan 1 2024 – Dec 31, 2024). Special requests for speculative seeds not found in either of the two primary ranking systems must be sent to meet director by Tuesday at NOON, with clear rationale provided in order to be considered.

## Entry Fees:

1<sup>st</sup> event - \$25;      2<sup>nd</sup> event - \$20;      3<sup>rd</sup> event - \$15      Relays - \$30

- Scratches / edit of entries made online [www.trackie.com/online-registration](http://www.trackie.com/online-registration)

- Late entries will not be accepted

## ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

## Event Offerings:

GBP-P (Jan 4, 2025)

Track: U14/U16/U18/U20/Senior/Masters: no entry limits: 60m, 60mH, 200m, 600m, 4x400m

Field: Weight Throw, Triple Jump, High Jump, Long Jump, Pole Vault

## Entry Limits – GBP-Preview

Field event entry limits are imposed at the GBP-P (Jan 4, 2025) event. Totals include Golden Bears and Pandas Athletes.

Pole Vault = 14 entries and minimum 2024 mark of 3.20m

Triple Jump = 14 entries      Long Jump = 24 entries      High Jump = 12 entries

Weight Throw = no limit      Track events = no limit

## Tentative Schedule

Triple Jump & High Jump: 11:00AM      Pole Vault: 12:00PM

Weight Throw: 12:30PM      Long Jump: 1:00PM

60m Hurdles Heats 12:00PM

60m Heats

60m Hurdles Finals      \*\*minimum 30 minutes between hurdle heats and finals

60m Finals      \*\*minimum 45 minutes between 60m heats and finals

600m

200m      \*\*minimum 45 minutes between 60m final and 200m

4x400m

## Preferred Lanes, order of events and advancements:

Preferred lanes:      Oval preferred = 6 /7/5/4/3/2/1

Order of events:      Timed finals run FAST to SLOW

## Alternates in finals:

For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final, places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur in time.

## 300m / 4x200 Lane Draws:

### Timed Final Structure

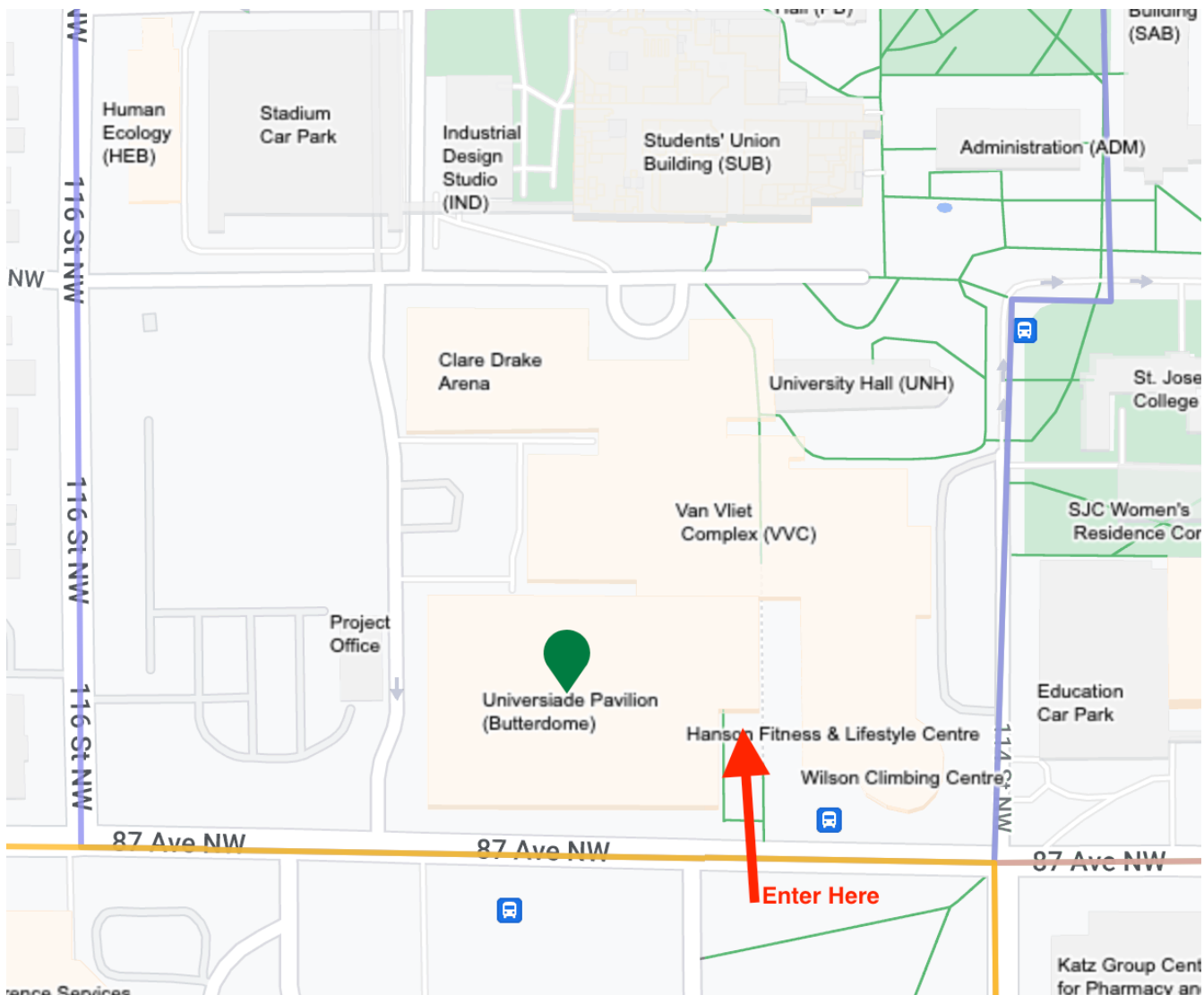
Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

### Location

Entry location occurs at the top of the ramp on the south side of the Van Vliet Centre (87 ae). This is the concourse level above the 60m start line. Map locations can be found at:

[Campus Map:](#)

[Building Map: https://www.ualberta.ca/campus-community-recreation/facilities/north-campus/map.html](https://www.ualberta.ca/campus-community-recreation/facilities/north-campus/map.html)



### Spectators/Parents

Fans, spectators and parents are welcome to attend. You are asked to remain in the bleach sections are refrain from going onto the track and warm up areas.

### Contact Info / Role

Meet Director

Wes Moerman (head coach)

[wes.moerman@ualberta.ca](mailto:wes.moerman@ualberta.ca)

780.492.5097

Competition Director

(schedule, entries, seeding)

Rob Fisher (asst coach)

[robfisher004@gmail.com](mailto:robfisher004@gmail.com)

780.975.2847

Timing/Results

(results & live results)

Vernon Schmid

[vernon@ellistiming.ca](mailto:vernon@ellistiming.ca)