



# **WINNIPEG INNER CITY JUDO OPEN**

## **Technical Package**

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**Saturday February 8, 2025**

Tec Voc High School Gym

1555 Wall Street

Winnipeg, Manitoba

SANCTIONED NATIONAL "B"

BY JUDO CANADA

## Organizing Committee

### Tournament Director

Gary Sova - [garysova81@gmail.com](mailto:garysova81@gmail.com) 1-(204) 479-8571

### IT Management, Registration and Draw

Wayne Ewonchuk & James Colp - [james.colp@outlook.com](mailto:james.colp@outlook.com)

### Chief Referee

Milton Good - [mgood@shaw.ca](mailto:mgood@shaw.ca)

### Medical

Nancy Ewachewski

## Schedule

\*\*\* The official schedule is subject to change at the discretion of the Tournament Director in consultation with the Organizing Committee \*\*\*

Thursday February 6, 2025		
Before 11:59 PM	Club Coaches send U10 and U12 weights <b>in kilograms</b> and names to the tournament director	
Friday February 7, 2025		
6:00 to 8:30 PM	Weigh-in for U14 and older	Tec Voc High School Gym
Saturday February 8, 2025		
7:15 to 8:30 AM	Weigh-in for U14 and older <i>Check-in U10/U12</i>	Tec Voc High School Gym
8:30 AM	Canteen Opens	
8:30 AM	Weigh-ins close	
	Referee Meeting	
9:30 AM	Competition begins Starting with U10, U12 & Veterans	

## Tournament Venue

### Tec Voc High School Gym

1555 Wall Street

(located at the corner of Wall St. and Notre Dame Avenue)

Winnipeg, Manitoba

## Registration

### THIS IS A PRE-REGISTRATION ONLY TOURNAMENT:

Registration Opens: January 1<sup>st</sup>

Registration Closes: January 26<sup>th</sup>

– **Referee Registration:**

- Our tournaments success depends upon the great participation of the volunteer referees, please sign up via trackie:
- **Trackie** – <https://registration.judocanada.org/event/2025-InnerCityReferee>
- Referees of all levels welcome

– **Athlete Registration:**

- Online registration for all athletes:
- **Trackie** – <https://registration.judocanada.org/event/2025-InnerCityOpen>
- Athletes must have a valid Judo Canada membership
- Athletes may compete in up to two regular divisions if eligible
- All competitors must be present at the weigh-in.
- **New Requirement for 2024/2025 Judo Season:**  
U10 and U12 athletes must check in at the weigh-in table. Parent, Guardian, or Coach must attest to the accuracy of the weight which has been provided by the club coach.

**Coaches, please send U10 and U12 weights and names to the tournament director by end of day Thursday Feb 6<sup>st</sup>.**

## Divisions

**All athletes must be minimum rank of Yellow Belt**

**No Shime-waza OR Kansetsu-waza allowed under Green Belt**

<b>U10</b>
Athletes born in 2016 and 2017
Match Time: 2 minutes non-stop time; No Golden score
No weight classes + Mixed Gender Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.
<b>U12</b>
Athletes born in 2014 and 2015
Match Time: 2 minutes; No Golden score
No weight classes + Male/Female OR Mixed Gender – dependant on entries. Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.

<b>U14</b>	
<b>U14 MALE</b>	<b>U14 FEMALE</b>
Athletes born in 2012 and 2013	
Match Time: 3 minutes; No Golden score No Shime-waza OR Kansetsu-waza	
-32 kg; -35 kg; -38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; +66 kg	-30 kg; -33 kg; -36 kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; +63 kg

<b>U16</b>	
<b>U16 MALE</b>	<b>U16 FEMALE</b>
Athletes born in 2010 and 2011	
Match Time: 3 minutes; Golden score: No Limit ; No Kansetsu-waza	
-38 kg; -42 kg; -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; -73 kg; +73 kg	-36kg; -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg

<b>U18</b>	
<b>U18 MALE</b>	<b>U18 FEMALE</b>
Athletes born in 2008, 2009 and 2010	
Match Time: 4 minutes; Golden score: No Limit	
-50 kg; -55 kg; -60 kg; -66 kg; -73 kg; -81 kg; -90 kg; +90 kg	-40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg;

**No U21 Division. U21 athletes are encouraged to fight in Senior Novice or Advanced**

<b>SENIOR</b>	
<b>Novice Yellow to Blue, Advanced Brown &amp; Black</b>	
<b>SENIOR MALE</b>	<b>SENIOR FEMALE</b>
Athletes born in 2010 and earlier	
Match Time: 4 minutes; Golden score: No Limit	
-60 kg; -66 kg; -73 kg; -81 kg; -90 kg; -100 kg; +100 kg	-48 kg; -52 kg; -57 kg; -63 kg; -70 kg; -78 kg; +78 kg
<b>VETERAN</b>	
<b>VETERAN MALE</b>	<b>VETERAN FEMALE</b>
Athletes born 1995 or earlier – Green belt min.	
Match Time: 3 minutes; Golden score: No Limit	
<b>Veteran divisions will be determined depending on entries</b>	

**Early bloomers for U14 [2014] U16 [2012] U18 [2011]** can be allowed if approved Early Bloomers by Judo Canada as per sanctioning policy: <http://judocanada.org/early-bloomer-form-formulaire-pour-athlete-precoce/>

\*\* The organizers reserve the right to modify or combine weight divisions in case of an inadequate number of participants.

## Registration Fees

**Deadline: January 26, 2024**

**Late fee is \$20.00**

Division	Cost
U10/U12	\$40
U14	\$50
U16/U18	\$60
Senior / Veteran	\$70
<u>Second age category</u>	\$30
*Athletes may compete in up to two regular divisions for which they are eligible*	

### Payment due upon registration either by cheque or e-transfer:

- Cheque to be mailed to Gary Sova 107 Meadow Ridge, Winnipeg, Mb. R3T 5M9
- E-transfer to [garysova81@gmail.com](mailto:garysova81@gmail.com) at time of registration. Please remember to add name of Athlete and Club for e-transfers

## Canteen

Canteen will be available on-site, Opens at 8:30 AM

*\*Complimentary meals for referees*

## Competition Format

- **U10/U12**
  - o Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.
- **U14, U16, U18, Senior, Veteran**
  - o The modified double elimination format will be used.
  - o In weight categories with six (6) or seven (7) competitors, the double pool format will be used
  - o In weight categories with five (5) or fewer competitors, the round-robin/pool format will be used.
  - o In the event of a double or triple tie in the round-robin/pool format, tied competitors compete again in a round robin/pool. Each tie-breaker bout will be fought in the Golden Score format.
  - o Tournament regulations as per Judo Canada's Sanction Policy and Tournament Standards – 2024-2025.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Manitoba designated Chief Official in cooperation with the Organizing Committee.

## Medal Ceremony

### AWARDS & TROPHIES

- Winnipeg Inner City Judo Open large custom-made medals. 1st, 2nd, 3rd and participation medals for U10
- Two very large **Fastest Ippon Throw Trophies** for the fastest throw executed in the **U14 Male/Female** and the **U16/ U18 Male/Female** divisions
- One **\$200 cash** awarded to the outstanding **Senior** competitor
- Plaque and annual trophy for outstanding Inner City Judo Club Athlete

## Key Competition Rules & Clarifications

The rules below are in addition to, and are clarifications of, the IJF rules.

- Tournament Regulations as per Judo Canada's Tournament Standards and Sanctions manual, unless specified otherwise in this document.
- The Tournament Director and Judo Manitoba reserve the right to revoke the accreditation of anyone showing blatant disrespect for the rules and procedures of the competition or unethical behavior.

### AGE/DIVISION SPECIFIC RULES

- See Appendix

### COMPETITION

- Call to Mat
  - o Any competitor not on the mat area after having been called 3 times at 1-minute intervals will automatically lose the bout.
- Rest Periods
  - o Rest between bouts will be at a minimum of double the time of the maximum length of the bout for a given age group.
- Hygiene
  - o The judogi shall be clean, dry and without unpleasant odor.
  - o The nails of the feet and hands shall be cut short.
  - o Long hair has to be bound with an elastic band (no metal) done up and off the collar.
  - o Glasses, watches and jewelry, body piercings, etc., are prohibited.
  - o Make up and strong scents are not allowed.

## SCORING

- Hansoku-make
  - o Any competitor disqualified by Hansoku-make for an action dangerous to the opponent or any unethical action contradictory to the spirit of sport will be disqualified from the entire event (all age groups, on all days) and will lose standing earned in the division in which they were disqualified.
  - o A competitor disqualified by Hansoku-make for any other reason loses the match but can continue in the repechage round and other divisions of the event.
- Kiken-gachi
  - o Any competitor submitting by Kiken-gachi (injury) will not be allowed to resume competition without permission of the medical officer appointed by the tournament organizing committee.

## COMPETITION UNIFORM

Competitors shall wear either a blue or white Judogi (The first competitor called shall wear the white Judogi; the second shall wear the blue). Competitors may also both wear white but are required to wear the provided white and blue sashes respectively.

**If a competitor presents themselves as the White fighter in a Blue gi, they will be asked to change into a White gi – there are no exceptions to this rule.**

Female contestants shall wear a short sleeved white shirt under their jacket that is long enough to be worn inside the trousers.

## Accommodations

### Hotels close to Tec Voc High School

- **Holiday Inn Winnipeg Airport West**  
2520 Portage Avenue  
1-877-660-8550
- **Canada Inns Destination Centre Polo Park**  
1405 St. Matthews Avenue, Winnipeg  
1-204-775-8791

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Please contact Gary Sova at 1-(204) 479-8571 or email: [garysova81@gmail.com](mailto:garysova81@gmail.com) for further information.

# Appendix

## Judo Manitoba Quick Reference Rules

	U10	U12	U14	U16	U18	U21	Senior	Veteran	Ne-Waza
Kansetsu Waza (Arm Bars)	No	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Shime Waza (Chokes)	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Sankaku Gatame	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Drop Techniques	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Tani Otoshi	No	No	Yes	Yes	Yes	Yes	Yes	Yes	N/A
Sutemi Waza	No	No	Yes - Green Belt and Above	Yes	Yes	Yes	Yes	Yes	N/A
Makikomi Waza	No	Yes - if started with allowed technique then Uke's reaction results in Makikomi	Yes - if started with allowed technique then Uke's reaction results in Makikomi	Yes	Yes	Yes	Yes	Yes	N/A
Head Locking, Koshi-Guruma/Kubi-Nage	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Counter-rotation against One legged throws ie. Uchi-mata, Harai-goshi	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Gripping	Standard Grips - No crossing the front plane of opponent except on immediate throw	Standard Grips - No headlocking in Tachi-waza or Ne-waza	Standard Grips - No headlocking in Tachi-waza	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Medical Rules	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Prohibited actions	Mate and Explain	Warning for the 2nd same infraction. Shido for 3rd subsequent infractions	Shido for prohibited actions	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Time	2 mins. Non-stop No Golden Score	2 mins. Reg time No Golden Score	2 mins. Reg time No Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score