**Jack Simpson Open ‑ January 5, 2025**

Starts at 9:30 AM

**Event Round**

9:30 AM Men 18+ 60 Meter Hurdles 42"/13.72m Open Finals

Men 18‑19 60 Meter Hurdles 39"/13.72m U20 Finals

Men 16‑17 60 Meter Hurdles 36"/13.72m U18 Finals

Boys 14‑15 60 Meter Hurdles 33"/13m/8.5m 15 yrs Finals

9:50 AM Women 18+ 60 Meter Hurdles 33"/13m/8.5m Open Finals

Women 16‑17 60 Meter Hurdles 30"/13m/8.5m U18 Finals

Girls 14‑15 60 Meter Hurdles 30"/12m/8m 15 yrs Finals

10:05 AM Men 16+ 60 Meter Dash Open Prelims

Top 12 times advance to a Two section final

Inform RESULTS Table if not running the FINAL

Men 35+ 60 Meter Dash Masters Finals

10:25 AM Women 16+ 60 Meter Dash Open Prelims

Top 12 times advance to a two section final

Inform RESULTS Table if not running the FINAL

Women 35+ 60 Meter Dash Masters Finals

Boys 16‑17 60 Meter Dash U18 Finals

Girls 16‑17 60 Meter Dash U18 Finals

11:15 AM Boys 15 Year Olds 60 Meter Dash 15 yrs Finals

Girls 15 Year Olds 60 Meter Dash 15 yrs Finals

Boys 14 Year Olds 60 Meter Dash 14 yrs Finals

Girls 14 Year Olds 60 Meter Dash 14 yrs Finals

Boys 13 Year Olds 60 Meter Dash 13 yrs Finals

Girls 13 Year Olds 60 Meter Dash 13 yrs Finals

Boys 12 Year Olds 60 Meter Dash 12 yrs Finals

Girls 12 Year Olds 60 Meter Dash 12 yrs Finals

Boys 11 Year Olds 60 Meter Dash 11 yrs Finals

Girls 11 Year Olds 60 Meter Dash 11 yrs Finals

Boys 10 & Under 60 Meter Dash 10 yrs Finals

Girls 10 & Under 60 Meter Dash 10 yrs Finals

12:00 PM Boys 9 & Under 60 Meter Dash 9 and Under Finals

Girls 9 & Under 60 Meter Dash 9 and Under Finals

12:15 PM Men 16+ 60 Meter Dash Open Finals

Top 12 times advance to a Two section final

Inform RESULTS Table if not running the FINAL

12:20 PM Women 16+ 60 Meter Dash Open Finals

Top 12 times advance to a two section final

Inform RESULTS Table if not running the FINAL

12:30 PM Boys 14‑15 4x200 Meter Relay Finals

Girls 14‑15 4x200 Meter Relay Finals

Boys 12‑13 4x200 Meter Relay Finals

Girls 12‑13 4x200 Meter Relay Finals

1:00 PM Lunch

1:55 PM Boys 15 Year Olds 150 Meter Dash Finals

Girls 15 Year Olds 150 Meter Dash Finals

Boys 14 Year Olds 150 Meter Dash Finals

Girls 14 Year Olds 150 Meter Dash Finals

Boys 13 Year Olds 150 Meter Dash Finals

Girls 13 Year Olds 150 Meter Dash Finals

Boys 12 Year Olds 150 Meter Dash Finals

Girls 12 Year Olds 150 Meter Dash Finals

Boys 11 Year Olds 150 Meter Dash Finals

Girls 11 Year Olds 150 Meter Dash Finals

Boys 10 & Under 150 Meter Dash Finals

Girls 10 & Under 150 Meter Dash Finals

Boys 9 & Under 150 Meter Dash Finals

Girls 9 & Under 150 Meter Dash Finals

3:00 PM Men 16+ 1500 Meter Run Open Finals

Men 35+ 1500 Meter Run Masters Finals

Women 16+ 1500 Meter Run Open Finals

Women 35+ 1500 Meter Run Masters Finals

3:20 PM Boys 15 Year Olds 1200 Meter Run Finals

Boys 14 Year Olds 1200 Meter Run Finals

Boys 13 Year Olds 1200 Meter Run Finals

Boys 12 Years Old 1200 Meter Run Finals

Boys 11 Years Old 1200m Finals

Boys 10 Years Old 1200m Finals

Girls 15 Year Olds 1200 Meter Run Finals

Girls 14 Year Olds 1200 Meter Run Finals

Girls 13 Year Olds 1200 Meter Run Finals

Girls 12 & Under 1200 Meter Run Finals

Girls 11 Year Olds 1200 Meter Run Finals

Girls 10 Years Old 1200 Meter Run Finals

3:45 PM Men 16+ 600 Meter Run Open Finals

Men 35+ 600 Meter Run Masters Finals

Women 16+ 600 Meter Run Open Finals

Women 35+ 600 Meter Run Masters Finals

4:20 PM Boys 15 Year Olds 400 Meter Dash Finals

Girls 15 Year Olds 400 Meter Dash Finals

Boys 14 Year Olds 400 Meter Dash Finals

Girls 14 Year Olds 400 Meter Dash Finals

Boys 13 Year Olds 400 Meter Run Finals

Girls 13 Year Olds 400 Meter Run Finals

Boys 12 Year Olds 400 Meter Run Finals

Girls 12 Year Olds 400 Meter Run Finals

4:40 PM Boys 11 Year Olds 300 Meter Run Finals

Girls 11 Year Olds 300 Meter Run Finals

Boys 10 & Under 300 Meter Run Finals

Girls 10 & Under 300 Meter Run Finals

Boys 9 & Under 300 Meter Dash Finals

Girls 9 & Under 300 Meter Dash Finals

5:00 PM Men 16+ 300 Meter Run Open Finals

Men 35+ 300 Meter Run Masters Finals

Women 16+ 300 Meter Run Open Finals

Women 35+ 300 Meter Run Masters Finals

5:30 PM Women 16+ High Jump Open Finals

Opening Height ‑ 1.44m

Up by 5cm to 1.54m then by 3cm

6:30 PM Men 16+ High Jump Open Finals

Opening Height ‑ 1.61m

Up by 5cm to 1.81m and then by 3cm