

# Minor Track Association of Ontario Team Ontario Indoor Qualifier Meet and Prep-Meet #1

DATE: Saturday, December 14, 2024

LOCATION: Toronto Track and Field Centre 231 Ian MacDonald Blvd, North York, ON

M7A 2C5

START TIME: 9:00 a.m. (EST)

8:45 a.m. (EST) - Coaches Meeting

SANCTIONED BY: Minor Track Association of Ontario

MEET DIRECTOR: Carla Warwick 647-283-4079 carla@mississaugaolympians.com

MEET ENTRIES: Steve Fife 905-348-2214 thorodelitetc@gmail.com

FEES: \$15/event \$25/relay team

FACILITIES: Chevron surface 5-lane 200m banked oval and 100m 8-lane sprint straight; Chevron surface on all field approaches with a concrete throwing circle. Change room facilities and showers are available on site.

# **PARKING**

There is parking available at the facility.

#### MEDICAL PERSONNEL ONSITE

Medical personnel that will be onsite for the duration of the meet.

MINOR TRACK ASSOCIATION (MTA) AGE CATEGORY & EVENT ASSIGNMENT AND REGULATIONS

# **EVENT LIMITS**

Mite & Tyke may compete in three (3) events which 2 can only be track. Atom-Youth may compete in three (3) events which can be a combination of any track or field events, relays are excluded.

#### TRACK EVENTS

Events will be run by age category, girls followed by boys (Pee Wee Girls-Boys, Mite Girls-Boys, Atom Girls- Boys......)

# **TEAM ONTARIO**

MTA will be selecting 20 athletes to compete at the Adidas Track Nationals, March 21-23, 2025, in Virginia Beach, Virginia. The team of 20 athletes will travel to Virginia from March 20-24, 2025, to represent MTA and Ontario. The age categories that will make up the team are Atoms 11-12yrs, MTA Sr 13-14yrs, Intermediate 15-16yrs and Youth 17-18yrs.

# ATHLETE/ TEAM SELECTION CRITERIA

Athletes will be chosen for the team based on the following criteria. Performance e.g. (time, distance), Multiple events e.g. (200m, 400m, LJ), Multiple wins e.g. (1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>) (1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>) (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>) (1<sup>st</sup>, 3<sup>rd</sup>, 3<sup>rd</sup>) (2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>)......

Athletes must have competed at the December 14, 2024, qualifying meet.

Athletes who have achieved the Ontario selection standards in each event they competed in at the December 14, 2024, qualifying meet.

Only these athletes will be eligible to compete for a spot at the February 15, 2025, meet to be selected for the MTA Indoor Ontario Team.

NOTE: All Athletes who are selected for the team must have a valid Canadian Passport and travel insurance.

# TEAM ONTARIO SELECTION STANDARDS

	60m	200m	400m	800m	1600m	3000m	L.J.	H. J	Shot
Atom	8.20	27.00	1:00.00	2:20.00	4:50.00	10:30.00	4.60m	1.40m	10m
Boy	8.70	29.00	1:10.00	2:45.00	5:25.00	10:50.00	4.00m	1.20m	7.25m
Atom	8.30-	27.50-	1:05.00	2:25.00	5:28.00	10:40.00	4.50m	1.35m	7.50m
Girl	8.80	29.50	1:15.00	2:55.00	5:45.00	11:15.00	3.90m	1.18m	5.50m
Sr.	7.40	24.50	59.00	2:00.00	4:40.00	10:20.00	5.75m	1.50m	10.70
Boy	8.20	26.00	1:05.00	2:25.00	5:10.00	10:40.00	4.90m	1.30m	10.30
Sr.	8.00-	26.50	1:00.00	2:20.50	5:20.00	10:30.00	5.10 m	1.45m	10.65m
Girl	8.50	27:75	1:10.00	2:35.00	5:40.00	11:10.00	4.40m	1.25m	10.25m
Inter.	7.10	23.00	53.00	2:10.00	4:30.00	10:10.00	6m	1.60m	11m
Boy	7.60	24.75	57.00	2:20.00	4:75.00	10:30.00	5m	1.45m	9.50m
Inter.	7.90	25.90-	59.00	2:19.00	4:90.00	10:20.00	5.15m	1.50m	10.75m
Girl	8.40	26.75	1:05.0	2:30.50	5:20.50	11:05.00	4.30m	1.30m	9.00m
Youth	7.00	22.90	52.50	2:05.00	4:15.00	10:00.00	6.50m	1.65m	11.25m
Boy.	7.50	24.00	56.50	2:15.00	4:60.00	10:20.00	5.50m	1.50m	9.60m
Youth	7.80	25.50	58.50	2:15.00	4:80.00	10:10.00	5.20m	1.55m	10.80m
Girl	8.30	26.50	1:00.0	2:25.00	5:15.00	11:00.00	4.45m	1.35m	10m

#### ENTRY INFORMATION

- ❖ Entries & payment are to be completed online at: <a href="www.trackie.com/event/2024-MTA-Indoor-Qualifier1">www.trackie.com/event/2024-MTA-Indoor-Qualifier1</a>
- ❖ Entry deadline will be on Wednesday, December 11, 2024, at 11:59 pm (EST)
- ❖ Meet Packages/ Bib Numbers will be available for pick up at the registration desk the on the morning of the event

# **AWARDS**

Medals will be presented to the 1st,  $2^{nd}$ , and 3rd place finishers in each event. Ribbons will be presented to 4th to 6th place finishers.

# NOTES

- ❖ Waiver forms must be filled out on-line on Trackie for each athlete. Athletes without signed waiver forms will not be allowed to compete.
- ❖ Events with less than five athletes may be combined with another age division.

# AGE CATEGORIES AND EVENTS

Peewee: Athletes born in 2018 and 2019 60m (time finals), LJ (3 jumps only)

Mite: Athletes born 2016 and 2017 60m, 200m, 400m, 800m, Long Jump, Shot Put.

Tyke: Athletes born in 2014 and 2015 60m, 200m, 400m, 800m, 1200m, Long Jump, High Jump, Shot Put.

Atom: Athletes born in 2012 and 2013 60 m, 200m, 400m, 800m, 1600m, Open 3000m, Long Jump, High Jump, Shot Put.

Senior: Athletes born in 2010 and 2011 60m, 200m, 400m, 800m, 1600m, Open 300m, Long Jump, High Jump, Shot Put.

Intermediate: Athletes born in 2008 and 2009 60 m, 200m, 400m, 800m, 1600m, Open 3000m, Long Jump, High Jump, Shot Put.

Youth. Athletes born in 2007 and 2006 60m, 200m, 400m, 800m, 1600m, Open 3000m, Long Jump, High Jump Shot Put.

# **GENERAL RULES**

Track events take precedence over field schedules. If the timing of the field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event once they completed their race.

# MEET SCHEDULE

The Meet will be conducted based on a "rolling" schedule. However, the order of events as listed, will be maintained unless otherwise informed. The meet may run up to 30 mins early or late then scheduled.

# SCHEDULE OF EVENTS (subject to change)

		T		T	I
Time	Track	Long Jump	Shot Put	High jump	
9:00am	1200/1600m	Pee Wee	Mite	Tyke	
	Time Finals	Boys and Girls	Boys and Girls	Boys and Girls	
		-	,	,	
	60m Heats	Intermediate	Tyke	Atom	
		Boys and Girls	Boys and Girls	Boys and Girls	
	400m	MTA Sr.	Atom	MTA Sr.	
	Time Final	Boys and Girls	Girls and Boys	Boys and Girls	
		Youth	MTA Sr.	Intermediate	
		Boys and Girls	Boys and Girls	Boys and Girls	
		-		-	
	Lunch	Lunch		Youth	
				Boys and Girls	
1:00pm	60m Finals	Tyke			
		Boys and Girls			
	Open 3000m	•			
	Time Finals				
	800m	Mite			
	Time Finals	Boys and Girls			
		23,5 4114 31116			
	200m				
	Time Finals				