

**FLYING ANGELS ORANGE & WHITE INTER-SQUAD MEET**  
**SATURDAY, NOVEMBER 23, 2024**

Toronto Track & Field Centre (York University)  
231 Ian MacDonald  
Toronto, Ontario, Canada, M3J 3L9

**AGE DIVISIONS**

<b>DIVISION</b>	<b>YEAR OF BIRTH</b>
U7	2019-2020
U9	2017-2018
U11	2015-2016
U13	2013-2014
U15	2011-2012
U20	2006

**ORDER OF EVENTS**

*Team warmup @ 10:00 AM*

<b>Track Events</b>	<b>Field Events</b>
60m Hurdles	Shot Put
60m Dash	Long Jump
1500m	High Jump
400m	Triple Jump
200m	
800m	
4x200 Relay	

*Awards Presentations*

**NOTES**

- This is a rolling schedule. The event will begin after the previous event
- All jumpers and throwers receive three attempts only
- The top 3 finishers in each event receive a medal
- House League athletes who don't receive a medal throughout the competition will receive a participation medal