

December Field Fest
December 14, 2024 – 2:00 to 9:15 PM



Events

- Long Jump (Open event U16 athletes and up)
- Triple Jump (Open event U16 athletes and up)
- High Jump (Open event U16 athletes and up)
- Pole Vault (Open event U16 athletes and up)
- Shot Put (U16, U18, Men’s U20, Senior, Masters)
- Weight Throw (U16, U18, Men’s U20, Senior, Masters)

***Youngest athletes eligible for this competition have a year of birth of 2011 or before.**

Tentative Schedule (Times listed are tentative event start times)

Pole Vault		Time	LJ/TJ Pit		Time
Womens Open (2.30 Starting Height)	3:00 PM		Mens Open LJ	3:00 PM	
Mens Open (3.30 Starting Height)	5:30 PM		Womens Open LJ	5:00 PM	
			Open Triple Jump - All	7:00 PM	
Throws Circle		Time	HJ Pit		Time
Mens (U16,18,20, Masters)	2:30 PM	5 Throws	Womens Open (Starting Height 1.25)	3:00 PM	
Womens (U16,18, Masters)	3:30 PM	5 Throws	Mens Open (Starting Height 1.60)	5:00 PM	
Mens Open Shot	4:45 PM				
Womens Open Shot	6:00 PM				
Mens Weight Throw - All	7:15 PM	5 Throws			
Womens Weight Throw - All	8:15 PM	5 Throws			

- Note: Long Jump and Triple Jump are being ran as a singular open event. Only the top 8 athletes (regardless of age) will receive 3 additional jumps (6 jumps in total).

Registration and Entry Fees:

Individual: \$30 per event

<https://www.trackie.com/event/preview-page/1017621/?admin=1>

Entry deadline is Midnight (11:59pm) December 8th, 2024. All entries received after this date will be charged a late entry fee of \$50 per event until December 10th at Midnight (11:59pm). After that all events will be \$75 per event until December 12th at Midnight (11:59pm).

No competition numbers will be used at the meet. Check In will occur at the event site.

Facility:

Only the infield and two innermost oval lanes are rented for the meet. Please be aware of general field house users when crossing the track to get to the meet.

Warm-up:

When warming up only the two innermost oval lanes should be used for your warmup. Please be aware of your surroundings as there are other athletes also warming up. By entering the track area, you are assuming the risks and responsibilities of being in the area.

Admission:

No admission will be collected.

Awards:

No awards are presented at this meet

Membership

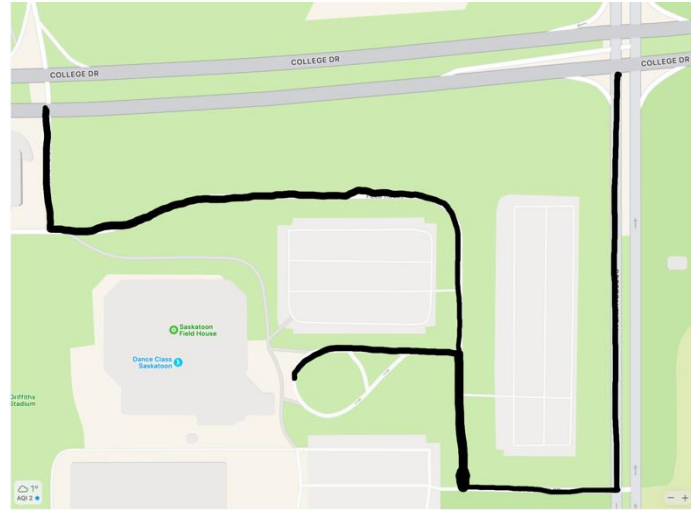
All participants must be Saskatchewan Athletics members, or members of their respective provincial branch.

Saskatoon Field House Track Meet EAP

Name of Facility: Saskatoon Field House
Address: 2020 College Dr. Saskatoon, SK, S7N2W4

Facility Manager: City of Saskatoon, Ben Korenelsen
Contact Info: ben.kornelsen@saskatoon.ca
Field House Phone: 306-975-3354 (located at front desk)

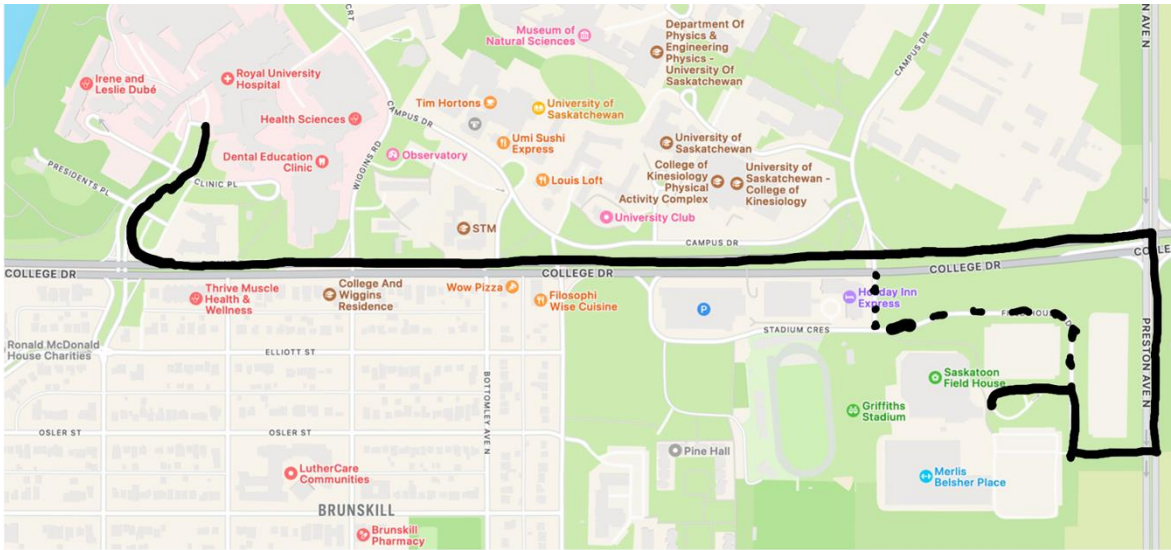
Directions: The Saskatoon Field house can be accessed 2 ways. Turning south off of College Dr. onto Preston Ave you will drive straight until you come to the set of lights where you will make a right-hand turn (turning West) onto Field House Rd. From there you will make the first right hand turn to continue on Field House Rd. You will then make the first left into the roundabout to the front doors of the Saskatoon Field House. There is also access to the loading dock door for entry if needed.



The Saskatoon Field House is also accessible by turning South off of College on Field House Rd by the Holiday Inn Express (1838 College Drive). From there you will make a right-hand turn. You will follow the road all the way around past the parking lot and make the next right into the roundabout of the Saskatoon Field House (RED Building). There is also access to the loading dock door for entry if needed.

Hospital Information
Nearest Hospital: Royal University Hospital
103 Hospital Dr. Saskatoon, SK

Directions: From the Saskatoon Field House leaving from the front doors, you will make the first right-hand turn onto Field House Rd. From there you will reach a stop sign where you will turn left to continue on Field House Rd. Once at the lights of Preston Ave turn left towards College Dr. At the lights of College Dr. make a left-hand turn. From there you will continue down college until Hospital Dr. Where you will make a right hand turn before arriving at The Royal University Hospital.



Medical Supplies on hand:

- Medical Kit
- Biohazard management: absorbent material/gloves/surface disinfectant
- Scoop
- Oxygen
- Splint: speed/quick
- Other: crutches, blanket, water, ice, towels, slings

Emergency Situation Information

Charge Person: Huskie Trainer 1

Call Person: Huskie Trainer 2

Control Person: Huskie Trainer 3

At the start of each competition day, Huskie Trainers will determine specific roles and responsibilities as it relates to EAP activation.

On track or field assistance needed: raised arm with closed fist

Activate EAP: Hand on top of the head

Emergency Services:

Emergency – 911

Police – 306-975-8300

Fire – 306-975-3030

Medavie Health Services West – 306-975-8808

Poison Control – 306-655-1010

City Health 306-655-8000

St. Paul's Hospital 306-655-5000

Royal University Hospital 306-655-1000

Sask Energy – 306-975-8500

Medical Information is available based on the participant's affiliation. University and large Club athletes will likely have medical information with team staff/personnel.

Individual information may not be available for all participants.

Charge Person Responsibilities

- Conduct an initial assessment of the injury.
- Designate someone to watch the other participants (stop all activities and ensure all participants are in a safe area, if nobody is available to supervise).
- Wait with the injured participant and help keep them calm until emergency medical services arrive and conduct their assessment of the injury.
- Record the injury using their hosts accident report form as well as PSO report form (available to on Sask Athletics website under forms).

Call Person Responsibilities

- Inform City of Saskatoon Field House staff
- Call for emergency help or get Field House staff to call.
- Provide all necessary information to dispatch including the facility location and the closest access door to the injured participant.
- The nature of the injury
- A description of first aid that has been performed
- Provide other medical information, such as allergies or medical conditions
- Clear any traffic from the facility entrance or access road before the ambulance arrives.
- Wait by the entrance to direct the ambulance.
- Identify team of injured individual to communicate to injured participant's emergency contact person.
- Assist the charge person as needed.

Control Person Responsibilities

- The Control Person is responsible for controlling the crowd and other participants to ensure that the EAP is executed effectively.
- Control person will work with the meet director and officials to clear the area around injured individual and suspend activities in the area.
- Work with meet director and host organization health team to secure private space/area if needed.

Any questions regarding EAP and medical processes can be directed to the meet director who will connect with EAP/Health team members.

Field House Facility Map

Red Star: Indicates AED location in Field House
Yellow Bars: Indicate building exits



Additional Information: