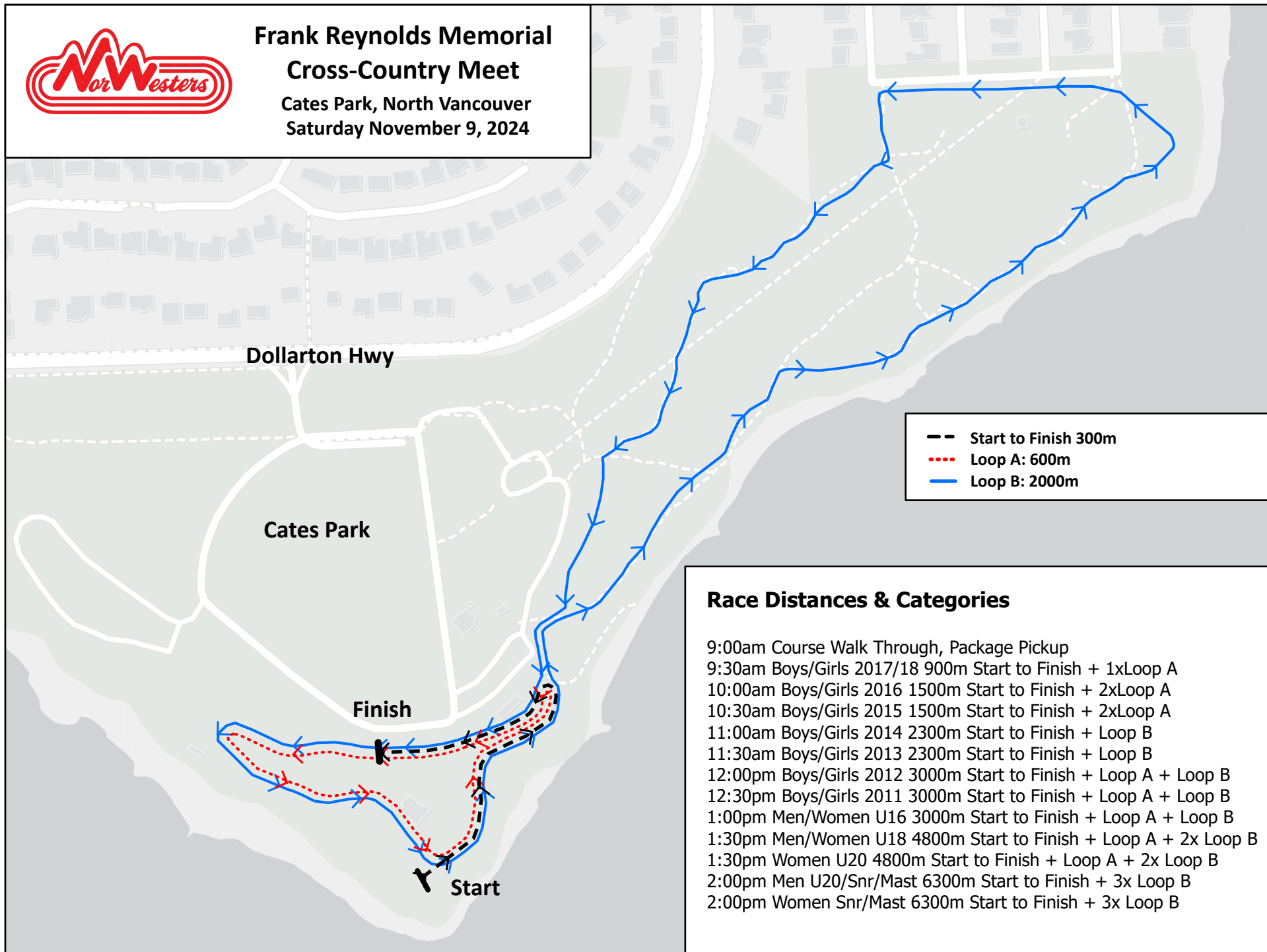




Frank Reynolds Memorial Cross-Country Meet

Cates Park, North Vancouver
Saturday November 9, 2024



- Start to Finish 300m
- ... Loop A: 600m
- Loop B: 2000m

Race Distances & Categories

- 9:00am Course Walk Through, Package Pickup
- 9:30am Boys/Girls 2017/18 900m Start to Finish + 1xLoop A
- 10:00am Boys/Girls 2016 1500m Start to Finish + 2xLoop A
- 10:30am Boys/Girls 2015 1500m Start to Finish + 2xLoop A
- 11:00am Boys/Girls 2014 2300m Start to Finish + Loop B
- 11:30am Boys/Girls 2013 2300m Start to Finish + Loop B
- 12:00pm Boys/Girls 2012 3000m Start to Finish + Loop A + Loop B
- 12:30pm Boys/Girls 2011 3000m Start to Finish + Loop A + Loop B
- 1:00pm Men/Women U16 3000m Start to Finish + Loop A + Loop B
- 1:30pm Men/Women U18 4800m Start to Finish + Loop A + 2x Loop B
- 1:30pm Women U20 4800m Start to Finish + Loop A + 2x Loop B
- 2:00pm Men U20/Snr/Mast 6300m Start to Finish + 3x Loop B
- 2:00pm Women Snr/Mast 6300m Start to Finish + 3x Loop B