

uOttawa High School Invitational Day 1 - 2025-05-01**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Meet - Records**

1	Girls 100 Meter Dash Novice	12.48	2024-05-02	Rhianna Syllion - Arnprior
2	Girls 200 Meter Dash Novice	25.80	2023-05-05	Jorai Oppong-Nketiah - Pierre-de-Blois
3	Girls 400 Meter Dash Novice	1:00.83	2012-05-03	Erinn Stenman-Fahey - Canterbury
4	Girls 800 Meter Run Novice	2:31.44	2022-04-28	Ellie McGregor - Unattached
5	Girls 1500 Meter Run Novice	5:00.74	2024-05-02	Bianca Arabackyj - Unattached
6	Girls 80 Meter Hurdles Novice	12.57	2024-05-02	Genelia Bolambo - St. Paul
7	Girls 4x100 Meter Relay Novice	52.57	2024-05-03	Holy Trinity - Holy Trinity
8	Girls High Jump Novice	1.55m	2014-05-01	Haley Adams - All Saints
9	Girls Long Jump Novice	4.72m	2008-05-01	Divya Biswal - Sir Robert Borden
10	Girls Shot Put Novice	11.13m	2018-05-03	Corinne Abouem - Gloucester
11	Girls Discus Throw Novice	26.26m	2009-04-30	Eilish MacDonald - Merivale
12	Girls Javelin Throw Novice	28.89m	2008-05-01	Christine Ausman - De La Salle
20	Girls 100 Meter Dash Junior	11.99	2024-05-02	Jorai Oppong-Nketiah - Pierre-de-Blois
21	Girls 200 Meter Dash Junior	25.34	2024-05-02	Jorai Oppong-Nketiah - Pierre-de-Blois
22	Girls 400 Meter Dash Junior	59.75	2012-05-03	Alexandra Telford - Home
23	Girls 800 Meter Run Junior	2:28.35	2022-04-28	Lauren Alexander - Glebe
24	Girls 1500 Meter Run Junior	5:00.63	2022-04-28	Lauren Alexander - Glebe
25	Girls 80 Meter Hurdles Junior	12.45	2011-04-28	Trista Jorgensen - Emily Carr
26	Girls 4x100 Meter Relay Junior	51.29	2012-05-03	Pickering - Pickering
27	Girls High Jump Junior	1.63m	2015-05-02	Haley Adams - All Saints
28	Girls Long Jump Junior	5.11m	2011-04-28	Clara Phillips - Brookfield
29	Girls Shot Put Junior	11.20m	2017-04-27	Madison McLean - St. Pius X
30	Girls Discus Throw Junior	29.40m	2012-05-03	Jessica Woloszyn - St. Joseph
31	Girls Javelin Throw Junior	35.61m	2017-04-27	Madison McLean - St. Pius X
40	Girls 100 Meter Dash Senior	12.11	2024-05-02	Fega Eruotor - Merivale
41	Girls 200 Meter Dash Senior	25.48	2024-05-02	Fega Eruotor - Merivale
42	Girls 400 Meter Dash Senior	56.47	2018-05-03	Sharelle Samuel - Ashbury
43	Girls 800 Meter Run Senior	2:20.69	2024-05-02	Koree Yach - Arnprior
44	Girls 1500 Meter Run Senior	4:51.16	2024-05-02	Grace Streek - Peak Centre
45	Girls 100 Meter Hurdles Senior	14.33	2009-04-30	Ashlea Maddex - Rockland
46	Girls 400 Meter Hurdles Senior	1:04.84	2014-05-01	Alexia Lamothe - Cairine Wilson
47	Girls 4x100 Meter Relay Senior	49.89	2012-05-03	Ashbury - Ashbury
48	Girls High Jump Senior	1.66m	2015-05-02	Emily Sprague - Canterbury
49	Girls Long Jump Senior	5.30m	2011-04-28	Julia Stille - Lisgar
50	Girls Shot Put Senior	12.16m	2007-05-06	Caitlin Van Dodewaard - Renfrew
51	Girls Discus Throw Senior	41.57m	2007-05-06	Caitlin Van Dodewaard - Renfrew
52	Girls Javelin Throw Senior	38.61m	2018-05-03	Madison McLean - St. Pius X
60	Girls 3000 Meter Run Open	10:12.04	2023-05-05	Olivia Bagglely - Gloucester
61	Girls 300 Meter Hurdles Open	44.66	2018-05-04	Sharelle Samuel - Ashbury
62	Girls 1600 Sprint Medley Open	4:25.59	2024-05-02	Arnprior - Arnprior
63	Girls Pole Vault Open	2.75m	2024-05-02	Balqis Chouikhi - Sir Wilfird Laurier
64	Girls Triple Jump Open	10.83m	2024-05-02	Deborah Adeleye - Ashbury
75	Boys 100 Meter Dash Novice	11.59	2008-05-01	Dieulevent Mufuta - Franco-Cite
76	Boys 200 Meter Dash Novice	24.23	2024-05-02	Daniel Pilkington - St. Francis Xavier
77	Boys 400 Meter Dash Novice	53.85	2013-05-02	Muhindo Muhima - Woodroffe
78	Boys 800 Meter Run Novice	2:08.99	2022-04-28	Malachi Kenny - Bishop Smith
79	Boys 1500 Meter Run Novice	4:26.37	2009-04-30	Adam Palamar - Merivale
80	Boys 100 Meter Hurdles Novice	15.05	2012-05-03	Darnel Jarrett - Pickering
81	Boys 4x100 Meter Relay Novice	46.71	2012-05-03	Pickering - Pickering
82	Boys High Jump Novice	1.75m	2009-04-30	Alejan Prescott-Cornejo - Merivale
83	Boys Long Jump Novice	6.11m	2014-05-01	Eric Mitchell - Notre Dame
84	Boys Shot Put Novice	13.75m	2008-05-01	Eric Barnes - St. Mary
85	Boys Discus Throw Novice	41.07m	2024-05-03	Raine Bradley - Chippewa
86	Boys Javelin Throw Novice	43.75m	2009-04-30	Brennan Inglis - Renfrew
95	Boys 100 Meter Dash Junior	11.09	2024-05-02	Ange-Mathis Kramo - Paul-Desmarais
96	Boys 200 Meter Dash Junior	22.42	2024-05-02	Ange-Mathis Kramo - Paul-Desmarais

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97	Boys 400 Meter Dash Junior	51.72	2009-04-30	Isaiah Moses - Gloucester
98	Boys 800 Meter Run Junior	2:02.50	2023-05-05	Malachi Kenny - Bishop Smith
99	Boys 1500 Meter Run Junior	4:17.99	2009-04-30	Mohamed Souleiman - Louis-Riel
100	Boys 100 Meter Hurdles Junior	14.10	2011-04-28	Yazin Joseph - Pickering
101	Boys 4x100 Meter Relay Junior	45.78	2016-04-28	Louis-Riel - Louis-Riel
102	Boys High Jump Junior	1.85m	2012-05-03	Aymen Sayed - Canterbury
103	Boys Long Jump Junior	6.80m	2015-05-02	Eric Mitchell - Notre Dame
104	Boys Shot Put Junior	15.53m	2017-04-27	Brandon Ovington - West Carleton
105	Boys Discus Throw Junior	46.68m	2009-04-30	James Illingworth - Almonte
106	Boys Javelin Throw Junior	48.47m	2017-04-27	Jeremy Caya - L'Heritage
115	Boys 100 Meter Dash Senior	10.81	2009-04-30	Segun Makinde - Colonel By
116	Boys 200 Meter Dash Senior	21.45	2024-05-02	Will Batley - West Carleton
117	Boys 400 Meter Dash Senior	48.73	2009-04-30	Segun Makinde - Colonel By
118	Boys 800 Meter Run Senior	1:58.99	2023-05-05	Nicolas Belan - Canterbury
119	Boys 1500 Meter Run Senior	3:59.87	2012-05-03	Xavier King - Pickering
120	Boys 110 Meter Hurdles Senior	14.50	2007-05-06	Simon Leveille - Corsaire-Chaparral
121	Boys 400 Meter Hurdles Senior	55.80	2009-04-30	Spencer Bell - Canterbury
122	Boys 4x100 Meter Relay Senior	43.59	2024-05-03	Louis-Riel - Louis-Riel
123	Boys High Jump Senior	1.96m	2009-04-30	Spencer Da Costa - Earl of March
124	Boys Long Jump Senior	7.00m	2009-04-30	Brian Okeny - Lester B. Pearson
125	Boys Shot Put Senior	17.52m	2019-05-03	Brandon Ovington - West Carleton
126	Boys Discus Throw Senior	45.95m	2011-04-28	Dennis Brianski - Notre Dame
127	Boys Javelin Throw Senior	55.16m	2007-03-05	Patrick Arbour - Sacred Heart
135	Boys 3000 Meter Run Open	8:40.10	2012-05-03	Xavier King - Pickering
136	Boys 300 Meter Hurdles Open	39.81	2016-04-28	Austin White - St. Michael
137	Boys 1600 Sprint Medley Open	3:42.75	2015-05-02	Louis-Riel - Louis-Riel
138	Boys Pole Vault Open	3.45m	2024-05-02	Eli Mordel - Sir Robert Borden
139	Boys Triple Jump Open	12.05m	2024-05-02	David Foster - John McCrae