



The Golden Bear's & Panda's Cross Country Running Alumni Foundation - In Conjunction with the University of Alberta Golden Bears & Panda's XC Programs and the Grizzly Endurance Collective Athletics Club are pleased to host:

2024 CANADA WEST CROSS COUNTRY CHAMPIONSHIP COMMUNITY RACE
Saturday, October 26th, 2024

LOCATION:

Stoney Creek Centre Park, 5320-40 Ave., Camrose, AB. Plenty of parking on site for cars/vans/busses. Directions: Follow 53 Street south from Highway 13 (48 Avenue). When 53 Street curves west turning into Parkview Drive keep to the left and then turn at the first left onto 39 Avenue. Look for street signs directing you to Stoney Creek Centre.

FACILITIES:

General washrooms are available from the main level of the Stoney Creek building outside side entrance. There will also be Porta Potties on-site. There is a large constructed covered gazebo.

COURSE:

The course will consist of one or two 4 km loops, which follow the grass cross-country trails in the Stoney Creek Valley (approximately 1/3 up, 1/3 down, and 1/3 flat). The course starts and ends in the stadium area below the Stoney Creek Centre. The course crosses one wooden bridge and a paved path in a few places. It is very suitable for spikes. The course will be well marked and flagged.

AGE CATEGORY	YEAR OF BIRTH	RACE DISTANCE	RACE START TIME
Open Community Race	All Ages	4,000m/8,000m	10:00am

CHAMPIONSHIP RACES:

After you compete, please stick around and watch the 2024 Canada West Cross Country Championship races! Universities from Manitoba, Saskatchewan, Alberta, and British Columbia will be racing to decide who is the best in Canada West! Come see some of the best Cross-Country runners in all of Canada!

Men's Race: **12:00pm**

Women's Race: **1:00pm**

ENTRY FEES:

\$35.00 per participant.

All Entries submitted through Trackie.ca via the following link:

<https://www.trackie.com/event/canada-west-xc-community-race/1015429/>

ENTRY DEADLINE: October 23rd, 2024 @ 11:59pm

RESULTS:

Results will be live and posted as athletes finish the race.
Official results will be found on <https://www.raceprotiming.ca/racepro/>

MEDICAL:

First Responder Trained Individual will be on-site with ice/first aid supplies.
Nearest hospital – St Mary’s Hospital - is located 2min away @ 4607 – 53rd St, Camrose

COURSE MAP:

