



TWILIGHT MEET #3
2024 SCHEDULE – FINAL

BIRTH YEAR	AGE	AGE GROUP	GENDERS	ABBREVIATION
2015	9 years	U10	Girls + Boys	G/B
2014	10 years	U12	Girls + Boys	G/B
2013	11 years	U12	Girls + Boys	G/B
2012	12 years	U14	Girls + Boys	G/B
2011	13 years	U14	Girls + Boys	G/B
2010-2009	14-15 years	U16	Women + Men	W/M
2008-2007	16-17 years	U18	Women + Men	W/M
2006-2005	18-19 years	U20	Women + Men	W/M
2004 -1990	20-34 years	Senior	Women + Men	W/M
1989-	35+	Masters	Women + Men	W/M

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
5:15pm	400m Hurdles	Timed Finals	Senior/U20 M, U18M, Senior/U20/U18 W
5:15pm	300m Hurdles	Timed Finals	U16 W/M
5:30pm	1 Mile	Timed Finals	Master, Senior, U20, U18, U16
5:45pm	200m	Timed Finals	2013 and up
6:00pm	300m	Timed Finals	U14, U16
6:10pm	400m	Timed Finals	Master, Senior, U20, U18
6:15pm	2000m	Timed Finals	U16, 2011
6:30pm	3000m	Timed Finals	Master, Senior, U20, U18
6:45pm	100m	Timed Finals	All Ages

Track events run oldest to youngest, girls/women and then boys/men (except Hurdles)

FIELD EVENTS:

TIME	HIGH JUMP	LONG JUMP	DISCUS	SHOT PUT
4:30pm	U10 – U14, Masters	Masters – U16	All Ages	
5:30pm	U16 and up	U10 - U14		All Ages