

**SSNS Northumberland Regional Cross Country Meet**

**Wednesday, October 16th, 2024**

**Host School:** Dr. John Hugh Gillis

**Parking:** Parking is available at the Antigonish Mall. Parking on Campus is by Parking Pass Only!

**Washrooms**: Bloomfield Centre, St.FX

**Start Line:** Centre of Grass Soccer Field

**Student Eligibility:** SSNS recognizes grade level (and NOT AGE) for each class Junior: Grade 7 and 8

Intermediate: Grade 9 and 10

Senior: Grade 11 and 12

Para: Grade 7 to 12

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2. **km** ::: 2 x 2k loop

**5 km** ::: 1 x 3k loop + 1 x 2k loop

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