



CENTRAL TORONTO ATHLETIC CLUB

CTAC Early Bird Elementary Cross Country Meet Sunnybrook Park – Saturday September 28, 2024

Race Schedule

Start Time	Arrival at Staging Area (Adjacent to Start Line)	Race	Loops	Apx. Distance
9:00 a.m.	8:45 a.m.	Gr. 1-2 Girls	1 x 1000m loop	1000m
9:15 a.m.	9:00 a.m.	Gr. 1-2 Boys	1 x 1000m loop	1000m
9:30 a.m.	9:15 a.m.	Gr. 3-4 Girls	500m + 1500m loop	2000m
9:50 a.m.	9:35 a.m.	Gr. 3-4 Boys	500m + 1500m loop	2000m
10:10 a.m.	9:55 a.m.	Gr. 5-6 Girls	500m + 1500m loop	2000m
10:30 a.m.	10:15 a.m.	Gr. 5-6 Boys	500m + 1500m loop	2000m
10:50 a.m.	10:35 a.m.	Gr. 7-8 Girls	2 x 1500m loop	3000m
11:20 a.m.	11:05 a.m.	Gr. 7-8 Boys	2 x 1500m loop	3000m

Check In

ALL race packages and bibs can be picked up beginning at 8:00 a.m. on race day. Bib pick up will be at the **Central Toronto Athletic Club tent** located near the Start/Finish area. Athletes who entered individually may pick up their own race bib. All teams with 10 or more entries should designate one coach to pick up all the race bibs for their team and distribute to their athletes. Race bibs contain a timing chip and should be pinned to the front of athlete's shirt. ***Signed waiver forms for each athlete should be handed in when picking up race bibs.**

Race Procedure

The course will be setup and marked by 8:00am. Athletes may do a pre-race walk through on the course prior to the start of the first race at 9:00am after which time the course will be closed. There is lots of room to warm-up adjacent to the course on the north side of the park road or on the lower fields to the south-side of the park road. Some of the cricket fields and sports fields will likely be in use so athletes and spectators should be mindful of this and avoid areas being used for other events/games.

Athletes are responsible to arrive at the athlete staging area behind the Start Line 15 minutes prior to their race. Athletes who are wearing spikes may put them on here and complete their warm-up in this area. Athletes will be walked over to the start line about 5 minutes prior to their race. Upon finishing the race, athletes are asked to leave the start/finish area as soon as possible.

Athletes, please do not stop your watches as you cross the finish mat! It interferes with the function of your chip timer. Thank you.

Results

Results will be available after the races at <https://www.trackie.com/event/2024-ctac-elementary>
Or at <https://www.trackie.com/results>

Getting to the Park and Parking

Enter the park at the entrance off Leslie Street just south of Eglinton Avenue. Proceed along the park road keeping to the right for about 1.75 km to get to the park stables. Proceed past the stables and go up the hill to get to the upper playing fields area. There are two parking lots on either side of the road just before the large white pavilion. If you continue along the park road past the pavilion and past the Start/Finish area, there is another large parking lot just past the Start/Finish area.

If park staff decide to keep the road gated just past the stables, the parking lot across from the stables will have to be used and athletes and spectators will have to walk up the hill to the playing fields. If the parking lot across from the stables becomes full, cars will be re-directed back to the previous parking lot located off the park road on the way in from the Leslie Street entrance. There are stairs from this parking lot which can be used to access the upper playing fields.

There will be portable toilets available for use on the south side of the white pavilion. Restrooms located in the building across from the stables should also be open.



Course Map



Good Luck To All!



<https://centraltorontoac.ca>