



# Classique Outaouais December 2024

## Finale régionale des jeux du Québec

### Saturday December 14th 2024



Centre sportif de Gatineau

850 Boulevard de la Gappe, Gatineau QC J8T 0B4

Saturday December 14 2024				
Division	Gender	Year of birth	Belt	Weighing for all Friday December 13 <sup>th</sup> 2024
U10	M - F	2016-2017	White and WY (ground randori) Yellow + (standing randori)	18h00 à 20h00
U12	M - F	2014-2015	Yellow +	18h00 à 20h00
U14	M - F	2012-2013	Yellow and Orange Green Blue brown	18h00 à 20h00
U16	M - F	2010-2011	Yellow and Orange Green Blue brown**	18h00 à 20h00
U18	M - F	2008-2009	Yellow and Orange Green Blue brown**	18h00 à 20h00
U21/Senior	M - F	2007 and before	Yellow and Orange Green Blue brown**	18h00 à 20h00

\*Exact weight is required in advance for U10, U12, for planning fight pools. Weighing is still compulsory.

\*\* Brown belts U16 and older cannot participate if they competed at the Canadian championship in the last two years.

**Weighing for all on December 13<sup>th</sup> 2024 at 361 Boulevard de Lucerne, Gatineau QC**

**Eligibility:** Members of Judo Québec or Judo Ontario and affiliated to an Outaouais, Abitibi Témiscamingue, Eastern or North Ontario region judo club.

**Registration and costs:** Online registration ([www.judooutaouais.ca](http://www.judooutaouais.ca)).  
Information: Organizing committee Email ([czj.outaouais@gmail.com](mailto:czj.outaouais@gmail.com))  
25\$ per athlete U12 and below prior to 23:00 on December 9<sup>th</sup> 2024  
30\$ per athlete U14 and above prior to 23:00 on December 9<sup>th</sup> 2024  
No registration after 23:00 December 9<sup>th</sup> 2024

**CANCELTION:** An administration fee of 10\$ will be applied for cancellation prior to 23h00 December 9<sup>th</sup>, after that time until Thursday December 12<sup>th</sup> the refund will only be available with an *Email and a medical note*. No refund available after the 12<sup>th</sup>.

**COACHES:** Please send your cell phone number by email to [czj.outaouais@gmail.com](mailto:czj.outaouais@gmail.com) to facilitate the management of registrations and fight pools.

**MANDATORY :** Proof of ID and ID, with picture for U18 and above.

**RULES :** I.J.F. rules and Judo Québec general tournament rules.

**FORMULE :** **U10** white : No shiai. Ground Randori, continuous running time, no score or winner, all participants receive the same award.  
**U10** yellow and orange: by pool (priority 3 to 4 participants). Boys and girls are separated but could be grouped with parent permission or in the absence of parent, the coach with a parent consent form can authorize the grouping to maximize athlete participation (see document to fill). Standing randori, , continuous running time, no score or winner, all participants receive the same award.  
**U12** by pool (priority 3 to 4 participants). Note U12 tournaments are no longer mixed, genders are necessarily separated.  
**U12** are grouped together first by weight then by belt in the following manner.  
Yellow belts fight yellow belts, yellow-orange or orange.  
Orange belts can fight yellow belts and above.  
Une ceinture jaune ne pourra pas combattre une ceinture orange-verte ou plus.  
**U14** and above modified double elimination (pool if the number of athletes is not sufficient for modified double elimination).  
**U21/Senior** by pool (priority 3 to 4 participants) with closest weight (with a maximum ratio of 15% difference).

**START TIME:** Saturday December 14th 2024: U10, U12 start at 9h30  
U14, U16, U18, U21/senior, not before 10h30

**FIGHT DURATION:** U10 : 2 minutes continuous time  
U12 : 2 minutes  
U14, U16 : 3 minutes  
U18, U21/Senior 4 minutes

**JUDOGIS :** White judogi required for all. Blue or reversible white/blue permitted when called in second.

**AWARDS :** Medals, as per Judo Québec tournament rules.

**TOURNAMENT DIRECTOR :** Paul Dubois dubpaul@gmail.com  
**CHIEF REFEREE :** Jessica Larouche-Hovington jess-judo@hotmail.com

*For the smooth running of the tournament and in the interest of the participants, the tournament director may do groupings or modifications on site.*