

Course and Race Distances

The race features a 1.5km loop with options to turn back to create a 500m loop and a 1km loop on mostly flat, wide-open trails and grass in Sunnybrook Park.

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| Grade 1 & 2 girls and boys (U8) | 1km [1 x 1km loop] |
| Grade 3 & 4 girls and boys (U10) | 2km [1 x 500m loop + 1 x 1.5km loop] |
| Grade 5 & 6 girls and boys (U12) | 2km [1 x 500m loop + 1 x 1.5km loop] |
| Grade 7 & 8 girls and boys (U14) | 3km [2 x 1.5km loop] |

