



## 39th Annual PIRATES INVITATIONAL CROSS COUNTRY MEET



<https://trackie.com/event/2024-PiratesInvitational9734994823>

Dear Coach,

We invite you to join us at Memorial Park in Brockville for the 39th Annual Pirates Invitational Cross Country Meet on **Thursday, October 3<sup>rd</sup>, 2024**. The course at Memorial Park is challenging, mostly rolling grasslands with one large steep hill. It is an excellent preparation course for your upcoming championships. Please note there are grades 7-12 races and adjustments have been made to the event times from previous years.

### Order of events:

10:00am	Grade 7 Girls	3km
10:25am	Grade 7 Boys	3km
10:50am	Grade 8 Girls	3km
11:15am	Grade 8 Boys	3km
11:40am	Senior Boys (19 years and under)	6km
12:20pm	Senior Girls (19 years and under)	6km
1:05pm	Junior Boys (15 years and under)	5km
1:35pm	Junior Girls (15 years and under)	5km
2:10pm	Novice Boys (14 years and under)	4km
2:35pm	Novice Girls (14 years and under)	4km

(all ages are as of January 1, 2024)

### Location - Memorial Park, North of St. Lawrence College Campus

#### Please note:

- Course maps will be available when you register at the meet.
- Runners should arrive dressed ready to run.
- The arena and St. Lawrence College will be out of bounds for runners before, during, and after the meet. Coaches, please be diligent in supervising your runners.
- There are outdoor access washrooms located at the North-end of the arena as well as several portable toilets around the grounds.

#### Awards

Team Awards (1<sup>st</sup>-6<sup>th</sup>) can be collected at the Awards table.

Individual awards (1<sup>st</sup>-10<sup>th</sup>) will be given out in the finish chute.

#### Registration

Meet package, including course maps will be distributed at registration beginning at 9:00 a.m.

### **Entries**

To be done using the trackie website with link above or go to trackie and go to find an events and type Pirates Invitational.

### **Entry Fees**

\$8.00/runner, team maximum of \$350, (\$250 max if only Intermediate), late entries  
\$12.00/runner

If paying by cheque please make payable to "**Thousand Islands Secondary School**"

**Entries will only be accepted on the trackie website: <https://www.trackie.com> and specific questions can be directed via email to: [danielle.blasko@ucdsb.on.ca](mailto:danielle.blasko@ucdsb.on.ca)**

**The entry deadline is Monday, Sept 30th at 5:00 p.m. Once entries are processed the entry fee will apply.** Entry fees must be paid at the Registration Desk, beginning at 9:00 a.m., on the day of the meet when you pick up your team package. Late entries must be made by 11:00 am on meet day. Runners must wear their numbers on the front.

### **Results**

Full meet results will be emailed to coaches following the meet.