2025 North & West Zones Championships

TENTATIVE SCHEDULE as of Sept 2 2024

*** Note: There will be pole vault offered for boys and girls starting at 10:30 am**

Field Events Schedule

**** Hammer Throw for girls & boys will start as soon as the Boys Javelin is finished.**

Please note that the start times are NOT fixed. Any changes in these start times will be announced over the PA.
Every attempt will be made to give 2 warm-up and 3 attempts for each throwing and horizontal jumps event. In High Jump, if time becomes an issue, the event will stop when 3 remain.

	HJ	TJ Pit 1	LJ Pit 1	LJ Pit 2	SP	DT	HT	JT	PV
09:00 AM									
09:30 AM	Jr/Sr Girls	Gr 8/Jr/Sr Boys		Gr 8 Girls	Gr 8 Boys	Jr/Sr Boys		Jr/Sr Girls	
09:45 AM									
10:00 AM									
10:15 AM									
10:30 AM									Boys & Girls
10:45 AM					Jr/Sr Boys	Gr 8 Boys		Gr 8 Girls	
11:00 AM	Jr Boys	Gr 8/Jr/Sr Girls		Gr 8 Boys					
11:15 AM									
11:30 AM									
11:45 AM									
12:00 PM					Gr 8 Girls	Jr/Sr Girls		Gr 8 Boys	
12:15 PM									
12:30 PM	Gr 8 Girls		Sr Boys	Jr Boys					
12:45 PM									
01:00 PM									
01:15 PM					Jr/Sr Girls	Gr 8 Girls		Jr/Sr Boys	
01:30 PM									
01:45 PM									
02:00 PM	Gr 8/Sr Boys		Jr Girls	Sr Girls					
02:15 PM									
02:30 PM							All Boys & Girls	**NOTE: Boys and Girls HT will start as soon as the Boys JT is finished**	
02:45 PM									
03:00 PM									
04:00 PM									