



2024 Future Stars® Sprint Athletics Camp

For Provincial Level Athletes - Ages 12 to 18 years

PROGRAM: Future Stars® Sprint Athletics Camps will provide young athletes with the unique opportunity to learn new skills and tactics from Olympic Champion Brendon Rodney. The program will offer competitive athletes the chance to improve their overall racing approach. In addition, the athletes will learn some key factors on how to deal with the pressures that they will face throughout their career. It is our goal that each participant has an enjoyable experience and reaches their fullest potential.

DIRECTOR: **Brendon Rodney**

- 2024 Olympic Champion
- 3-time Olympic Medalist
- 2022 World Champion



LOCATION: Canada Games Park
2021 Canada Way, Thorold, ON

SESSION: September 14 & 15 – Sat & Sun 9:00 a.m. to 4:00 pm
(Total 8.0 hrs on Track, 2.0 hrs Fitness, 2.0 hrs Lecture)

COST: Early Bird (until August 31) – \$275 + HST
Regular (until September 10) – \$300 + HST
Includes the full training program, and Future Stars t-shirt. Enrollment is limited to 30 participants. Athletes must be a member of Athletics Ontario to take part in the camp for insurance purposes. If you are not, contact thoroldelitetc@gmail.com for instructions on how to do this. Please register online at www.trackie.com/event/futurestars-sprintcamp.

REFUND POLICY: All fees are non-refundable after August 31 UNLESS we are able to fill your spot with another athlete. Prior to August 31, fees paid – less a \$25 administration fee – will be refunded for any cancellations. If we are able to fill your spot you are still subject to the \$25 admin fee.

FURTHER INFORMATION: 905-348-2214 or thoroldelitetc@gmail.com

2024 FUTURE STARS® SPRINT ATHLETICS CAMP REGISTRATION FORM

Name: _____ Age (as of September 15, 2024): _____
 Address: _____ City: _____ Postal Code: _____
 Home Phone: _____ Cell/Emergency: _____
 Email: _____
 Shirt Size: Adult Small Adult Medium Adult Large
 Health Concerns / Allergies: _____
 Competitive Level: _____ Distances: _____

Registering with GS Future Stars of Canada Inc., the parent/guardian of the participant(s) on his own behalf and on behalf of the participant(s) hereby agrees that GS Future Stars of Canada Inc. will not be held responsible for any accident, injury or loss, liability, damage or cost that may incur however caused, whether negligently or intentionally, and agrees to release and hold harmless all directors, officers, employees and sponsors from all claims or damages without limitation which may arise as a result of/ or by reason of such accident or loss

Date: _____ Signature of Parent or Guardian: _____

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