

**2024 Atlantic Canadian Track & Field Championships**  
**Saturday July 27th - Beazley Field**



Time	Track	Entries	Round	Field Events		
12:00	80mH F – U14 30”		Prelims	11:45	Hammer	M
12:05	80mH F – U16 30”		Prelims	12:00	Shot Put - U14-U18	F
12:15	100mH F – U18 30”		Prelims	2:30	Hammer	F
12:20	100mH F – U20, Open 33”		Prelims	2:30	Shot Put	M
12:25	100mH M- U16 33”		Prelims	5:00	Shot Put - U20, Sen, Mas	F
12:35	110mH M- U18 36”		Prelims			
13:00	80mH F – U14 30”		Finals	12:00	Long Jump - F	FU14, U16, Sen, Mas
13:05	80mH F – U16 30”		Finals	2:00	Long Jump - F	F - U18, U20
13:15	100mH F – U18 30”		Finals	4:00	Long Jump	Male
13:20	100mH F – U20, Open 33”		Finals	2:00	High Jump	Male
13:25	100mH M- U16 33”		Finals	4:30	High Jump	Female
13:35	110mH M- U18 36”		Finals			
13:45	300m F – U16		Finals			
13:50	300m M - U16		Finals	1:15	Seated Discus	M/F
14:00	400m F U18-20,Open, Mas.		Finals	4:00	Seated Shot Put	M/F
14:15	400m F - Wheelchair		Finals	5:30	Seated Javelin	M/F
14:20	400m M U18-20,Open, Mas.		Finals			
14:45	100m F – All		Prelims			
15:10	100m M – All		Prelims			
15:40	<b>Track Break</b>					
16:15	1500m F- U18-20, Open, Mas		Finals			
16:30	1500m M- U18-20, Open, Mas		Finals			
16:45	1500m Race Walk		Finals			
17:00	1200m F - U14-16		Finals			
17:10	1200m M - U14-16		Finals			
17:20	80m F – U14	No Blocks	Finals			
17:25	100m F – U16		Finals			
17:30	100m F - U18		Finals			
17:35	100m F - U20, Open, Mas		Finals			
17:40	100m F - SO		Finals			
17:45	100m F - Wheelchair		Finals			
17:50	100m M – U16		Finals			
17:55	100m M – U18		Finals			
18:00	100m M - U20		Finals			
18:05	100m M - Open		Finals			
18:10	100m M - SO		Finals			
18:30	4x100m Relay F - All		Finals			
18:45	4x100m Relay M - All		Finals			

### Sunday July 28th - Beazley Field

<b>Time</b>	<b>Track</b>	<b>Entries</b>	<b>Round</b>	<b>Field Events</b>		
10:00	5000m M		Finals	10:00	Javelin - M	M - U20-Mas
10:30	1500m SC – F U16	No water	Finals	10:00	Discus - F	U14,U16, U20, Master
10:40	1500m SC – M U16	No water	Finals	12:00	Javelin - M	M - U14-U18
10:50	3000m SC-F- U20, Open ,Mas		Finals	12:00	Discus - F	F - U18, Sen
11:10	2000m SC-M- U18		Finals	3:30	Discus	Male
11:25	3000m SC-M- U20,Open,Mas		Finals	3:30	Javelin	Female
11:45	60m F/M Tetrathlon (1)	No Blocks	Multi			
12:00	150m F – U14	No Blocks	Finals	10:30	Triple Jump	Male
12:05	150m M – U14	No Blocks	Finals	12:30	Triple Jump - F	F - U16-U18
12:10	200m F- U16-20, Open, Mas		Prelims	2:30	Triple Jump - F	F - U14, U20, Sen
12:40	200m M – U16-20, Open, Mas		Prelims			
13:10	3000m F – All		Finals			
13:30	3000m M - All		Finals	12:30	Long Jump - Tetrathlon	M/F
13:50	1500m F - Wheelchair		Finals	1:30	Shot Put - Tetrathlon	M/F
14:05	2000m F – U16		Finals			
14:15	2000m M – U16		Finals			
14:25	<b>Track Break</b>					
15:00	600m - Tetrathlon (4)		Multi			
15:20	200m F – U16		Finals			
15:25	200m F – U18		Finals			
15:30	200m F – U20, Open, Mas, SO		Finals			
15:40	200m M – U16		Finals			
15:45	200m M – U18		Finals			
15:50	200m M – U20, Open, Mas, SO		Finals			
16:05	800m F – All		Finals			
16:15	800m M- All		Finals			
16:40	200mh F – U14-16 30"		Finals			
16:50	400mh F - U18, U20, Open. 30"		Finals			
17:00	400mh M - U18 33"		Finals			
17:10	400mh M- U20, Open 36"		Finals			
17:30	1600m Medley (400-200-200-800)		Finals			
17:45	1600m Medley (400-200-200-800)		Finals			