

# NORTHERN NOVA TWILIGHT SERIES #1

*July 22nd, 2024 @ 5pm*

*Pioneer Coal Athletics Field, Stellarton*



## **Schedule of Track Events**

- 5:00pm - 80mH U14 & U16 Female
- 5:20pm - 100mH U18 Female & Male combined
- 5:40pm - 60m Tetrathlon Female
- 5:50pm - 60m Tetrathlon Male
- 6:00pm - 800m Open Female
- 5:15pm - 800m Open Male
- 6:30pm - 200m U16 + Female
- 6:35pm - 200m U16 + Male
- 6:40pm - 150m U14 Female
- 6:50pm - 150m U14 Male
- 7:00pm - 2000m Steeplechase U16 + Female
- 7:20pm - 600m Tetrathlon Female
- 7:30pm - 600m Tetrathlon Male

## **Schedule of Field Events**

- 5:00pm - Hammer Throw Female & Male
- 5:00pm - High Jump Female
- 6:10pm - Tetrathlon Long Jump (3 jumps)
- 6:30pm - Javelin Throw Female & Male
- 6:30pm - High Jump Male
- 6:45pm - Tetrathlon Shot Put (3 throws)