

Athletics NS Provincial Championship & Legion Trials
Saturday July 13th - Beazley Field



Time	Track	Notes	Round	Field Events		
12:00	80mH F – U14 30"		Prelims	11:15	Hammer	Female
12:05	80mH M – U14 30"		Prelims	12:00	Long Jump	F - U18-Master
12:10	80mH F – U16 30" & U16 Pent		Pre/Multi	12:30	Hammer	Male
12:20	100mH F – U18 30" & U18 Hept		Pre/Multi	1:15	High Jump - Pent/Hep	Multi
12:30	100mH F – U20 Hept (1)		Multi	1:30	Long Jump	F - U14-U16
12:35	100mH M- U16 33"		Prelims	2:15	Shot Put - Pent/Hep	Multi
12:45	110mH M- U18 36"		Prelims	2:15	High Jump	Male
13:00	80mH F – U14 30"		Finals	2:45	Shot Put	Female
13:05	80mH M – U14 30"		Finals	3:15	Long Jump - Pent	Multi
13:10	80mH F – U16 30"		Finals	4:00	Long Jump	Male
13:15	100mH F – U18 30"		Finals	4:15	High Jump	Female
13:20	100mH M- U16 33"		Finals	4:15	Shot Put	Male
13:30	110mH M- U18 36"		Finals	5:30	Javelin	Female
13:45	300m F – U14, U16		Finals			
13:50	300m M - U14, U16		Finals			
14:00	400m F U18-20, Open, Mas.		Finals			
14:05	400m M U18-20, Open, Mas.		Finals			
14:20	100m F – U16		Prelims			
14:30	100m F – U18		Prelims			
14:35	100m F – U20, Open, Master		Prelims			
14:40	100m M – U16		Prelims			
14:50	100m M – U18		Prelims			
15:00	100m M – U20, Open, Master		Prelims			
15:05	Track Break					
15:45	200m - F-Hept		Multi			
16:00	4x100m Relay - F		Finals			
16:10	4x100m Relay - M		Finals			
16:25	800m - F-Pent		Multi			
16:35	1500m F- U18-20, Open, Mas		Finals			
16:45	1500m M- U18-20, Open, Mas		Finals			
16:55	1500m Race Walk		Finals			
17:10	5000m Race Walk		Finals			
17:50	1200m F - U14-16		Finals			
18:00	1200m M - U14-16		Finals			
18:10	80m F/M – U14	No Blocks	Finals			
18:15	100m F – U16		Finals			
18:20	100m F - U18		Finals			
18:25	100m F - U20, Open, Mas		Finals			
18:30	100m M – U16		Finals			
18:35	100m M – U18		Finals			
18:40	100m M - U20, Open, Mas		Finals			

Sunday July 14th - Beazley Field

Time	Track	Notes	Round	Field Events		
10:00	1500m SC – F U16	No water	Finals	10:00	Javelin	Male
10:10	1500m SC – M U16	No water	Finals	10:30	Long Jump - Hep	Female
10:20	2000m SC-F- U18		Finals	11:30	Triple Jump	Male
10:40	2000m SC-M- U18		Finals	11:45	Javelin - Hep	Female
11:00	F/M Tetrathlon (1) & Fastest Kid F	No Blocks	Multi	12:30	Discus	Female
11:20	200m F- U16		Prelims	1:00	Triple Jump	Female
11:30	200m F- U18		Prelims	2:30	Discus	Male
11:35	200m F- U20, Open, Mas		Prelims	12:00	Long Jump - Tetrathlon	F
11:40	200m M – U16		Prelims	12:00	Shot Put - Tetrathlon	M
11:50	200m M – U18		Prelims	1:00	Shot Put - Tetrathlon	F
12:00	200m M – U20, Open, Mas		Prelims	1:00	Long Jump - Tetrathlon	M
12:05	150m F – U14	No Blocks	Finals			
12:10	150m M – U14	No Blocks	Finals			
12:15	3000m F – All		Finals			
12:30	3000m M - All		Finals			
12:45	2000m F – U16		Finals			
12:55	2000m M – U16		Finals			
13:05	800m F – Hept(7)		Multi			
13:15	Medley Relay - 400-200-200-800m		Finals			
13:35	Track Break					
14:10	600m - Tetrathlon (4)		Multi			
14:30	200m F – U16		Finals			
14:35	200m F – U18		Finals			
14:40	200m F – U20, Open, Mas		Finals			
14:45	200m M – U16		Finals			
14:50	200m M – U18		Finals			
14:55	200m M – U20, Open, Mas		Finals			
15:05	800m F – All		Finals			
15:15	800m M- All		Finals			
15:35	200mh F – U14-16 30"		Finals			
15:40	200mh M – U14-16 30"		Finals			
15:50	400mh F - U18 30"		Finals			
16:05	400mh M - U18 33"		Finals			