

**Athletics NS Provincial Championship & Legion Trials**  
**Saturday July 13th - Beazley Field**



Time	Track	Entries	Round	Field Events		
12:00	80mH F/M – U14 30"		Prelims	12:00	Hammer	M/F
12:05	80mH F – U16 30"		Prelims	1:00	High Jump - Pent/Hep	M/F
12:10	80mH F- U16 - Pent 30"		Multi	1:30	Long Jump	Female
12:15	100mH F – Hept (1)		Multi	2:00	High Jump	Male
12:20	100mH F – U18 30"		Prelims	2:00	Shot Put - Pent/Hep	M/F
12:25	100mH F – U20, Open 33"		Prelims	2:45	Shot Put	Female
12:30	100mH M- U16 Pent 33"		Multi	3:00	Long Jump - Pent	M/F
12:40	100mH M- U16 33"		Prelims	4:00	High Jump	Female
12:50	110mH M- U18 36"		Prelims	4:00	Long Jump	Male
12:55	110mH M – U20 39"		Prelims	4:15	Shot Put	Male
13:00	110mH M – Open 42"		Prelims	5:30	Javelin	Female
13:05	80mH F/M – U14 30"		Finals	1:15	Seated Shot Put	M/F
13:15	80mH F – U16 30"		Finals	2:00	Seated Discus	M/F
13:20	100mH F – U18 30"		Finals	2:45	Seated Javelin	M/F
13:25	100mH F – U20, Open 33"		Finals			
13:30	100mH M- U16 33"		Finals			
13:35	110mH M- U18 36"		Finals			
13:40	110mH M – U20 – 39"		Finals			
13:45	110mH M – Open 42"		Finals			
13:55	400m F U18-20,Open, Mas.		Finals			
14:15	400m M U18-20,Open, Mas.		Finals			
14:35	300m F – U16		Finals			
14:45	300m M - U16		Finals			
14:55	100m F – All		Prelims			
15:20	100m M – All		Prelims			
15:45	<b>Track Break</b>					
16:25	200m - F-Hept		Multi			
16:30	1000m - M-Pent		Multi			
16:35	800m - F-Pent		Multi			
16:40	1500m F- U18-20, Open, Mas		Finals			
16:55	1500m M- U18-20, Open, Mas		Finals			
17:05	1500m Race Walk		Finals			
17:20	5000m Race Walk		Finals			
18:00	1200m F - U14-16		Finals			
18:10	1200m M - U14-16		Finals			
18:15	80m F/M – U14	No Blocks	Finals			
18:20	100m F – U16		Finals			
18:25	100m F - U18		Finals			
18:30	100m F - U20, Open, Mas		Finals			
18:35	100m M – U16		Finals			
18:40	100m M – U18		Finals			
18:50	100m M - U20, Open, Mas		Finals			

### Sunday July 14th - Beazley Field

<b>Time</b>	<b>Track</b>	<b>Entries</b>	<b>Round</b>	<b>Field Events</b>		
10:00	5000m Mixed & 5000m RW		Finals	10:00	Javelin	Male
10:20	1500m SC – M/F U16	No water	Finals	10:30	Long Jump - Hep	Female
10:30	1500m SC – M/F U16	No water	Finals	11:30	Triple Jump	Male
10:40	2000m SC-F- U18		Finals	11:30	Javelin - Hep	Female
10:50	3000m SC-F- U20, Open ,Mas		Finals	12:00	Discus	Female
11:00	2000m SC-M- U18		Finals	1:00	Triple Jump	Female
11:15	3000m SC-M- U20,Open,Mas		Finals	1:30	Discus	Male
11:30	60m F/M Tetrathlon (1)	No Blocks	Multi	11:00	Long Jump - Tetrathlon	M/F
11:35	150m F – U14	No Blocks	Finals	12:00	Shot Put - Tetrathlon	M/F
11:40	150m M – U14	No Blocks	Finals			
12:05	200m F- U16-20, Open, Mas		Prelims			
12:35	200m M – U16-20, Open, Mas		Prelims			
12:50	3000m F – All		Finals			
13:05	3000m M - All		Finals			
13:20	800m F – Hept(7)		Multi			
13:30	2000m F – U16		Finals			
13:40	2000m M – U16		Finals			
13:50	<b>Track Break</b>					
14:25	600m - Tetrathlon (4)		Multi			
14:35	200m F – U16		Finals			
14:40	200m F – U18		Finals			
14:45	200m F – U20, Open, Mas		Finals			
14:50	200m M – U16		Finals			
14:55	200m M – U18		Finals			
15:05	200m M – U20, Open, Mas		Finals			
15:15	800m F – All		Finals			
15:35	800m M- All		Finals			
15:55	200mh F – U14-16 30"		Finals			
16:00	200mh M – U14-16 30"		Finals			
16:10	400mh F - U18, U20, Open. 30"		Finals			
16:25	400mh M - U18 33"		Finals			
16:30	400mh M- U20, Open 36"		Finals			