

2024 Western Canada Team Challenge

Tentative Schedule

July 18-21st - Winnipeg MB

FRIDAY JULY 19th

TRACK

4:00 PM	Heptathlon	100mH	Timed Finals
4:05 PM	Decathlon	100m	Timed Finals
	U16 Women	100m	Heats
	U16 Men	100m	Heats
	U18 Women	100m	Heats
	U18 Men	100m	Heats
	U23/Senior Women	100m	Heats
	U23/Senior Men	100m	Heats
	Wheelchair Men & Women	100m	Heats
	Para Ambulatory Men & Women	100m	Heats
	Special O Men & Women	100m	Heats
5:30 PM	U16 Women	1200m	Timed Final
	U16 Men	1200m	Timed Final
	U18 Women	1500m	Timed Finals
	U18 Men	1500m	Timed Finals
	U23/Senior Women	1500m	Timed Finals
	U23/Senior Men	1500m	Timed Finals
6:35 PM	U16 Women	100m	Finals
	U16 Men	100m	Finals
	U18 Women	100m	Finals
	U18 Men	100m	Finals
	U23/Senior Women	100m	Finals
	U23/Senior Men	100m	Finals
	Wheelchair Men & Women	100m	Finals
	Para Ambulatory Men & Women	100m	Finals
	Special O Men & Women	100m	Finals
7:15 PM	Heptathlon	200m	Timed Final
	U16 Women	300m	Timed Final
	U16 Men	300m	Timed Final
	U18 Women	400m	Timed Final
	U18 Men	400m	Timed Final
	U23/Senior Women	400m	Timed Final
	U23/Senior Men	400m	Timed Final
	Wheelchair Men & Women	400m	Timed Final
	Para Ambulatory Men & Women	400m	Timed Final
	Special O Men & Women	400m	Timed Final
8:45 PM	Decathlon	400m	Timed Final

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FIELD

HORIZONTAL JUMPS 1

4:45 PM	U18 Men	Triple Jump	
6:00 PM	U16 Men	Triple Jump	
7:30 PM	U23/Senior Men	Triple Jump	
8:15 PM	U23/Senior Women	Triple Jump	

HORIZONTAL JUMPS 2

5:15 PM	Decathlon	Long Jump	
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VERTICAL JUMPS

4:45 PM	Heptathlon	High Jump	
6:00 PM	U18 Women	High Jump	
7:30 PM	Decathlon	High Jump	
8:15 PM	U16 Women	High Jump	

THROWS - OUTSIDE CAGE

4:00 PM	U16/U18 Men	Hammer	
5:15 PM	U16/U18 Women	Hammer	

THROWS - OUTSIDE CIRCLE

5:30 PM	Heptathlon	Shot Put	
6:15 PM	Decathlon	Shot Put	
7:45 PM	Para AMB & Special O	Shot Put	

THROWS - JAV RUNWAY

4:00 PM	U18 Women	Javelin	
5:15 PM	U16 Men	Javelin	

THROWS - TIE-DOWN CIRCLE

6:30 PM	Para - Seated	Shot Put	
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THROWS - INFIELD CAGE

6:30 PM	U23/Senior Women	Hammer	
7:45 PM	U23/Senior Men	Hammer	

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SATURDAY JULY 20th

TRACK

9:30 AM	Decathlon Men	110m Hurdles	Timed Final
	U23/Senior Men	110m Hurdles	Heats
	U18 Men	100m Hurdles	Heats
	Pentathlon Men	100m Hurdles	Timed Final
	U16 Men	100m Hurdles	Heats
	U23/Senior Women	100m Hurdles	Heats
	U18 Women	100m Hurdles	Heats
	Pentathlon Women	80m Hurdles	Timed Final
	U16 Women	80m Hurdles	Heats
10:45 AM	U16 Women	800m	Timed Final
	U16 Men	800m	Timed Final
	U18 Women	800m	Timed Final
	U18 Men	800m	Timed Final
	U23/Senior Women	800m	Timed Final
	U23/Senior Men	800m	Timed Final
	Wheelchair Men & Women	800m	Timed Final
11:45 AM	U16 Women	80m Hurdles	Final
	U18 Women	100m Hurdles	Final
	U23/Senior Women	100m Hurdles	Final
	U16 Men	100m Hurdles	Final
	U18 Men	100m Hurdles	Final
	U23/Senior Men	110m Hurdles	Final
	LUNCH		
1:30 PM	U16 Women	1500m Steeplechase	Timed Final
	U16 Men	1500m Steeplechase	Timed Final
	U18 Women	2000m Steeplechase	Timed Final
	U18 Men	2000m Steeplechase	Timed Final
	U23/Senior Women	3000m Steeplechase	Timed Final
	U23/Senior Men	3000m Steeplechase	Timed Final
2:25 PM	U16 Women	200m Hurdles	Timed Final
	U16 Men	200m Hurdles	Timed Final
	U18 Women	400m Hurdles	Timed Final
	U23/Senior Women	400m Hurdles	Timed Final
	U18 Men	400m Hurdles	Timed Final
	U23/Senior Men	400m Hurdles	Timed Final
3:15 PM	Pentathlon Women	800m	Timed Final
	Pentathlon Men	1000m	Timed Final
	U16 Women	4 X 100	Timed Final
	U16 Men	4 X 100	Timed Final
	U18 Women	4 X 100	Timed Final
	U18 Men	4 X 100	Timed Final
	U23/Senior Women	4 X 100	Timed Final
	U23/Senior Men	4 X 100	Timed Final

	Decathlon Men	2024 Western Canada Team Challenge 1500m Tentative Schedule	Timed Final
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SATURDAY JULY 20th

FIELD

HORIZONTAL JUMPS 1

9:00 AM	U18 Women	Long Jump	
10:30 AM	U18 Men	Long Jump	
11:45 PM	U16 Women	Long Jump	
2:00 PM	U16 Men	Long Jump	
3:30 PM	U23/Senior Women	Long Jump	
5:15 PM	U23/Senior Men	Long Jump	

HORIZONTAL JUMPS 2

9:00 AM	Heptathlon	Long Jump	
10:15 AM	Pentathlon Men	Long Jump	
2:00 PM	Pentathlon Women	Long Jump	

VERTICAL JUMPS 1

9:00 AM	U16 Men	High Jump	
10:15 AM	Pentathlon Women	High Jump	
2:00 PM	Pentathlon Men	High Jump	
3:15 PM	U18 Men	High Jump	

VERTICAL JUMPS 2

11:30 PM	U23/Senior Women	Pole Vault	
1:30 PM	U23/Senior Men	Pole Vault	
	Decathlon	Pole Vault	

THROWS - OUTSIDE CAGE

9:00 AM	U16 Women	Discus	
10:00 AM	Decathlon	Discus	
5:15 PM	U16 Men	Discus	

THROWS - OUTSIDE CIRCLE

11:00 AM	Pentathlon Men	Shot Put	
12:00 PM	Pentathlon Women	Shot Put	
1:45 PM	U23/Senior Men	Shot Put	
3:00 PM	U23/Senior Women	Shot Put	
4:30 PM	U18 Men	Shot Put	

THROWS - JAV RUNWAY

10:45 AM	Heptathlon	Javelin	
11:45 AM	U16 Women	Javelin	
1:45 PM	U18 Men	Javelin	
3:00 PM	U23/Senior Men	Javelin	
4:30 PM	Decathlon	Javelin	
5:15 PM	U23/Senior Women	Javelin	

THROWS - TIE-DOWN CIRCLE

11:00 AM	Para - Seated	Javelin	
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SUNDAY JULY 21st

TRACK

9:00 AM	U23/Senior Women	5000m	Timed Final
	U23/Senior Men	5000m	Timed Final
	U16 Women	2000m	Timed Final
	U16 Men	2000m	Timed Final
	U18 Women	3000m	Timed Final
	U18 Men	3000m	Timed Final
11:00 AM	U16 Women	200m	Heats
	U16 Men	200m	Heats
	U18 Women	200m	Heats
	U18 Men	200m	Heats
	U23/Senior Women	200m	Heats
	U23/Senior Men	200m	Heats
	Wheelchair	200m	Heats
	Para Ambulatory Men/Women	200m	Heats
	Special O Men/Women	200m	Heats
	LUNCH		
1:00 PM	U16 Women	200m	Finals
	U16 Men	200m	Finals
	U18 Women	200m	Finals
	U18 Men	200m	Finals
	U23/Senior Women	200m	Finals
	U23/Senior Men	200m	Finals
	Wheelchair	200m	Finals
	Para Ambulatory Men/Women	200m	Finals
	Special O Men/Women	200m	Finals
1:45 PM	U16 Women	Sprint Medley	Timed Final
	U16 Men	Sprint Medley	Timed Final
	U18 Women	4 X 400m	Timed Final
	U18 Men	4 X 400m	Timed Final
	U23/Senior Women	4 X 400m	Timed Final
	U23/Senior Men	4 X 400m	Timed Final

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SUNDAY JULY 21st

FIELD

HORIZONTAL JUMPS

9:00 AM	U16 Men	Triple Jump	
10:15 AM	U16 Women	Triple Jump	
11:30 PM	U18 Women	Triple Jump	

VERTICAL JUMPS 1

10:00 AM	U16/U18 Women	Pole Vault	
12:30 PM	U16/U18 Men	Pole Vault	

VERTICAL JUMPS 2

10:00 AM	U23 Women	High Jump	
12:30 PM	U23 Men	High Jump	

THROWS - OUTSIDE CIRCLE

10:15 AM	U16 Men	Shot Put	
11:30 AM	U16 Women	Shot Put	
12:30 PM	U18 Women	Shot Put	

THROWS - INFIELD CAGE

9:00 AM	U18 Men	Discus	
10:15 AM	U18 Women	Discus	
11:30 AM	U23 Men	Discus	
12:30 PM	U23 Women	Discus	

THROWS - TIE-DOWN CIRCLE

11:00 AM	Para - Seated	Discus	
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