



**OATF "BRING THE HEAT!" July 2, 2024  
SSAP Track & Field Facility 4:30-9:00pm**

\*Bib Pickup 4:00-6:00pm, - Facility opens for warmup at 4pm\*

**5:00pm – Rolling schedule. Except for the first events, all events CAN go ahead 30 minutes. Times are estimates.**

**TRACK:**

5:00pm	1500m U18, U20, Senior, Master
5:30pm	100m – open to all - Oldest to Youngest, Women first
6:15pm	100m JDs – Girls Followed by Boys – 2011, 2012, 2013, 2014, 2015
6:50pm	800m W (U16 and older), M (16 & older), Girls (2011-2012), Boys (2011-2012)
7:10pm	600m (Girls 2013/2014/2015) (Boys 2013/2014/2015)
7:30pm	80mH 2011B, 2011G, 2012B, 2012G
7:50pm	60mH 2013B, 2013G, 2014B, 2014G, 2015B, 2015G
8:10pm	200m W (U16 & older), 200m M (U16 & older)
8:30pm	200m 2011 G, 2011 B, 2012 G, 2012 B, 2013 G, 2013 B

**FIELD:**

**POLE VAULT Max Height 4.0m Vaulters**

4:30pm 2011, U16, U18, U20, Senior Men and Women

**HIGH JUMP**

**PIT 1**

**PIT 2**

5:30pm 2015 B&G  
7:00pm Mixed Men and Women U16, U18, U20

2013/2014 B&G  
2011/2012 B&G, Master Men and Women

**LONG JUMP**

**PIT 1**

**PIT 2**

4:30pm U16, U18, U20 W Long Jump  
5:30pm 2011/2012 Boys  
6:30pm 2015/2014 Boys  
7:45pm 2013 Boys

2011/2012 Girls  
2015/2014 Girls  
2013 Girls

**SHOT PUT**

5:30pm 2015 Boys and Girls  
6:00pm Mixed U16 & older  
7:15pm 2011/2012/2013/2014 Boys & Girls

**DISCUS**

5:30pm Mixed JDs 2011-2014  
7:00pm Mixed U16 & older