



**2024 MINOR TRACK ASSOCIATION OF ONTARIO
OUTDOOR CHAMPIONSHIPS**

HOSTED BY: United Tamil Sports Club and Flying Angels Track & Field Academy

DATE: July 20-21, 2024

TIME: 9:00 a.m.

LOCATION: Bill Crothers Secondary School, 44 Main Street, Unionville, ON L3R 2E4

SANCTIONED BY: Minor Track Association of Ontario

MEET DIRECTORS: Earl Letford track@flyingangels.ca
Siva Kandiah skanpung@gmail.com

FEES: \$15/event \$20/event (late entry)
\$25/relay team \$30/relay (late entry)
\$1 MTA fee/athlete \$1 MTA fee/athlete (late entry)

ENTRY INFORMATION:

- > Entries and payment to be completed online at: www.trackie.com/event/2024MTAOUTDOORCHAMPS
- > Entry deadline will be on **Tuesday, July 16, 2024 at 11:59 pm (EST)**
Wednesday, July 17, 2024 at 12:00 pm (EST) - Late entry deadline

AWARDS: Medals: 1st to 3rd and Ribbons: 4th to 8th

MINOR TRACK ASSOCIATION (MTA) AGE DIVISIONS WITH EVENT ASSIGNMENTS

Category	Peewee	Mite	Tyke	Atom	Senior	Intermediate	Youth
YOB	2018-2019	2016-2017	2014-2015	2012-2013	2010-2011	2008-2009	2007
100m	X	X	X	X	X	X	X
200m		X	X	X	X	X	X
400m		X	X	X	X	X	X
800m		X	X	X	X	X	X
1200m			X				
1500m				X	X	X	X
60mH		X	X				
200mH				X	X	X	X
800m Race Walk				X	X	X	X
Long Jump	X	X	X	X	X	X	X
Shot Put	X (ball throw)	X	X	X	X	X	X
High Jump			X	X	X	X	X
Triple Jump				X	X	X	X
Discus				X	X	X	X
Javelin				X	X	X	X
4x100m Relay		X	X	X	X	X	X
Medley Relay 200x100x100x400		X	X				
Medley Relay 400x200x200x800				X	X	X	X

COMPETITION INFORMATION – GENERAL

- The competition duration on any given day or both days may be delayed or accelerated by 30 to 45 minutes.
- This is a closed event for MTA clubs & their members. Only athletes registered with an MTA-registered club may compete.
- All Clubs must have their athletes registered and the annual administration fee paid before the entry deadline.

MTA BY-LAW 14: CHAMPIONSHIP MEETS RE: TRACK EVENTS

- Length of spikes for sprint and running footwear must not exceed 6mm.

ADVANCEMENT TO FINALS

- If there are six (6) heats, the eight (8) fastest times will advance.
 - If there are seven (7) or more heats, two finals will be an A and B. Top 16 times move on to the finals and awards will be given between the A and B finals.
- Over the two-day competition period, athletes may compete in four (4) individual events in addition to the relays. However, athletes are limited to competing in a maximum of three (3) field events or three (3) track events.

COMPETITION INFORMATION RE: FIELD EVENTS

- In the throwing and jumping events athletes will have three (3) attempts after which the top eight (8) ranked athletes will have two (2) additional attempts.
 - Competition in all field events requires that footwear be worn at all times.
 - If a field event starts before a track event, athletes competing in both events at coinciding times must inform one of the field officials before reporting to their track event. For younger athletes (e.g. Peewees and Mites), a club coach is responsible for doing so.
- MTA will provide throwing implements.

COMPETITION INFORMATION RE: SPECIFICATIONS

60M - 5 Hurdle Standards				Category	Shot Put	Javelin	Discus
Category	Height	To 1st Hurdle	Between Hurdles		Weight (Girls/Boys)		
Mite	12"	11.50m	7.00m	Pee Wee	500g/500g	-	-
Tyke	18"	11.50m	7.00m	Mite	1.5kg/1.5kg	-	-
200M – 5 Hurdle Standards				Tyke	2kg/2kg	-	-
Atom	24"	20.00m	35.00m	Atom	2.73kg/2.73kg	400g/400g	750g/750g
Senior	27"	20.00m	35.00m	Senior	3kg/3kg	500g/500g	1kg/1kg
Intermediate	30"	20.00m	35.00m	Intermediate	3kg/4kg	500g/600g	1kg/1kg
Youth	30"	20.00m	35.00m	Youth	3kg/5kg	500g/700g	1kg/1.5kg

MEET DETAILS

- To avoid unnecessary waiting times, registered coaches are requested to meet their athletes outside the Registration Area to ensure they receive their entry wristbands. No coach or athlete will be admitted without a wristband.
 - A Coach's wristband will be issued to each coach registered with MTA before Monday, July 15. Coaches must be registered with MTA before this deadline to receive a wristband. The wristband must be worn for both days.
 - Club tents will be permitted in the venue in the grassy area.
 - Waiver forms must be completed online at Trackie
 - Track events will run PG – PB – MG – MB – TG – TB – AG – AB – SG – SG – IG – IB -YG-YB.
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- On-site First Aid will be available

EVENTS TENTATIVE SCHEDULE – DAY 1 – JULY 20, 2024
 (The final schedule will be prepared after the deadline)

TIME	DIVISION	TRACK EVENT	FIELD EVENTS				
			LONG JUMP		HIGH JUMP	SHOT PUT	JAVELIN
			PIT 1	PIT 2			
9:00 AM	Tyke	1200m Timed Finals	Pee Wee Girls	Pee Wee Boys	Tyke Girls	Atom Girls	Senior Girls
	Atom	1500m Timed Finals			Tyke Boys		Intermediate Girls
	Senior	1500m Timed Finals					Youth Girls
	Intermediate	1500m Timed Finals					
	Youth	1500m Timed Finals					
	Peewee	100m Heats	Senior Girls	Atom Girls	Atom Girls	Senior Girls	Atom Girls
	Mite	100m Heats	Intermediate Girls		Senior Girls	Atom Boys	Senior Boys
	Tyke	100m Heats	Youth Girls		Intermediate Girls	Intermediate Girls	Intermediate Boys
	Atom	100m Heats			Youth Girls	Youth Girls	Youth Boys
	Senior	100m Heats					
	Intermediate	100m Heats					
	Youth	100m Heats					
	Mite	400m Timed Finals					
	Tyke	400m Timed Finals					
	Atom	400m Timed Finals					
	Senior	400m Timed Finals					
	Intermediate	400m Timed Finals					
	Youth	400m Timed Finals					
TRACK BREAK			FIELD BREAK				
1:30 PM	Peewee	100m Finals	Atom Boys	Senior Boys	Atom Boys	Senior Boys	Atom Boys
	Mite	100m Finals		Intermediate Boys	Senior Boys	Intermediate Boys	
	Tyke	100m Finals		Youth Boys	Intermediate Boys	Youth Boys	
	Atom	100m Finals			Youth Boys		
	Senior	100m Finals					
	Intermediate	100m Finals					
	Youth	100m Finals					
	All Girls	800m Race Walk				Pee Wee Girls	
	All Boys	800m Race Walk				Pee Wee Boys	
	Mite	4 x 100m Relay					
	Tyke	4 x 100m Relay					
	Atom	4 x 100m Relay					
	Senior	4 x 100m Relay					
	Intermediate	4 x 100m Relay					
	Youth	4 x 100m Relay					

EVENTS TENTATIVE SCHEDULE – DAY 2 – JULY 21, 2024
 (The final schedule will be prepared after the deadline)

TIME	DIVISION	TRACK EVENT	FIELD EVENTS			
			TRIPLE JUMP	LONG JUMP	DISCUS	SHOT PUT
			PIT 1	PIT 2		
9:00 AM	Atom	200m Hurdles Timed Finals	Atom Boys	Mite Boys	Atom Boys	Tyke Boys
	Senior	200m Hurdles Timed Finals				
	Intermediate	200m Hurdles Timed Finals				
	Youth	200m Hurdles Timed Finals				
	Mite	60m Hurdles Timed Finals				
	Tyke	60m Hurdles Timed Finals				
	Mite	800m Timed Finals	Senior Boys	Tyke Boys	Senior Boys	Mite Boys
	Tyke	800m Timed Finals	Intermediate Boys	Mite Girls	Intermediate Boys	Tyke Girls
	Atom	800m Timed Finals	Youth Boys		Youth Boys	
	Senior	800m Timed Finals	Atom Girls		Atom Girls	
	Intermediate	800m Timed Finals				
	Youth	800m Timed Finals				
TRACK BREAK			FIELD BREAK			
1:00 PM	Mite	200m Timed Finals	Senior Girls	Tyke Girls	Senior Girls	Mite Girls
	Tyke	200m Timed Finals	Intermediate Girls		Intermediate Girls	
	Atom	200m Timed Finals	Youth Girls		Youth Girls	
	Senior	200m Timed Finals				
	Intermediate	200m Timed Finals				
	Youth	200m Timed Finals				
	Mite	200 x 100 x 100 x 400 Relay				
	Tyke	200 x 100 x 100 x 400 Relay				
	Atom	400 x 200 x 200 x 800 Relay				
	Senior	400 x 200 x 200 x 800 Relay				
	Intermediate	400 x 200 x 200 x 800 Relay				
	Youth	400 x 200 x 200 x 800 Relay				