



Open Event for U16 ages and above

Foote Field Facility Specifications: 8 lane Beynon 400m track and runways. Concrete throwing circles All races FAT via FinishLynx, Hy-Tek results and wind gauges

All Athletics Canada members welcome. Out of country athletes welcome, please contact meet director in advance.

Timelines:

Thursday July 4th10:0Thursday July 4th8:00Saturday July 6th10:0

10:00AM 8:00PM 10:00AM Entries Close Schedule released Event begins

Entries & Documents:https://www.trackie.com/Results:www.ellistiming.ca

Contact Us:

Meeting Manager:	Wes Moerman	<u>wes.moerman@ualberta.ca</u>	780.937.8963
Competition Director:	Rob Fisher	<u>robfisher004@gmail.com</u>	780.975.2847
Timing/Results:	Vernon Schmid	<u>vernon@ellistiming.ca</u>	

Event Order and Directions

Sprint / Hurdle events will be run in the direction of prevailing winds, with decisions made approximately 15 minutes prior to the event. Decisions will be made by the competition director. Jump events will be run in the direction of prevailing winds, with decisions made in time to prepare the appropriate pits.

All Timed Finals will run Fast -> SLOW.

Entries:

All entries must be made online via credit card. A processing fee is charged and is dependent upon number of entries made. Full details available on trackiereg.ca

Fees:

Individual Events: \$25/event

Scratches:

Scratches before Thursday July 4th at 10:00AM can be made online on trackie by whoever completes the registration. Refer to your online confirmation receipt and edit entries. Scratches after closure of entries will not be refunded but are still requested so heats/flights can be arranged accordingly.

Performance Seeds:

All seeds must be verifiable in the Athletics Canada rankings and the Host Organizing Committee (HOC) reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.

Seed performances must have been obtained from **April 1, 2022 – July 2, 2024.** If the results occur in the Athletics Canada rankings database, no email is required. However, any performance achieved on the June 29-30 weekend that would like to be used and is not in the rankings should be emailed to the meet director prior to 10:00AM on July 4th.

Speculative marks will be accepted at the discretion of the HOC provided a clear and detailed rationale is submitted prior to the closure of entries (Thursday July 4th, 2024 10:00AM). Please email <u>wes.moerman@ualberta.ca</u> for consideration.

Out of country participants should send seeds and proof of performance to meet director prior to closure of entries.

U16 - Born in 2009 or 2010U18 - Born in 2007 or 2008U20 - Born in 2005 or 2006Sr- Born in 2004 or earlierMasters - age 35+**Second year U14 (born in 2011) age athletes are welcome to enter events and compete at U16specifications (hurdles/throws)**

Eligibility:

Out of province athletes must be registered with their respective Provincial Athletics Association and a membership ID is required to enter.

Day of the Meet membership is not available. For more membership information please refer to <u>https://athleticsalberta.com/membership/membership-details/</u> or contact Athletics Alberta directly.

Package Pick Up & General Questions

Located by the finish line under the tents

Competition numbers will not be used. Hip numbers will be used for track events.

Marshalling Procedure:

Track:

1) Check in at the marshalling table **30 minutes** before scheduled start time. At this time heats and sections may be reduced or combined based upon checked in athletes;

2) Report to the start line marshal **10 minutes** before scheduled start time at their events start line. Field:

1) Check in at the event site at least **30 minutes** before scheduled event start time.

Equipment:

- Starting blocks will be provided and must be utilized for all events of 400m or less

- Throwing implements will be provided. The referee must certify personal implements before they will be permitted for use during the competition. This may be done at the event site up until 45min before the scheduled start time of their event;
- Pole-vaulters must provide personal poles.

Scratches and Alternates

Athletes may miss or "scratch" an event and continue the competition.

Athletes competing in events where heats and finals occur should inform the results desk prior to the heats if they do not intend to run in the final. In this instance they will be marked exhibition, thus allowing someone else to advance to the final.

Alternates in finals: For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur.

Short Forms:

Jumps	Throws	Track
LJ = Long Jump	DT = Discus Throw	WC = Wheelchair
TJ = Triple Jump	SP = Shot Put	SC = Steeple Chase
HJ = High Jump	HT = Hammer Throw	m = Meter(s)
PV = Pole Vault	JT or Jav = Javelin Throw	H = Hurdle(s)

Start Times:

Saturday first event: ~ 10:00AM

Tentative Schedule Summary:

Age classes will be combined to create the best fields, after the closure of entries at the discretion of the HOC.

Javelin will be run Friday, July 5th at 6:00PM

	Track Events	Jump Events	Throws Events
Sat – 10:00AM	1500m / 800m /	Long Jump – M	Discus – W / M
	400m	High Jump - W	
Sat Socion 2	100m hoata / Uurdla	DV start for W/M	Hommon W/M
Sat – Session 2	100m heats / Hurdle	PV – start for W/M	Hammer – W/M
	heats / 100m final /	Long Jump – W	
	Hurdle final	High Jump - M	
Sat – Session 3	200m	PV – Higher opening	Shot Put – W/M
		seeds if relevant	·

EVENT OFFERINGS

2024 Foote Field Open TRACK	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Open	Masters specs	Para AMB + wheelchair
Track						
100m		v				
200m						
300m/ 400m	✓ 300m ✓ Open					*
800m			🗸 Open			
1200m/1500	✓ 1200m		✓ ()pen		
Hurdles						
Women Sprir	✓ 80m 30" / 8.0m b/w	✓ 100m 30" 8.5m b∕w	✓ 100m 33" 8.5m b/w	✓ 100m 33" 8.5m b/w		
Men Sprint	✓100m 33" 8.5m b/w	✓110m 36" 9.14m b/w	✓110m 39" 9.14m b/w	✓ 110m 42" 9.14m b/w		
2024 Foote Field Open FIELD	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Open	Masters	Para - wheelchair
Jumps						
Long Jump			🗸 Open			
Pole Vault			🗸 Open			
High Jump		✓ Open				
Throws						
Discus	لم 1Kg	✓ W 1kg ✓ M 1.5Kg	✓ W 1kg ✓ M1.75Kg	✓ W 1kg M 2.0Kg	م ACS	
Hammer	✓ W 3KG ✓ M 4KG	✓ W 3KG ✓ M 5KG	✔ W 4kg ✔ M 6Kg	✔ W 4kg ✔ M 7.26Kg	۲ ACS	
Shot Put	✔ w 3kg ✔ M 4Kg	✔ w 3kg ✔ M 5Kg	✔ w 4kg ✔ M 6Kg	✓ w 4kg ✓ M 7.26Kg	۲ ACS	
Javelin	✔ W 500g ✔ M 600g	✓ W 500g ✓ M 700g	✔ W 600g ✔ M 800g	✔ W 600g ✔ M 800g	۲ ACS	