**GRIT Athletics Track and Field**

**Friday Night Flights- Meet #2**

**Friday July 19th**

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**Event Site**: Beazley Field, Dartmouth, NS

* Eight lane track on the oval with a polyurethane surface.
* Maximum spike length is 7mm
* Gender neutral washrooms on-site.

**Categories**:

All age categories will be offered. Triple jump will only be available for U16 and above.

**Events**:

Triple jump and long jump. Please note U12 and below will only have three attempts.

**Registration**:

Please visit Trackie to register. Registration deadline is Thursday, July 18th, 2024, at 11:59pm.

**Schedule**:

U12 long jump- 5:30pm

Men and Women’s triple jump- 6:00pm

Men and Women’s long jump- 7:00pm

(may change based on entries)

**Registration**:

Entries must be received by 11:59p.m. Thursday, July 18th, 2024

One event: $15

Two Events: $25 total for both

Entry fees must be paid before an athlete can compete in the meet.

**Come fly with us!!!**

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