

**Tentative Schedule**

<b>Saturday Track</b>		<b>Saturday Field Events</b>			
<b>11:00</b>		<b>Horizontal Jumps</b>	<b>Vertical Jumps</b>	<b>Shot Put</b>	<b>Long Throws</b>
Dec 100m		U18,U20, senior & masters Female Long Jump	U14,U16 Girls High Jump	U14,U16 Girls Shot Put	U18,U20, senior & masters Female Discus
80mh,			U14,U16 Boys High Jump	U14,U16 Boys Shot Put	U18,U20, senior & masters male Discus
Pent 80mh		Dec Long Jump			
100mh		Pent Long Jump	Hept High Jump		
Pent 100mh,					
Hept 100mh		U18,U20, senior & masters male Long Jump			
110mh					
800m				Dec Shot Put	
Tet 80m		U14,U16 Girls Long Jump	U18,U20, senior & masters Female High Jump	Hept Shot Put	
150m		U14,U16 Boys Long Jump	U18,U20, senior & masters male High Jump	Pent Shot Put	
200m			Pent Male & female High Jump		U14,U16 Girls Discus
2000m			Dec High Jump	U20, senior & master's female Shot Put	U14,U16 Boys Discus
3000m				U20, senior & master's male Shot Put	
5000m					
Tet 800m					
Hept 200m					
Dec 400m					
Pent 800 & 1000m					
200m hurdles					
400m hurdles					
<b>10:00</b>	<b>Sunday Track</b>	<b>Sunday Field Events</b>			
		<b>Horizontal Jumps</b>	<b>Vertical Jumps</b>	<b>Shot Put</b>	<b>Long Throws</b>
	Dec 110mh	Hept Long Jump	U16 , U18 Girls Pole Vault		Female Hammer
	80m heats	Tet Long Jump	U16, U18 Boys Pole Vault	Tet Shot Put	Male Hammer
	100m heats		U20,senior & masters female Pole Vault	Dec Shot Put	
	1000m s/c	U16 , U18 Girls Triple jump	U20,senior & masters male Pole Vault		Hept Jav
	1500m s/c	U16, U18 Boys Triple Jump			U14,U16 Girls Javelin
	2000m s/c	U20, senoir & masters female Triple Jump	Dec Pole Vault		U14,U16 Boys Javelin
	3000m s/c	U20, senoir & masters male Triple Jump			
	80m finals				Dec Jav
	100m finals				U18,U20, senior & masters Female Javelin
	10,000m				U18,U20, senior & masters male Javelin
	300m				
	400m				
	1200m				
	Hept 800m				
	Dec 1500m				
	1500m				