



2024 Pacific Invitational Track & Field Meet

Friday, June 21 & Saturday, June 22, 2024

McLeod Athletic Park
58 Avenue & 214 Street, Langley BC

Registration: Trackiereg.com

Entry Fees: Junior Development: \$8 per event
U16 and older: \$12 per event
Track Rascals: \$10 covers all 4 events (see more info below)

Entry Deadline: **Monday, June 17, 2023 @ 10:00pm PST**
To ensure our meet runs on time, we will be limiting numbers of athletes per event and will cap registration automatically through the online registration system.

Register before the deadline to avoid disappointment.

Late Entries: **No late entries accepted.**

Eligibility: BC Athletics members:
Must possess a current BC Athletics membership or equivalent in another jurisdiction

Non-BC Athletic Members:
Must purchase a day of meet membership

Meet Director: Andrew Lenton | Email: alenton68@gmail.com | Cell: (778) 686-0505

Meet Management: Hy-Tek & Electronic Timing System

Awards: Medals for all events except relay
Ribbons for 4th to 6th place for JD's
Ribbons for relays and Track Rascal event

Medals will be distributed **no less than 30 minutes** after the results are posted.
Athletes who are unable to pick up their awards may get them picked up by a coach or teammate, but unclaimed awards will not be mailed.

Age Divisions: 9, 10, 11, 12, 13, U16, U18, U20, Open, Masters

Event Scheduling: 60m/100m Events:
60M/100M finalists will be determined by heat winners plus fastest times to fill available lanes

60/100M events with 8 or less competitors will be run as a final at the time of the heats

All other events: will be run as timed finals

Changes: Events may run up to 30 minutes earlier than the scheduled time. Any schedule changes will be announced as required.

Order: Track events will run Oldest to Youngest, with Women and then Men in each age group, except for Hurdles which will run by event distance, longest to shortest

**Throws &
Horizontal Jumps:**

Ages 9-13 will receive 3 attempts

U16 and older will receive 3 attempts with the top 8 qualifying for 3 additional attempts

Conflicting Events:

Events go as scheduled. To avoid missing jumps or races, athletes should report to BOTH event Officials. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

Results:

Results will be posted at the track and on www.langleymustangs.com

Protests:

After discussion with the event referee, further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal **within 30 minutes** of the posting of the results.

A \$50.00 protest fee is to accompany all protests. If the protest is upheld, the protest fee will be returned.

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

Timing:

Electronic timing used – both the main stadium straightaway & the backstretch will be used for sprint hurdles, 60m, & 100m events. Two timing systems will be used concurrently at this meet for some sprint events. The wind typically picks up in the afternoons, so 100m & 60m finals will be planned for the backstretch to go with the wind direction.

FRIDAY SCHEDULE

Friday Track Events

Time	Event	Age Groups
5:15 pm	200m Timed Finals	U20 Women / Senior Women - 3 heats
5:27pm	200m Timed Finals	U20 Men / Senior Men - 3 heats
5:40 pm	200m Timed Finals	U18 Women - 3 heats
5:52 pm	200m Timed Finals	U18 Men -3 heats
6:05 pm	200m Timed Finals	U16 Women -3 heats
6:20 pm	200m Timed Finals	U16 Men – 3 heats
6:40 pm	200m Timed Finals	Masters Women – 1 heat
6:45 pm	200m Timed Finals	Masters Men – 2 heats
7:00 pm	2000m	U16 Women – 1 Heat
7:10 pm	2000m	U16 Men – 1 Heat
7:25pm	3000m	U18 / U20 Women / Senior
7:40 pm	3000m	U18 / U20 Men / Senior

Friday Field Events

Time	HJ	LJ (Pit A)	LJ (Pit B)	SP (South)	Hammer	Javelin	Pole Vault
5:15pm - 6:30pm	U18 Men	U20 / Senior Women	Masters Women	U16 / U18 Men	U16/U18 Women	Masters Men	U16/U18/U20/Senior Women
7:00pm - 8:15pm	U18 Women	U20 / Senior Men	Masters Men	U16/U18 Women	U16 / U18 Men	Masters Women	

Track Rascals Event: Saturday 1:00-2:00 pm

Registration: for athletes born in 2016, 2017, 2018

Entry Fee: \$10 includes all 4 events + participation ribbon

Events: Beanbag Shotput, Hurdles, Long Jump & 50m Shuttle Relay

Schedule:

1:00 pm Beanbag Shotput - on the infield

Long jump - at the long jump pits

1:30 pm Hurdles and 50m shuttle relay - on the warmup track

SATURDAY SCHEDULE

Saturday Track Events

Time	Event	Age Groups
9:15 am	Sprint Hurdles – <i>Backstretch</i>	JD – Ages 9-13
	Sprint Hurdles – <i>Main Straightaway</i>	U20 / U18 / U16
10:35 am	600m Timed Finals - JD	Ages 9-11
11:45 am	800m Timed Finals	WC / Open / U20 / U18 / U16 / Ages 12-13
1:30 pm	60m Heats – <i>Main straightaway</i>	Ages 9-11
1:40 pm	100m Timed Finals - <i>Backstretch</i>	WC / Masters
2:00 pm	100m Heats - <i>Backstretch</i>	Open / U20 / U18 / U16
2:35 pm	100m Heats – <i>Main Straightaway</i>	JD – Ages 12-13
3:30 pm	400m Timed Finals	WC / Open / U20 / U18
	300m Timed Finals	U16 / Ages 12 - 13
5:00 pm	60m Finals – <i>Main straightaway</i>	Ages 9 - 11
	100m Finals - <i>Main straightaway</i>	Open / U16 - U20 / Ages 12-13
5:45 pm	END of MEET	

Saturday Field Events

Time	HJ (Pit A)	HJ (Pit B)	LJ (Pit A)	LJ (Pit B)	LJ (Pit C)	SP (North)	SP (South)	Javelin	Discus	Pole Vault
9:00 - 10:30am	10F	10M	U16F	U16M		12F	12M	U18F	U16M	
10:45 - 12:15pm	12F	12M	U9F	9M	10F	11F	10M	U16M	U16F	U16M / U18 Men
12:30 - 2:00pm	13F	13M	11F	11M	10M	10F	9M	U18M	Para / Para	
2:15 - 3:45pm	9F	9M	U18F	U18M		13F	11M	U16F	Masters	Senior / U20 Men
4:00 – 5:30pm	11F	11M	13F	13M		Para / Para	9F		Masters	
5:45 – 7:15pm	U16F	U16M	12F	12M		13M				