

### **2024 Pacific Invitational Track & Field Meet**

Friday, June 21 & Saturday, June 22, 2024

McLeod Athletic Park

 58 Avenue & 214 Street, Langley BC

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| **Registration:** | Trackiereg.com |
| **Entry Fees:** |  Junior Development: $8 per eventU16 and older: $12 per eventTrack Rascals: $10 covers all 4 events (see more info below) |
| **Entry Deadline:** | **Monday, June 17**, 2023 @ 10:00pm PST To ensure our meet runs on time, we will be limiting numbers of athletes per event and will cap registration automatically through the online registration system. Register before the deadline to avoid disappointment. |
| **Late Entries:** | **No late entries accepted.** |
| **Eligibility:** | BC Athletics members:Must possess a current BC Athletics membership or equivalent in another jurisdictionNon-BC Athletic Members:Must purchase a day of meet membership |
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| **Meet Director:** | Andrew Lenton | Email: alenton68@gmail.com | Cell: (778) 686-0505 |
| **Meet Management:** | Hy-Tek & Electronic Timing System |
| **Awards:** | Medals for all events except relayRibbons for 4th to 6th place for JD’sRibbons for relays and Track Rascal eventMedals will be distributed ***no less than 30 minutes*** after the results are posted.Athletes who are unable to pick up their awards may get them picked up by a coach or teammate, but unclaimed awards will not be mailed. |
| **Age Divisions:** | 9, 10, 11, 12, 13, U16, U18, U20, Open, Masters |
| **Event Scheduling:** | 60m/100m Events:60M/100M finalists will be determined by heat winners plus fastest times to fill available lanes60/100M events with 8 or less competitors will be run as a final at the time of the heatsAll other events: will be run as timed finals  Changes: Events may run up to 30 minutes earlier than the scheduled time. Any schedule changes will be announced as required.Order: Track events will run Oldest to Youngest, with Women and then Men in each age group, except for Hurdles which will run by event distance, longest to shortest |
| **Throws &****Horizontal Jumps:** | Ages 9-13 will receive 3 attemptsU16 and older will receive 3 attempts with the top 8 qualifying for 3 additional attempts |
| **Conflicting Events:** | Events go as scheduled. To avoid missing jumps or races, athletes should report to BOTH event Officials. Athletes in field events will forego their attempt in a round if the round has been completed before they return. |
| **Results:** | Results will be posted at the track and on **www.langleymustangs.com** |
| **Protests:** | After discussion with the event referee, further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal **within 30 minutes** of the posting of the results.A $50.00 protest fee is to accompany all protests. If the protest is upheld, the protest fee will be returned.A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final. |
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| **Timing:** | Electronic timing used – both the main stadium straightaway & the backstretch will be used for sprint hurdles, 60m, & 100m events. Two timing systems will be used concurrently at this meet for some sprint events. The wind typically picks up in the afternoons, so 100m & 60m finals will be planned for the backstretch to go with the wind direction. |

**FRIDAY SCHEDULE**

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| **Friday Track Events** |
| **Time** | **Event** | **Age Groups** |
| **5:00 pm** | 200m Timed Finals |  U20 Women / Senior Women (4 heats) |
| **5:18 pm** | 200m Timed Finals | U20 Men / Senior Men (4 heats) |
| **5:36 pm** | 200m Timed Finals | U18 Women  |
| **5:52 pm** | 200m Timed Finals | U18 Men  |
| **6:10 pm** | 200m Timed Finals | U16 Women |
| **6:28 pm** | 200m Timed Finals | U16 Men |
| **6:50 pm** | 200m Timed Finals | Masters Women -5 Heats |
| **7:10pm** | 200m Timed Finals | Masters Men – 5 Heats |
| **7:35 pm** | 2000m  | U16 Women – 1 Heat |
| **7:45 pm** | 2000m | U16 Men – 1 Heat |
| **8:00pm** | 3000m | U18 / U20 Women / Senior – 1 Heat (Standard) |
| **8:15 pm** | 3000m | U18 / U20 Men / Senior – 1 Heat (Standard)  |

# **Friday Field Events**

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| **Time** | **HJ** | **LJ**(Pit A) | **LJ**(Pit B) | **SP**(South) | **Hammer** | **Javelin** | **Pole Vault** |
| **5:15pm - 6:30pm** | **U18/U20****Men** | **U20/Senior****Women** | **Masters****Women** |  **U16 / U18****Men**  | **U16 / U18** **Women** | **Masters****Men**  | **U16 / U18/ U20/ Senior****Women** |
| **7:00pm -8:15pm** | **U18/U20****Women** | **U20/Senior****Men** | **Masters****Men** | **U16 / U18****Women** | **U16 / U18** **Men** | **Masters** **Women** |  |

**Track Rascals Event: Saturday 1:00-2:00 pm**

**Registration: for athletes born in 2016, 2017, 2018**

**Entry Fee: $10 includes all 4 events + participation ribbon**

 **Events:** Beanbag Shotput, Hurdles, Long Jump & 50m Shuttle Relay

 **Schedule:**

**1:00 pm** Beanbag Shotput – on the infield

Long jump – at the long jump pits

**1:30 pm** Hurdles and 50m shuttle relay - on the warmup track

**SATURDAY SCHEDULE**

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| **Saturday Track Events** |  |
| **Time** | **Event** | **Age Groups** |
| 9:15 am | Sprint Hurdles – *Backstretch* | JD – Ages 9-13 |
|  | Sprint Hurdles – *Main Straightaway* | U20 / U18 / U16 |
| 10:35 am | 600m Timed Finals - JD | Ages 9-11 |
| 11:45 am | 800m Timed Finals | WC / Senior / U20 / U18 / U16 / Ages 12-13 |
| 1:30 pm | 60m Heats | Ages 9-11 |
| 2:50 pm | 100m Timed Finals | WC / Masters |
|  | 100m Heats - *Backstretch* | Senior / U20 / U18 / U16 |
|  | 100m Heats – *Main Straightaway* | JD – Ages 12-13 |
| 4:55 pm | 400m Timed Finals | WC / Senior / U20 / U18 |
|  | 300m Timed Finals | U16 / Ages 12 - 13 |
| 6:30 pm | 60m Finals – *Main straightaway* | Ages 9 - 11 |
|  | 100m Finals -  *Main straightaway* | Senior / U16 - U20 / Ages 12-13 |
| 7:30 | **END of MEET** |

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| **Saturday Field Events**  |
| **Time** | **HJ**(Pit A) | **HJ**(Pit B) | **LJ**(Pit A) | **LJ**(Pit B) | **LJ**(Pit C) | **SP**(North) | **SP**(South) | **Javelin** | **Discus** | **Pole Vault** |
| **9:00 -10:30am** | **10F** | **10M** | **U16F** | **U16M** |  | **12F** | **12M** | **U18F** | **U16M**  |  |
| **10:45 -12:15pm** | **12F** | **12M** | **U9F** | **9M** | **10F** | **11F** | **10M** | **U16M** | **U16F** | **U16M / U18 Men** |
| **12:30 - 2:00pm** | **13F** | **13M** | **11F** | **11M** | **10M** | **10F** | **9M** | **U18M** | **Para / Para** |  |
| **2:15 - 3:45pm** | **9F** | **9M** | **U18F** | **U18M** |  | **13F** | **11M** | **U16F** | **Masters** | **Senior / U20 Men** |
| **4:00 –** **5:30pm** | **11F** | **11M** | **13F** | **13M** |  | **Para / Para** | **9F** |  | **Masters** |  |
| **5:45 –** **7:15pm** | **U16F** | **U16M** | **12F** | **12M** |  | **13M** |  |  |  |  |