

## 2024 Legion District H Track and Field Meet Schedule (FINAL)

All track events are timed finals

Track schedule is a rolling schedule so times are approximate - meet may run ahead of schedule!

### TRACK

Time	Event	Age Group / Details
10:00am	2000m	U14+U16 Girls combined , U14+ U16 Boys combined
10:20am	3000m	U18 Girls + U18 Boys combined
10:40am	200m Hurdles	U16 Girls, Boys - 30 inch/76cm
10:50am	400m Hurdles	U18 Girls, Boys - 30 inch/76cm (Girls); 33 inch/84cm (Boys)
11:05am	800m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys U18 Girls, Boys
11:45am	150m	U12 Girls, Boys
	150m	U14 Girls, Boys
	200m	U16 Girls, Boys
	200m	U18 Girls, Boys

### Lunch Break

1:00pm	80m Hurdles	U16 Girls - 30 inches/76cm
	100m Hurdles	U18 Girls - 30 inches/76cm U16 Boys - 33 inches/84cm
	110m Hurdles	U18 Boys - 36 inches/91cm
1:20pm	1500m Steeplechase	U16 Girls, Boys - 30 inch/76cm barriers, no water jump
1:30pm	2000m Steeplechase	U18 Girls - 30 inches/76cm, Waterjump U18 Boys - 36 inches/91cm, Waterjump
1:50pm	80m	U12 Girls, Boys "FASTEST KID COMPETITION"***
	80m	U14 Girls, Boys "FASTEST KID COMPETITION"***
	100m	U16 Girls, Boys
	100m	U18 Girls, Boys
2:30pm	300m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys
2:55pm	400m	U18 Girls, Boys
3:05pm	1200m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys
3:45pm	1500m	U18 Girls, Boys

### FIELD

Time	Event	Age Group / Details
10:00am	Pole Vault	U16 Girls + U18 Girls + U16 Boys + U18 Boys
	High Jump	U12 Girls, U14 Girls
	Javelin	U14, U16, U18 Girls, + U14, U16, U18 Boys
	Triple Jump	U16 Girls, U18 Girls
	Long Jump	U16 Boys, U18 Boys
11:30am	High Jump	U12 Boys, U14 Boys
	Long Jump	U16 Girls, U18 Girls
	Triple Jump	U16 Boys, U18 Boys
	Shot Put	U14, U16, U18 Girls, + U14, U16, U18 Boys

### Lunch

1:00pm	Discus	U14, U16, U18 Girls, + U14, U16, U18 Boys
	Long Jump	U12 Boys, U14 Boys
	High Jump	U16 Girls, U18 Girls
	Triple Jump	U12 Girls, U14 Girls
2:30pm	Triple Jump	U12 Boys, U14 Boys
	High Jump	U16 Boys, U18 Boys
	Long Jump	U12 Girls, U14 Girls

\*\*\*Separate FASTEST KID medals awarded to athletes born in 2012 or later