



# 2024 BC Athletics Junior Development Championships



## ABOUT

The 2024 BC Athletics Junior Development Championships are the provincial track & field championship for athletes born between the years of 2011 and 2015.

BC Athletics thanks Ocean Athletics Track & Field Club, BC Athletics Officials, and volunteers for supporting this event.

## EVENT INFORMATION

Event:	2024 BC Athletics Junior Development Championships
Host:	BC Athletics & Ocean Athletics Track & Field Club
Date:	July 26-28 <sup>th</sup> , 2024
Location:	Surrey, BC
Venue:	South Surrey Athletic Park   14600 20 Avenue Surrey, BC V4A 9P5
Age Groups:	Junior Development (Athletes born between 2011-2015)
Sanctioned by:	BC Athletics
Meet Director:	Maureen de St. Croix (mo@oceanathletics.club)
Meet Manager:	Sean Baker (sean@oceanathletics.club)
Meet Entry Chair:	Ted de St. Croix (ted@oceanathletics.club)
BC Athletics:	Kala Stone ( <a href="mailto:kala.stone@bcathletics.org">kala.stone@bcathletics.org</a> )
Website:	<a href="https://www.oceanathletics.club/">https://www.oceanathletics.club/</a>
Registration Link:	<a href="https://www.trackie.com/event/2024-bc-athletics-jd-track-field-championships/1007573/">https://www.trackie.com/event/2024-bc-athletics-jd-track-field-championships/1007573/</a>

## EVENT ELIGIBILITY

Participating athletes must be:

- Born in the years 2011-2015
- Participating athletes must be current Junior Development members of BC Athletics.
- The following membership categories are ineligible to participate at the championships: Training, Day of Event, and School Membership

## FEES & DEADLINES

**Entry Deadline**  
 Saturday July 20<sup>th</sup> by 11:59 PM PST  
**\$8.00 per event**

**Late Entry Deadline**  
 Monday July 22<sup>nd</sup> by 11:59 PM PST  
**\$15.00 per event**

**NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE**

**NO REFUNDS AFTER Saturday July 20<sup>th</sup> @ 11:59 PM**



## ONLINE REGISTRATION

- All registration will be online at: <https://www.trackie.com/event/2024BCAJDTFChamps>.
- Relay registration can occur online or up to 1 hour before the race start.

## FACILITY INFORMATION

- South Surrey Athletic Park track is an 8-lane urethane surface 400m track oval.
- The field events take place inside and outside of the oval.
- Washrooms and water fountains are available at the facility.

## MEDICAL AND FIRST AID

- Emergency first aid care will be onsite.
- The nearest hospital is Peace Arch Hospital (15521 Russell Ave, White Rock, BC).

## CONCESSION & EVENT MERCHANDISE

- A concession will be available onsite. Please bring cash.
- Commemorative souvenir drift t-shirts will be available for purchase online in advance.

## COMPETITION CATEGORIES

- Athletes will compete in the following age groups: 9 year olds (2015), 10 year olds (2014), 11 year olds (2013), 12 year olds (2012), 13 year olds (2011).
- In certain events with limited field sizes, athletes may compete with multiple age categories but will still be awarded based on their year of birth.
- Para Ambulatory athletes may register and compete in all events as outlined by the BC Athletics JD Para Guidelines.

## COMPETITION NUMBERS

- Competitor numbers will be available for pick up at the registration tent starting at 4pm on Friday July 26<sup>th</sup>.
- Competition numbers must be worn on the front for all events.
- There will be a fee of \$5.00 for athletes who require replacement bib numbers.

## EQUIPMENT

- All equipment will be supplied by the host club.
- Athletes wishing to use personal equipment must have it weighed during the designated times
  - July 26, 4-5 pm
  - July 27, 8-9 am
  - July 28, 8-9 am
- Personal equipment becomes usable to all athletes for the duration of the event.

## TECHNICAL COMPETITION RULES

- All events will be contested according to World Athletics rules and technical specifications where applicable. Please review the [BC Athletics Events & Technical Specifications](#) document for your age group.

## SEEDING

- Athletes will be seeded for heats and timed finals according to the provided seed times at the time of online registration.
- Timed finals will be seeded with the fastest seeds in the same section and the fastest section competing last.

## QUALIFYING FOR FINALS

- Heats will be held in the 60m, 100m, 60m Hurdles, and 80m Hurdles.
- The fastest 8 times from the heats will advance to the final.
- All other Track events will be run as timed finals.
- If there are 8 or less athletes in a heat, the heat will run as a final at the time of the heat.

## SPIKE LENGTH

- The maximum spike length allowed is **7mm**
- Christmas Tree spikes are NOT allowed

## COMPETITION ATTIRE

- All Club athletes are encouraged to wear their Club-issued uniform.
- Unattached athletes should wear appropriate athletic gear for their event(s).

## MARSHALLING

- Athletes are advised to check in at least 15 minutes prior to the start of their event.
- Track Events: Athletes should check in at the marshalling tent
- Field Events: Athletes should check in directly at the event. Athletes arriving late will not be allowed to delay competition to set marks or have practice jumps/throws.

## EVENT CONFLICTS

- Be advised that there may be conflicts for some age groups between track & field events.
- To avoid missing an event, athletes should check-in for both conflicting events. Parents/coaches should help their athletes keep track of when their events are being run.
- Event officials will try to facilitate athletes doing both events. However, athletes cannot “catch up” on missed rounds of field events, or change heats because of missed track events.

## APPEALS TO THE JURY

- The protestor or individual representing the protestor (coach or parent) has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision.

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- An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50.00 deposit shall accompany an APPEAL TO THE JURY.
- The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

### JURY OF APPEALS

- A jury of appeals consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

### AWARDS

- BC Athletics Championship medals will be awarded for 1st to 3rd place for all events and age groups.
- Ribbons will be awarded for 4th to 8th place.
- Awards will be presented as scheduled (see meet schedule)
- Unclaimed awards will not be mailed out.

## EVENT-SPECIFIC COMPETITION RULES

### NON LANED EVENTS

- Events 600M and up will use the curved/waterfall start lines.

### 4 x 100M RELAY

- This relay is open to all age groups

### 1200M MEDLEY RELAY

- This relay is for 2011, 2012, and 2013 age groups. Younger athletes may run up to fill teams.

Race format will be as follows:

- The relay will be run in the following order: 200m, 200m, 200m, 600m.
- The start line will be the 4x400m laned start lines.
- For the first two legs of the race, athletes will run in their lanes.
- The first and second handoff will use the 4x100m handoff zones at the 200m start and the finish line.
- The third 200m runner will cut in after they run the curve and then run in Lane 1.
- For the third handoff, the 600M athletes will line up 10m before Lane 1's 200m start line in the order their team is in 150m before the handoff.

### RELAY ELIGIBILITY

Teams may be formed by:

- Individuals from various age groups, but the team must run in the age category of its oldest member
- Members of the same club, and those athletes having second claim club status with that club. Athletes must run for their own club if possible.
- Unattached members.

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- Combining members from different clubs who cannot field a four-member team. **Athletes must run for their own club, if possible.**
- All teams are eligible for BC Athletics Championship Awards.

### THROWS AND HORIZONTAL JUMPS

- Each athlete is permitted up to 3 attempts. All fair attempts will be measured.

### VERTICAL JUMPS

- The bar is to be raised by 5cm in High Jump and 10cm in Pole Vault.
- Three consecutive failed attempts will eliminate an athlete. This includes two failed attempts, a pass, then a failed attempt at the next height.
- The starting heights will be determined at the start of the event by the official in charge.

Recommended High Jump Starting Heights		
<i>Year of</i>	<i>Female</i>	<i>Male</i>
2015	0.80m	0.80m
2014	0.90m	0.90m
2013	1.00m	1.00m
2012	1.10m	1.10m
2011	1.15m	1.15m

BCA Specifications for Hurdles and Throws As per the <a href="#">Events &amp; Technical Specifications Manual for Athletics, Sept. 2020</a>								
Hurdles								
We will be using scissor /kick away hurdles. The markings are specific to South Surrey track.								
80 Meter, 8 Hurdles					60 Meter, 6 Hurdles			
13 Yr. M	30"	Long maroon	12M to first hurdle		11/10 Yr. W/M	24"	Cyan blue	11M to first hurdle
13 Yr. W		Medium maroon						
12 Yr. W/M	27"	Short maroon			9 Yr. W/M	21"		
200 Meter, 5 Hurdles								
13 Yr W/M	27"	Green						

12 Yr. W/M	24"		20M to first hurdle					
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### Shot Put

Women		Men	
9 to 11 Yr.	2 kg	9 to 11 Yr	2 kg
12 to 13 Yr.	3 kg	12 to 13 Yr	3 kg

### Discus

Women		Men	
10 to 13 Yr	750 g	10 to 11 Yr	750 g
		12 to 13 Yr	1 kg

### Javelin

Women		Men	
10 to 13 Yr.	400g	10 to 11 Yr	400 g
		12 to 13 Yr	500 g

### Hammer

Women		Men	
12 to 13 Yr	3 kg	12 to 13 Yr	3 kg

## SCHEDULE

- Track events will be scheduled Oldest to Youngest, Girls then Boys.  
ex. 13-year-old Girls, then 13-year-old Boys
- Hurdle events will follow the distance/heights listed above to allow for efficient set up.
- Age groups in 600M and above races may be combined by gender if numbers warrant. The curved/waterfall start line shall be used for these races.
- Only athletes and officials are permitted in the competition areas.
- Coaches and parents must spectate from the spectator area and not interfere with the competition.
- The infield is not to be used for warm-ups.
- ONLY ATHLETES AND OFFICIALS ARE PERMITTED IN THE COMPETITION AREAS.

Friday, July 26, Track Events

Time	Event	Age Group
5:45pm	60m Heats	2013-2015 Girls/Boys
6:45pm	2000m Timed Finals	2011 Girls/Boys
7:12pm	300m Timed Finals	2011-2012 Girls/Boys
7:30pm	60m Finals	2013-2015 Girls/Boys
8:00pm	<b>AWARDS</b>	

Friday, July 26, Field Events

Time	Event	Age group
5:00pm	Pole Vault	2011 Girls and 2011 Boys
	Long Jump	2012 Boys
	Shot Put	2015 Girls
	Hammer	2012 Girls and 2011 Girls
	Javelin	2014 Girls
6:30pm	Shot Put	2015 Boys
	Hammer`	2012 Boys and 2011 Boys
	Long Jump	2012 Girls and 2011 Girls
6:45pm	Javelin	2014 Boys
8:00pm	<b>AWARDS</b>	

Saturday, July 27, Track Events

Time	Event	Age Group
10:00 am	80m Hurdles Heats	2011-2012 Girls/Boys
10:30 am	60m Hurdles Heats	2013-2015 Girls/Boys
11:15 am	800m Timed Finals	2011-2012 Girls/Boys
11:50 am	600m Timed Finals	2013-2015 Girls/Boys
1:00 pm	100m Heats	2011 Girls/Boys
1:15 pm	100m Heats	2012 Girls/Boys
1:30 pm	100m Heats	2013 Girls/Boys
1:45 pm	100m Heats	2014 Girls/Boys

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2:00 pm	100m Heats	2015 Girls/Boys
2:15 pm	<b>AWARDS</b>	
	Rascal Events	
3:15 pm	80m Hurdles Finals	2011-2012 Boys/Girls
3:35 pm	60m Hurdles Finals	2013-2015 Boys/Girls
3:50 pm`	100m Finals	2011-2015 Girls/Boys
4:15 pm	4 X 100m Relays	2011-2015 Girls/Boys
4:30pm	<b>AWARDS</b>	

### Saturday, July 27, Field Events

Time	Event	Age Group
9:30a m	Javelin	2011 Girls
	Discus	2012 Girls
	Shot Put	2012 Boys
	High Jump	2014 Boys and 2014 Girls
	Long Jump	2013 Girls
10:45 am	Shot Put	2011 Boys
11:00 am	Discus	2012 Boys
11:15 am	High Jump	2015 Boys and 2015 Girls
11:45 am	Shot Put	2013 Girls
	Javelin	2011 Boys
12:30 pm	Triple Jump	2011 Girls
	Discus	2013 Boys
12:45 pm	High Jump	2012 Boys and 2012 Girls
1:30 pm	Javelin	2012 Girls
1:45 pm	Triple Jump	2011 Boys
	Shot Put	2011 Girls
2:00 pm	Discus	2014 Girls
2:15 pm	Long Jump	2014 Boys
3:00 pm	Javelin	2013 Boys

### Sunday, July 28, Track Events

Time	Event	Age Group
10:00 am	200m Timed Finals	2011-2013 Girls/Boys
11:00 am	1000m Timed Finals	2013-2015 Girls/Boys
11:30 am	1200m Timed Finals	2011-2012 Girls/Boys
12:00 pm	1500m Racewalk Timed Finals	2011 Girls/Boys
12:20pm	800m Racewalk Timed Finals	2012-2015 Girls/Boys



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12:30 pm	200m Hurdles Timed Finals	2011- 2012 Girls/Boys
2:15 pm	Medley Relay Timed Finals	2011- 2013 Girls/Boys
	<b>AWARDS</b>	

### Sunday, July 28, Field Events

Time	Event	Age Group
9:30 am	Discus	2014 Boys
	Shot Put	2014 Girls
	Javelin	2013 Girls
	Long Jump	2015 Girls
	High Jump	2013 Girls and Boys
10:30am	Shot put	2013 Boys
10:45 am	Discus	2013 Girls
11:15 am	Long Jump	2014 Girls
11:30 am	Shot Put	2014 Boys
	Long Jump	2013 Boys
	High Jump	2011 Girls and 2011 Boys
11:45 am	Javelin	2012 Boys
12:00 pm	Discus	2011 Boys
1:00 pm	Shot Put	2012 Girls
	Long Jump	2011 Boys and 2015 Boys
1:45 pm	Discus	2011 Girls
	<b>AWARDS</b>	