



What: 2024 Pugwash Harbourfest 5k Salt Dash

When: Saturday, July 27, 2024 9:00am Start

Where: Race kit pick-up located beside Eaton Stage (Water Street)

Come for the race. Stay for the Festival! The 5km Salt Dash is a fun run in conjunction with Pugwash Harbourfest Weekend.

This event offers a 5km run consisting of an out and back course. Walkers are also welcome in this event.

Registration Fee: \$30 for adults, \$15 for students – Register Online @ <https://www.trackie.com/event/pugwash-harbourfest-5k-salt-dash/1000195/>

The Race Kit Includes:

- Dry Fit Running T-shirt (register by July 13 to secure your size)
- Race Bib
- Lanyard
- Custom Finishers Medal for first 60 runners made by Basic Spirit

Race Kit Pick-Up: 7:30-8:45am on July 27, 2024 as the event starts at 9am sharp.

**Please note that this year's event is a "Fun-run" which is not sanctioned.