



Mississauga Olympians
Track & Field Athletic Association
Outdoor Track and Field Meet

Date: Sunday June 16, 2024

Time: 9:00am- 5:00pm

Sanctioned By: Minor Track Association (Ontario)

Competition Director: Carla Warwick 905-997-2713 carla@mississaugaolympians.com

Entries Chairperson: Earl Letford track@flyingangels.ca

Location: Courtney Park Fields St. Marcellinus Secondary School 730 Courtneypark Dr W, Mississauga, ON L5W 1L9

Facilities: Chevron surface 8-lane track. Chevron surface on all approaches with a concrete throwing circle.

Age Categories and Events:

Peewee: Athletes born in 2018 and 2019 100m (time finals), Long Jump (3 jumps only)

Mite: Athletes born 2016 & 2017 100m, 200m, 400m, 800m, Long Jump, Shot Put

Tyke: Athletes born in 2014 & 2015 100m, 200m, 400m, 800m, 1200m, Long Jump, Shot Put, 4×100m

Atom: Athletes born in 2012 and 2013 100 m, 200m, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4×100m

Senior: Athletes born in 2010 and 2011 100 m, 200m, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4×100m

Intermediate: Athletes born in 2008 and 2009 100 m, 200m, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4×100m

Youth: Athletes born in 2007 100m, 200m, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4×100m

Notes:

1. Athletes may enter in three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working up through to Youth
3. Waiver forms must be submitted online with meet registration
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom, Senior, Intermediate and Youth: only.

<p>General Rules:</p>	<p>Track events take precedence over field schedules. If the timing of a field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event.</p>
<p>FIELD EVENTS High Jump Long Jump Throws</p>	<p>Each competitor receives 3 trials at each height. A tie will be broken by the second-best jump.</p> <p>Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more. More than 10 each competitor gets 2 jumps top 8 gets 2 more. Seniors and Intermediate Jump from the line.</p> <p>Less than 10 competitors each competitor gets 3 throws top 8 gets 2more. More than 10 each competitor gets 2 throws top 8 gets 2 more.</p>
<p>TRACK EVENTS Sprints/ Hurdles 50-100m</p>	<p>One Heat: Straight Final Two Heats or more: 1st in each heat plus next fastest times advance to final.</p>

Awards: Medals will be awarded for the first three places in all events with ribbons for 4th-6th.

Entry Fees: The entry deadline will be on Wednesday, June 12, 2024, at 11h59pm

Entry fees are as follows:

\$15.00 per athlete per event.

\$20.00 per relay team

The late entry deadline will be **at noon on Friday, June 14, 2024**. The late fees are: \$20.00 per athlete for each event and \$30.00 per relay team.

All Entries must be submitted online at

<https://trackie.com/event/2024-MississaugaOlympiansMeet42927>

