

2024

Students MUST be greater than the Minimum Standards to be sent to District Track Meet

EVENT	GENDER	AGE	MINIMUM
100m	Girls	10	
		11	
		12	
		13	
100m	Boys	10	
		11	
		12	
		13	
400m	Girls	10	1:45 min:sec
		11	1:30 min:sec
		12	1:30 min:sec
		13	1:25 min:sec
	Boys	10	1:45 min:sec
		11	1:35 min:sec
		12	1:30 min:sec
		13	1:20 min:sec
1000m	Girls	10	5:30 mins
		11	5:20 mins
		12	5:15 mins
		13	5:00 mins
	Boys	10	5:00 mins
		11	4:45 mins
		12	4:45 mins
		13	4:45 mins

EVENT	GENDER	AGE	MINIMUM
Long Jump	Girls	10	2.2 m
		11	2.3 m
		12	2.7 m
		13	2.8 m
	Boys	10	2.4 m
		11	2.4 m
		12	2.8 m
		13	3.1 m
Triple Jump	Girls	10	4.50 m
		11	5.0 m
		12	5.6 m
		13	5.8 m
	Boys	10	4.75 m
		11	5.8 m
		12	6.0 m
		13	6.7 M
Shot Put	Girls	10 2kg	4.2 m
		11 2kg	5.0 m
		12 3kg	5.4 m
		13 3kg	6.0 m
Shot Put	Boys	10 2kg	5.2 m
		11 2kg	6.5 m
		12 3kg	6.8 m
		13 3kg	7.5 m

100 m just send you top 5,4,3,2,or 1. If number 4 was way behind at the finish just send 1,2,3. When you register-put their place not their time