

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 1 Girls 80 Meter Hurdles 30" Junior

| Regional: 14.44 2014 Maddie Campbell | | | |
|--------------------------------------|----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 3 Finals | | | |
| 1 | 509 Bridgette Whitty | Tamarac Educ | |
| 2 | 222 Sophie Deveau | Ecole Nda | |
| 3 | 285 Lindsay Hennick | Malcolm Munr | |
| 4 | 2 Audrey Buchanan | Baddeck Acad | |
| 5 | 112 Sophia Brown | Cape Breton | |
| 6 | 114 Molly Chiasson | Cape Breton | |
| 7 | 491 Rebecca Keefe | Tamarac Educ | |
| 8 | 526 Lyla Penny | Whitney Pier | |
| Section 2 of 3 Finals | | | |
| 2 | 547 Halle Walkins | Whycocomagh | |
| 3 | 297 Chloe Mugford | Malcolm Munr | |
| 4 | 534 Kayla Gillis | Whycocomagh | |
| 5 | 64 Anna Sigvaldason | Bayview Educ | |
| 6 | 276 Taylor Pringle | Inverness Ed | |
| 7 | 111 Quinn Bishop | Cape Breton | |
| Section 3 of 3 Finals | | | |
| 2 | 507 Natalie Vieluf | Tamarac Educ | |
| 3 | 45 Jessie Beaton | Bayview Educ | |
| 4 | 287 Jena Macaulay | Malcolm Munr | |
| 5 | 543 Tara Penny | Whycocomagh | |
| 6 | 58 Belle MacLean | Bayview Educ | |
| 7 | 344 Olivia R MacNeil | Rankin Schoo | |

Event 2 Girls 80 Meter Hurdles 30" Intermediate

| Regional: 14.18 2016 Maddie Campbell | | | |
|--------------------------------------|-----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 2 Finals | | | |
| 2 | 452 Raya Matheson | Strait Area | |
| 3 | 167 Lilah Gallant | Dalbrae Acad | |
| 4 | 274 Brea Miller | Inverness Ed | |
| 5 | 168 Zoey Gallant | Dalbrae Acad | |
| 6 | 13 Lillian Johnston | Baddeck Acad | |
| 7 | 387 Mattea MacKinnon | Riverview Hi | |
| 8 | 338 Aibha Campbell | Rankin Schoo | |
| Section 2 of 2 Finals | | | |
| 2 | 199 Faith Sigvaldason | Dalbrae Acad | |
| 3 | 428 Faith Hamilton | Strait Area | |
| 4 | 384 Julia Macdonald | Riverview Hi | |
| 5 | 351 Marley Whyte | Rankin Schoo | |
| 6 | 11 Abigayle Gale-Macmillian | Baddeck Acad | |
| 7 | 379 Maggie Kelly | Riverview Hi | |
| 8 | 460 Brooke Wadden | Strait Area | |

Event 3 Girls 100 Meter Hurdles 30" Senior

| Regional: 14.31 2015 Brianna Dunn | | | |
|-----------------------------------|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 2 Finals | | | |
| 2 | 420 Faith Campbell | Strait Area | |
| 3 | 348 Carlotta Riedl | Rankin Schoo | |
| 4 | 271 Chrissy MacKinnon | Inverness Ed | |
| 5 | 439 Sarah Langley | Strait Area | |
| 6 | 205 Ava Vanzutphen | Dalbrae Acad | |
| Section 2 of 2 Finals | | | |
| 3 | 141 Cecilia Sartoria | Cape Breton | |
| 4 | 433 Abbey Keeping | Strait Area | |
| 5 | 122 Fleur Hanin | Cape Breton | |
| 6 | 339 Asher Lemoine | Rankin Schoo | |

Event 4 Boys 80 Meter Hurdles 30" Junior

| Regional: 15.98 5/20/2022 David Paul | | | |
|--------------------------------------|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 2 Finals | | | |
| 1 | 62 Brier Nadasdi | Bayview Educ | |
| 2 | 23 Blaze MacKenzie | Baddeck Acad | |
| 3 | 284 Neil Giorno | Malcolm Munr | |
| 4 | 52 Ashton Hawley | Bayview Educ | |
| 5 | 488 Anthony Emad | Tamarac Educ | |
| 6 | 495 Ben Landy | Tamarac Educ | |
| 7 | 517 Lucas Holloway | Whitney Pier | |
| 8 | 48 Bentley Cameron | Bayview Educ | |
| Section 2 of 2 Finals | | | |
| 1 | 528 Max Bernard | Whycocomagh | |
| 2 | 490 Caden Jesso | Tamarac Educ | |
| 3 | 540 Liam Macdonald | Whycocomagh | |
| 4 | 25 Alex MacLeod | Baddeck Acad | |
| 5 | 268 Alex MacGillivray | Inverness Ed | |
| 6 | 300 Parker Reid | Malcolm Munr | |
| 7 | 535 Gibi Glaze-Diouf | Whycocomagh | |
| 8 | 292 Marty MacLeod | Malcolm Munr | |

Event 5 Boys 100 Meter Hurdles 33" Intermediate

| Regional: 15.57 2014 Leland Murphy | | | |
|------------------------------------|-----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 2 Finals | | | |
| 1 | 208 Leland Wilcox | Dalbrae Acad | |
| 2 | 128 Nevin Ingraham-Phillips | Cape Breton | |
| 3 | 374 Craig Duchesne | Riverview Hi | |
| 4 | 456 Emmanuel Olowoleye | Strait Area | |
| 5 | 132 Will MacLellan | Cape Breton | |
| 6 | 444 Luke Macdonell | Strait Area | |
| 7 | 22 Jack MacInnis | Baddeck Acad | |
| 8 | 373 Anthony Depodesta | Riverview Hi | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Section 2 of 2 Finals...(Event 5 Boys 100 Meter Hurdles 33" Intermed

| | | |
|---|---------------------|--------------|
| 1 | 202 Sam Trenholm | Dalbrae Acad |
| 2 | 31 Luke Morrison | Baddeck Acad |
| 3 | 172 Kyle Levesconte | Dalbrae Acad |
| 4 | 400 Cael Rooney | Riverview Hi |
| 5 | 110 Mark Badro | Cape Breton |
| 6 | 436 Will Langdon | Strait Area |
| 7 | 26 Zachary MacRae | Baddeck Acad |

Event 6 Boys 110 Meter Hurdles 36" Senior

| | | | |
|------------------|--------------|---------------|----------------------|
| Regional: | 15.55 | 2015 | Leland Murphy |
| Lane | Name | School | Seed Time |

Section 1 of 2 Finals

| | | |
|---|-------------------|--------------|
| 2 | 190 Neil MacLean | Dalbrae Acad |
| 3 | 7 Will Davis | Baddeck Acad |
| 4 | 380 Marcus Kelly | Riverview Hi |
| 5 | 340 Josh Lemoine | Rankin Schoo |
| 6 | 451 Alex Marshall | Strait Area |

Section 2 of 2 Finals

| | | |
|---|---------------------|--------------|
| 2 | 159 Cole Campbell | Dalbrae Acad |
| 3 | 424 Tanner Doiron | Strait Area |
| 4 | 200 Liam Sutherland | Dalbrae Acad |
| 5 | 430 Joshua Hatcher | Strait Area |

Event 7 Girls 400 Meter Dash Junior

| | | | |
|------------------|----------------|---------------|------------------------|
| Regional: | 1:05.56 | 2010 | Jessica Goswell |
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | |
|---|------------------------|--------------|
| 1 | 53 Madelyn Hawley | Bayview Educ |
| 2 | 29 Veida Moore | Baddeck Acad |
| 3 | 59 Summer MacLean | Bayview Educ |
| 4 | 56 Maddison MacEachern | Bayview Educ |
| 5 | 285 Lindsay Hennick | Malcolm Munr |
| 6 | 503 Mary Morin | Tamarac Educ |
| 7 | 9 Kamryn Fownes | Baddeck Acad |
| 8 | 538 Veronica Kennedy | Whycocomagh |

Heat 2 of 2 Prelims

| | | |
|---|----------------------|--------------|
| 1 | 76 Jaedyn MacKenzie | Breton Educa |
| 2 | 529 Catherine Boyd | Whycocomagh |
| 3 | 65 Jayla Andrews | Breton Educa |
| 4 | 289 Norah Macdonald | Malcolm Munr |
| 5 | 489 Sophie Fougere | Tamarac Educ |
| 6 | 509 Bridgette Whitty | Tamarac Educ |
| 7 | 297 Chloe Mugford | Malcolm Munr |
| 8 | 8 Charley Deveaux | Baddeck Acad |

Event 8 Boys 400 Meter Dash Junior

| | | | |
|------------------|--------------|----------------------|------------------|
| Regional: | 58.83 | Brad Chandler | |
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | |
|---|-------------------------|------------------|
| 1 | 482 Mohammed Al-Awad | Tamarac Educ |
| 2 | 354 Dylan Mombourquette | Richmond Edu |
| 3 | 290 Jackson MacLellan | Malcolm Munr |
| 4 | 63 Sawyer Nadasdi | Bayview Educ |
| 5 | 495 Ben Landy | Tamarac Educ |
| 6 | 107 Finn Watt | Cabot Educat |
| 7 | 216 Jack Viva | Dr. T.L. Sulliva |
| 8 | 230 Pavel Gould | Eskasoni Element |

Heat 2 of 2 Prelims

| | | |
|---|---------------------|------------------|
| 1 | 494 Logan Landry | Tamarac Educ |
| 2 | 292 Marty MacLeod | Malcolm Munr |
| 3 | 532 Carter Decoste | Whycocomagh |
| 4 | 54 Liam Macdonald | Bayview Educ |
| 5 | 83 Nate Pheifer | Breton Educa |
| 6 | 52 Ashton Hawley | Bayview Educ |
| 7 | 212 Levi Hull | Dr. T.L. Sulliva |
| 8 | 85 Gordon Smolensky | Breton Educa |

Event 9 Girls 400 Meter Dash Intermediate

| | | | |
|------------------|----------------|---------------|---------------------|
| Regional: | 1:05.35 | 2011 | Olivia Gowan |
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | |
|---|-----------------------|--------------|
| 1 | 270 Mary Mackay | Inverness Ed |
| 2 | 168 Zoey Gallant | Dalbrae Acad |
| 3 | 437 Katherine Langley | Strait Area |
| 4 | 383 Ava Macdonald | Riverview Hi |
| 5 | 84 Neely Pheifer | Breton Educa |
| 6 | 71 Anna Kaupp | Breton Educa |
| 7 | 440 Sophie Langley | Strait Area |
| 8 | 404 Alyse Tierney | Riverview Hi |

Heat 2 of 2 Prelims

| | | |
|---|--------------------------|--------------|
| 2 | 158 Kendall Cameron | Dalbrae Acad |
| 3 | 140 Friederike Sarnowski | Cape Breton |
| 4 | 42 Madeleine Wiese | Baddeck Acad |
| 5 | 453 Leila McManus | Strait Area |
| 6 | 387 Mattea MacKinnon | Riverview Hi |
| 7 | 347 Kristen Redden | Rankin Schoo |
| 8 | 13 Lillian Johnston | Baddeck Acad |

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Event 10 Boys 400 Meter Dash Intermediate

| Regional: 54.64 2013 | | Jonathan West | |
|----------------------|------|---------------|-----------|
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | | |
|---|-----------------------------|--------------|--|
| 2 | 128 Nevin Ingraham-Phillips | Cape Breton | |
| 3 | 82 Aiden Oliver | Breton Educa | |
| 4 | 3 Emmett Buchanan | Baddeck Acad | |
| 5 | 385 Cohen MacIsaac | Riverview Hi | |
| 6 | 173 Aiden Macdonald | Dalbrae Acad | |
| 7 | 436 Will Langdon | Strait Area | |
| 8 | 456 Emmanuel Olowoleye | Strait Area | |

Heat 2 of 2 Prelims

| | | | |
|---|---------------------|--------------|--|
| 2 | 330 Andrew Tremblay | Memorial Hig | |
| 3 | 78 Jake MacKinnon | Breton Educa | |
| 4 | 366 Alex Arsenaault | Riverview Hi | |
| 5 | 157 Jayden Cameron | Dalbrae Acad | |
| 6 | 202 Sam Trenholm | Dalbrae Acad | |
| 7 | 446 Cooper MacNeil | Strait Area | |

Event 11 Girls 400 Meter Dash Senior

| Regional: 1:03.26 2015 | | Beth Cholock | |
|------------------------|------|--------------|-----------|
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | | |
|---|----------------------------|--------------|--|
| 3 | 311 Vanessa Gerrow | Memorial Hig | |
| 4 | 421 Alexis Chisholm-Beaton | Strait Area | |
| 5 | 182 Savannah MacEachern | Dalbrae Acad | |
| 6 | 81 Meghan Muise | Breton Educa | |
| 7 | 141 Cecilia Sartoria | Cape Breton | |
| 8 | 146 Noa Vuillaume-Alles | Cape Breton | |

Heat 2 of 2 Prelims

| | | | |
|---|---------------------|--------------|--|
| 2 | 106 Tina Timmons | Cabot Educat | |
| 3 | 67 Emily Burke | Breton Educa | |
| 4 | 455 Tess Morin | Strait Area | |
| 5 | 438 Olivia Langley | Strait Area | |
| 6 | 77 Ava MacKinnon | Breton Educa | |
| 7 | 194 Makayla Nadasdi | Dalbrae Acad | |
| 8 | 88 Peyton Barron | Cabot Educat | |

Event 12 Boys 400 Meter Dash Senior

| Regional: 53.54 2011 | | Devin Kirton | |
|----------------------|------|--------------|-----------|
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | | |
|---|------------------------|--------------|--|
| 3 | 130 Ciaran Macdonald | Cape Breton | |
| 4 | 459 Finley Rapp | Strait Area | |
| 5 | 468 Sebastiano Gabassi | Sydney Acade | |
| 6 | 443 Tyler Macdonald | Strait Area | |
| 7 | 240 Ryland Hanrahan | Glace Bay Hi | |
| 8 | 340 Josh Lemoine | Rankin Schoo | |

Heat 2 of 2 Prelims

| | | | |
|---|-----------------------|--------------|--|
| 2 | 237 Baabak Danandeh | Glace Bay Hi | |
| 3 | 159 Cole Campbell | Dalbrae Acad | |
| 4 | 377 Blake Hervé | Riverview Hi | |
| 5 | 380 Marcus Kelly | Riverview Hi | |
| 6 | 152 Ronan Austin | Dalbrae Acad | |
| 7 | 207 Issac West | Dalbrae Acad | |
| 8 | 318 Brayden Macdonald | Memorial Hig | |

Event 13 Girls 100 Meter Dash Junior

| Regional: 13.26 5/20/2022 | | Ella Barry | |
|---------------------------|------|------------|-----------|
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | | |
|---|----------------------|--------------|--|
| 1 | 538 Veronica Kennedy | Whycocomagh | |
| 2 | 302 Zoe Wilson | Malcolm Munr | |
| 3 | 289 Norah Macdonald | Malcolm Munr | |
| 4 | 479 Lynleigh Parsons | Sydney Mines | |
| 5 | 489 Sophie Fougere | Tamarac Educ | |
| 6 | 498 Kailyn MacLeod | Tamarac Educ | |
| 7 | 276 Taylor Pringle | Inverness Ed | |
| 8 | 33 Rachel Murphy | Baddeck Acad | |

Heat 2 of 2 Prelims

| | | | |
|---|---------------------------|------------------|--|
| 1 | 358 Franics Calabrese | Riverside Ed | |
| 2 | 64 Anna Sigvaldason | Bayview Educ | |
| 3 | 509 Bridgette Whitty | Tamarac Educ | |
| 4 | 546 Scotia Van Den Heuvel | Whycocomagh | |
| 5 | 278 Rita Aikens | Malcolm Munr | |
| 6 | 233 Rhyan Paul | Eskasoni Element | |
| 7 | 19 Ruby Macdonald | Baddeck Acad | |
| 8 | 59 Summer MacLean | Bayview Educ | |

Event 14 Boys 100 Meter Dash Junior

| Regional: 11.97 2010 | | Shane Cameron | |
|----------------------|------|---------------|-----------|
| Lane | Name | School | Seed Time |

Heat 1 of 2 Prelims

| | | | |
|---|--------------------|------------------|--|
| 1 | 230 Pavel Gould | Eskasoni Element | |
| 2 | 488 Anthony Emad | Tamarac Educ | |
| 3 | 532 Carter Decoste | Whycocomagh | |
| 4 | 505 Gavin Roach | Tamarac Educ | |
| 5 | 517 Lucas Holloway | Whitney Pier | |
| 6 | 540 Liam Macdonald | Whycocomagh | |
| 7 | 48 Bentley Cameron | Bayview Educ | |
| 8 | 291 Liam MacLeod | Malcolm Munr | |

Heat 2 of 2 Prelims

| | | | |
|---|-----------------------------|------------------|--|
| 1 | 542 Carson Macneil-Vlassoff | Whycocomagh | |
| 2 | 409 Luka Church | Sherwood Par | |
| 3 | 209 Hudson Crowther | Dr. T.L. Sulliva | |
| 4 | 280 Elijah Best | Malcolm Munr | |
| 5 | 487 Charles Eager | Tamarac Educ | |
| 6 | 25 Alex MacLeod | Baddeck Acad | |
| 7 | 44 Drew Beaton | Bayview Educ | |
| 8 | 147 Dylen Barry | Centre Scol. | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 15 Girls 100 Meter Dash Intermediate

| Regional: | | 12.53 | 2010 | Hayley Wilson | |
|----------------------------|-----------------------|--------------|-----------|---------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 1 | 84 Neely Pheifer | Breton Educa | | | |
| 2 | 428 Faith Hamilton | Strait Area | | | |
| 3 | 274 Brea Miller | Inverness Ed | | | |
| 4 | 453 Leila McManus | Strait Area | | | |
| 5 | 332 Jade Vickers | Memorial Hig | | | |
| 6 | 42 Madeleine Wiese | Baddeck Acad | | | |
| 7 | 467 Ava Carew | Sydney Acade | | | |
| 8 | 138 Hannah Ross | Cape Breton | | | |
| Heat 2 of 2 Prelims | | | | | |
| 1 | 181 Violet Macdonald | Dalbrae Acad | | | |
| 2 | 384 Julia Macdonald | Riverview Hi | | | |
| 3 | 401 Charley Sawlor | Riverview Hi | | | |
| 4 | 368 Ella Barry | Riverview Hi | | | |
| 5 | 184 Danni MacInnis | Dalbrae Acad | | | |
| 6 | 191 Breagha MacLellan | Dalbrae Acad | | | |
| 7 | 452 Raya Matheson | Strait Area | | | |
| 8 | 71 Anna Kaupp | Breton Educa | | | |

Event 16 Boys 100 Meter Dash Intermediate

| Regional: | | 11.49 | 5/20/2022 | Anthony Phillips | |
|----------------------------|----------------------|---------------|-----------|------------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 1 | 117 Mason Doucet | Cape Breton | | | |
| 2 | 82 Aiden Oliver | Breton Educa | | | |
| 3 | 316 Nolan Lefrense | Memorial Hig | | | |
| 4 | 406 Elliot Todd | Riverview Hi | | | |
| 5 | 446 Cooper MacNeil | Strait Area | | | |
| 6 | 258 Ryan Davidson | Inverness Ed | | | |
| 7 | 202 Sam Trenholm | Dalbrae Acad | | | |
| 8 | 309 Kaiden Faulkner | Memorial Hig | | | |
| Heat 2 of 2 Prelims | | | | | |
| 1 | 251 Darren Samuel | Glance Bay Hi | | | |
| 2 | 178 Kieran Macdonald | Dalbrae Acad | | | |
| 3 | 177 Hunter Macdonald | Dalbrae Acad | | | |
| 4 | 110 Mark Badro | Cape Breton | | | |
| 5 | 372 Luke Daye | Riverview Hi | | | |
| 6 | 395 Kyle Moore | Riverview Hi | | | |
| 7 | 462 Samuel Adeyi | Sydney Acade | | | |
| 8 | 224 Jake Poirier | Ecole Nda | | | |

Event 17 Girls 100 Meter Dash Senior

| Regional: | | 12.84 | 2013 | Hayley Wilson | |
|----------------------------|----------------------------|---------------|-----------|---------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 1 | 423 Lainey Cummings | Strait Area | | | |
| 2 | 244 Luna Nickel | Glance Bay Hi | | | |
| 3 | 67 Emily Burke | Breton Educa | | | |
| 4 | 369 Caelan Binder | Riverview Hi | | | |
| 5 | 438 Olivia Langley | Strait Area | | | |
| 6 | 421 Alexis Chisholm-Beaton | Strait Area | | | |
| 7 | 154 Carly Beaton | Dalbrae Acad | | | |
| 8 | 308 Cameron Clarke | Memorial Hig | | | |
| Heat 2 of 2 Prelims | | | | | |
| 1 | 375 Abby Gallaway | Riverview Hi | | | |
| 2 | 179 Olivia Macdonald | Dalbrae Acad | | | |
| 3 | 263 Caragh Kennedy | Inverness Ed | | | |
| 4 | 303 Emma Morrison | Margaree Chr | | | |
| 5 | 334 Betty Rae Walker | Memorial Hig | | | |
| 6 | 335 Jorja Walker | Memorial Hig | | | |
| 7 | 339 Asher Lemoine | Rankin Schoo | | | |
| 8 | 182 Savannah MacEachern | Dalbrae Acad | | | |

Event 18 Boys 100 Meter Dash Senior

| Regional: | | 11.30 | 5/24/2019 | Braeden Hiscock | |
|----------------------------|-----------------------|---------------|-----------|-----------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 1 | 318 Brayden Macdonald | Memorial Hig | | | |
| 2 | 431 Devon Hynes | Strait Area | | | |
| 3 | 159 Cole Campbell | Dalbrae Acad | | | |
| 4 | 189 Ethan MacLean | Dalbrae Acad | | | |
| 5 | 473 Anthony Phillips | Sydney Acade | | | |
| 6 | 18 Elijah Maccormack | Baddeck Acad | | | |
| 7 | 463 Ben Applin | Sydney Acade | | | |
| 8 | 451 Alex Marshall | Strait Area | | | |
| Heat 2 of 2 Prelims | | | | | |
| 1 | 127 Carson Ingraham | Cape Breton | | | |
| 2 | 402 Aidan Stanwick | Riverview Hi | | | |
| 3 | 248 Ty Oliver | Glance Bay Hi | | | |
| 4 | 377 Blake Hervé | Riverview Hi | | | |
| 5 | 130 Ciaran Macdonald | Cape Breton | | | |
| 6 | 427 Jesse Gillis | Strait Area | | | |
| 7 | 207 Issac West | Dalbrae Acad | | | |
| 8 | 474 Federico Xella | Sydney Acade | | | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 19 Girls 1500 Meter Run Junior

| Regional: 4:54.25 5/24/2019 Ella Bottomley | | | |
|--|--------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 503 Mary Morin | Tamarac Educ | |
| 2 | 501 Amy Mariner | Tamarac Educ | |
| 3 | 53 Madelyn Hawley | Bayview Educ | |
| 4 | 47 Isabel Calder | Bayview Educ | |
| 5 | 543 Tara Penny | Whycocomagh | |
| 6 | 287 Jena Macaulay | Malcolm Munr | |
| 7 | 493 Summer Kersten | Tamarac Educ | |
| 8 | 293 Alex MacNeil | Malcolm Munr | |
| 9 | 526 Lyla Penny | Whitney Pier | |
| 10 | 60 Julia MacLellan | Bayview Educ | |
| 11 | 360 Brenna Hussey | Riverside Ed | |
| 12 | 477 Kylie Keeping | Sydney Mines | |

Event 20 Boys 1500 Meter Run Junior

| Regional: 4:59.00 2016 Nolan Beaton | | | |
|-------------------------------------|-------------------------|------------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 54 Liam Macdonald | Bayview Educ | |
| 2 | 63 Sawyer Nadasdi | Bayview Educ | |
| 3 | 83 Nate Pheifer | Breton Educa | |
| 4 | 505 Gavin Roach | Tamarac Educ | |
| 5 | 50 Ethan Gillis | Bayview Educ | |
| 6 | 492 Carter Kersten | Tamarac Educ | |
| 7 | 354 Dylan Mombourquette | Richmond Edu | |
| 8 | 131 Mac MacLellan | Cape Breton | |
| 9 | 212 Levi Hull | Dr. T.L. Sulliva | |
| 10 | 520 Sam MacIsaac | Whitney Pier | |
| 11 | 254 Thomas Burke | Inverness Ed | |
| 12 | 91 Finn Courage | Cabot Educat | |
| 13 | 282 William Clarke | Malcolm Munr | |
| 14 | 85 Gordon Smolensky | Breton Educa | |
| 15 | 284 Neil Giorno | Malcolm Munr | |
| 16 | 107 Finn Watt | Cabot Educat | |

Event 21 Girls 1500 Meter Run Intermediate

| Regional: 5:37.10 2013 Emily MacKay | | | |
|-------------------------------------|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 15 Petra LeBlanc | Baddeck Acad | |
| 2 | 440 Sophie Langley | Strait Area | |
| 3 | 84 Neely Pheifer | Breton Educa | |
| 4 | 370 Julia Brown | Riverview Hi | |
| 5 | 388 Myla MacKinnon | Riverview Hi | |
| 6 | 404 Alyse Tierney | Riverview Hi | |
| 7 | 199 Faith Sigvaldason | Dalbrae Acad | |
| 8 | 435 Brooklyn Kersten | Strait Area | |
| 9 | 321 Violet McLaughlin | Memorial Hig | |
| 10 | 153 Ally Beaton | Dalbrae Acad | |
| 11 | 155 Charity Bernard | Dalbrae Acad | |

Event 22 Boys 1500 Meter Run Intermediate

| Regional: 4:41.89 2011 Kyle Lefort | | | |
|------------------------------------|----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 366 Alex Arsenault | Riverview Hi | |
| 2 | 157 Jayden Cameron | Dalbrae Acad | |
| 3 | 371 Nathan Campbell | Riverview Hi | |
| 4 | 374 Craig Duchesne | Riverview Hi | |
| 5 | 132 Will MacLellan | Cape Breton | |
| 6 | 444 Luke Macdonell | Strait Area | |
| 7 | 176 Ethan Macdonald | Dalbrae Acad | |
| 8 | 418 Luke Boudreau | Strait Area | |
| 9 | 144 Brock Tatum | Cape Breton | |
| 10 | 78 Jake MacKinnon | Breton Educa | |
| 11 | 422 Finley Chisholm-Beaton | Strait Area | |
| 12 | 156 Joseph Brushett | Dalbrae Acad | |
| 13 | 305 Martin Alderson | Memorial Hig | |
| 14 | 75 Sean Maccormick | Breton Educa | |

Event 23 Girls 1500 Meter Run Senior

| Regional: 4:50.56 5/20/2022 Ella Bottomley | | | |
|--|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 417 Ella Bartlett | Strait Area | |
| 2 | 465 Lily Bottomly | Sydney Acade | |
| 3 | 194 Makayla Nadasdi | Dalbrae Acad | |
| 4 | 122 Fleur Hanin | Cape Breton | |
| 5 | 378 Madeline Kelly | Riverview Hi | |
| 6 | 141 Cecilia Sartoria | Cape Breton | |
| 7 | 307 Caterina Belluzzi | Memorial Hig | |

Event 24 Boys 1500 Meter Run Senior

| Regional: 4:25.27 2015 Cullen MacInnis | | | |
|--|------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 472 Nolan Neville | Sydney Acade | |
| 2 | 468 Sebastiano Gabassi | Sydney Acade | |
| 3 | 380 Marcus Kelly | Riverview Hi | |
| 4 | 152 Ronan Austin | Dalbrae Acad | |
| 5 | 459 Finley Rapp | Strait Area | |
| 6 | 240 Ryland Hanrahan | Glace Bay Hi | |
| 7 | 340 Josh Lemoine | Rankin Schoo | |
| 8 | 151 Nathan Anstey | Dalbrae Acad | |
| 9 | 169 Owen Heukshorst | Dalbrae Acad | |
| 10 | 306 Ben Allain | Memorial Hig | |
| 11 | 441 Spencer Lindsay | Strait Area | |
| 12 | 116 Najim Dodd | Cape Breton | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 25 Girls 200 Meter Dash Junior

| Regional: 27.16 2010 Jessica Goswell | | | |
|---|------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Heat 1 of 2 Prelims | | | |
| 1 | 9 Kamryn Fownes | Baddeck Acad | |
| 2 | 355 Olivia Morell | Richmond Edu | |
| 3 | 278 Rita Aikens | Malcolm Munr | |
| 4 | 479 Lynleigh Parsons | Sydney Mines | |
| 5 | 289 Norah Macdonald | Malcolm Munr | |
| 6 | 502 Alexis Morgan | Tamarac Educ | |
| 7 | 296 Chloe Moore | Malcolm Munr | |
| 8 | 531 Carlee Conrad | Whycocomagh | |
| Heat 2 of 2 Prelims | | | |
| 1 | 33 Rachel Murphy | Baddeck Acad | |
| 2 | 529 Catherine Boyd | Whycocomagh | |
| 3 | 64 Anna Sigvaldason | Bayview Educ | |
| 4 | 56 Maddison MacEachern | Bayview Educ | |
| 5 | 489 Sophie Fougere | Tamarac Educ | |
| 6 | 509 Bridgette Whitty | Tamarac Educ | |
| 7 | 358 Franics Calabrese | Riverside Ed | |
| 8 | 19 Ruby Macdonald | Baddeck Acad | |

Event 26 Boys 200 Meter Dash Junior

| Regional: 25.83 2016 Broderick Murphy | | | |
|--|-----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Heat 1 of 2 Prelims | | | |
| 1 | 93 Seth Hawley | Cabot Educat | |
| 2 | 533 Felix Gesner | Whycocomagh | |
| 3 | 532 Carter Decoste | Whycocomagh | |
| 4 | 294 Connor McLean | Malcolm Munr | |
| 5 | 280 Elijah Best | Malcolm Munr | |
| 6 | 48 Bentley Cameron | Bayview Educ | |
| 7 | 52 Ashton Hawley | Bayview Educ | |
| 8 | 542 Carson Macneil-Vlassoff | Whycocomagh | |
| Heat 2 of 2 Prelims | | | |
| 1 | 95 Alister Macdonald | Cabot Educat | |
| 2 | 480 Andrew Penny | Sydney Mines | |
| 3 | 349 Leland Smith | Rankin Schoo | |
| 4 | 41 Finn Wiese | Baddeck Acad | |
| 5 | 54 Liam Macdonald | Bayview Educ | |
| 6 | 505 Gavin Roach | Tamarac Educ | |
| 7 | 25 Alex MacLeod | Baddeck Acad | |
| 8 | 488 Anthony Emad | Tamarac Educ | |

Event 27 Girls 200 Meter Dash Intermediate

| Regional: 26.60 2010 Hayley Wilson | | | |
|---|---------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Heat 1 of 2 Prelims | | | |
| 1 | 324 Julie Penney | Memorial Hig | |
| 2 | 101 Margaret Anne Rambeau | Cabot Educat | |
| 3 | 347 Kristen Redden | Rankin Schoo | |
| 4 | 175 Ella Macdonald | Dalbrae Acad | |
| 5 | 383 Ava Macdonald | Riverview Hi | |
| 6 | 453 Leila McManus | Strait Area | |
| 7 | 274 Brea Miller | Inverness Ed | |
| 8 | 249 Anna Pilling | Glace Bay Hi | |
| Heat 2 of 2 Prelims | | | |
| 1 | 250 Keely Robinson | Glace Bay Hi | |
| 2 | 428 Faith Hamilton | Strait Area | |
| 3 | 191 Breagha MacLellan | Dalbrae Acad | |
| 4 | 437 Katherine Langley | Strait Area | |
| 5 | 368 Ella Barry | Riverview Hi | |
| 6 | 401 Charley Sawlor | Riverview Hi | |
| 7 | 184 Danni MacInnis | Dalbrae Acad | |
| 8 | 140 Friederike Sarnowski | Cape Breton | |

Event 28 Boys 200 Meter Dash Intermediate

| Regional: 24.06 2010 Logan Morrison | | | |
|--|-----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Heat 1 of 2 Prelims | | | |
| 1 | 251 Darren Samuel | Glace Bay Hi | |
| 2 | 336 Nathaniel Winter | Memorial Hig | |
| 3 | 218 Jayden Aucoin | Ecole Nda | |
| 4 | 220 Mathieu Delaney | Ecole Nda | |
| 5 | 406 Elliot Todd | Riverview Hi | |
| 6 | 3 Emmett Buchanan | Baddeck Acad | |
| 7 | 385 Cohen MacIsaac | Riverview Hi | |
| 8 | 178 Kieran Macdonald | Dalbrae Acad | |
| Heat 2 of 2 Prelims | | | |
| 1 | 236 Hunter Clements-Ogilvie | Glace Bay Hi | |
| 2 | 309 Kaiden Faulkner | Memorial Hig | |
| 3 | 258 Ryan Davidson | Inverness Ed | |
| 4 | 446 Cooper MacNeil | Strait Area | |
| 5 | 110 Mark Badro | Cape Breton | |
| 6 | 172 Kyle Levesconte | Dalbrae Acad | |
| 7 | 395 Kyle Moore | Riverview Hi | |
| 8 | 456 Emmanuel Olowoleye | Strait Area | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 29 Girls 200 Meter Dash Senior

| Regional: | | 26.61 | 2010 | Chandra King | |
|----------------------------|-------------------------|--------------|-----------|--------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 1 | 247 Daniella Okhuoya | Glace Bay Hi | | | |
| 2 | 326 Essi Saari | Memorial Hig | | | |
| 3 | 154 Carly Beaton | Dalbrae Acad | | | |
| 4 | 423 Lainey Cummings | Strait Area | | | |
| 5 | 263 Caragh Kennedy | Inverness Ed | | | |
| 6 | 375 Abby Galloway | Riverview Hi | | | |
| 7 | 455 Tess Morin | Strait Area | | | |
| 8 | 470 Rowan MacLeod | Sydney Acade | | | |
| Heat 2 of 2 Prelims | | | | | |
| 2 | 146 Noa Vuillaume-Alles | Cape Breton | | | |
| 3 | 38 Maya Pinnington | Baddeck Acad | | | |
| 4 | 182 Savannah MacEachern | Dalbrae Acad | | | |
| 5 | 369 Caelan Binder | Riverview Hi | | | |
| 6 | 315 Giorgia Lavezzo | Memorial Hig | | | |
| 7 | 438 Olivia Langley | Strait Area | | | |
| 8 | 179 Olivia Macdonald | Dalbrae Acad | | | |

Event 30 Boys 200 Meter Dash Senior

| Regional: | | 23.45 | 2010 | Devin Kirton | |
|----------------------------|----------------------|--------------|-----------|--------------|--|
| Lane | Name | School | Seed Time | | |
| Heat 1 of 2 Prelims | | | | | |
| 3 | 431 Devon Hynes | Strait Area | | | |
| 4 | 127 Carson Ingraham | Cape Breton | | | |
| 5 | 377 Blake Hervé | Riverview Hi | | | |
| 6 | 474 Federico Xella | Sydney Acade | | | |
| 7 | 159 Cole Campbell | Dalbrae Acad | | | |
| 8 | 240 Ryland Hanrahan | Glace Bay Hi | | | |
| Heat 2 of 2 Prelims | | | | | |
| 3 | 443 Tyler Macdonald | Strait Area | | | |
| 4 | 207 Issac West | Dalbrae Acad | | | |
| 5 | 189 Ethan MacLean | Dalbrae Acad | | | |
| 6 | 473 Anthony Phillips | Sydney Acade | | | |
| 7 | 18 Elijah Maccormack | Baddeck Acad | | | |

Event 31 Girls 800 Meter Run Junior

| Regional: | | 2:28.29 | 5/25/2019 | Ella Bottomley | |
|------------------------------|------------------------|--------------|-----------|----------------|--|
| Lane | Name | School | Seed Time | | |
| Section 1 of 1 Finals | | | | | |
| 1 | 56 Maddison MacEachern | Bayview Educ | | | |
| 2 | 287 Jena Macaulay | Malcolm Munr | | | |
| 3 | 503 Mary Morin | Tamarac Educ | | | |
| 4 | 484 Callie Cummings | Tamarac Educ | | | |
| 5 | 53 Madelyn Hawley | Bayview Educ | | | |
| 6 | 485 Myca Cummings | Tamarac Educ | | | |
| 7 | 49 Avery Campbell | Bayview Educ | | | |
| 8 | 543 Tara Penny | Whycocomagh | | | |
| 9 | 135 Caida Miller | Cape Breton | | | |
| 10 | 288 Maggie Macdonald | Malcolm Munr | | | |
| 11 | 514 Grace Baldwin | Whitney Pier | | | |
| 12 | 20 Sadie Macdonald | Baddeck Acad | | | |
| 13 | 29 Veida Moore | Baddeck Acad | | | |
| 14 | 281 Sophia Best | Malcolm Munr | | | |
| 15 | 413 Jessa Macdonald | Sherwood Par | | | |
| 16 | 16 Catherine Lun | Baddeck Acad | | | |

Event 32 Boys 800 Meter Run Junior

| Regional: | | 2:23.98 | 2016 | Nolan Beaton | |
|------------------------------|-------------------------|------------------|-----------|--------------|--|
| Lane | Name | School | Seed Time | | |
| Section 1 of 1 Finals | | | | | |
| 1 | 54 Liam Macdonald | Bayview Educ | | | |
| 2 | 63 Sawyer Nadasdi | Bayview Educ | | | |
| 3 | 505 Gavin Roach | Tamarac Educ | | | |
| 4 | 83 Nate Pheifer | Breton Educa | | | |
| 5 | 254 Thomas Burke | Inverness Ed | | | |
| 6 | 495 Ben Landy | Tamarac Educ | | | |
| 7 | 354 Dylan Mombourquette | Richmond Edu | | | |
| 8 | 492 Carter Kersten | Tamarac Educ | | | |
| 9 | 212 Levi Hull | Dr. T.L. Sulliva | | | |
| 10 | 131 Mac MacLellan | Cape Breton | | | |
| 11 | 85 Gordon Smolensky | Breton Educa | | | |
| 12 | 282 William Clarke | Malcolm Munr | | | |
| 13 | 91 Finn Courage | Cabot Educat | | | |
| 14 | 300 Parker Reid | Malcolm Munr | | | |
| 15 | 283 Samy Fashir | Malcolm Munr | | | |
| 16 | 525 Kenzie Neville | Whitney Pier | | | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 33 Girls 800 Meter Run Intermediate

| Regional: 2:34.94 2011 | | Olivia Gowan | |
|------------------------------|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 15 Petra LeBlanc | Baddeck Acad | |
| 2 | 383 Ava Macdonald | Riverview Hi | |
| 3 | 387 Mattea MacKinnon | Riverview Hi | |
| 4 | 440 Sophie Langley | Strait Area | |
| 5 | 71 Anna Kaupp | Breton Educa | |
| 6 | 376 Allison Giorno | Riverview Hi | |
| 7 | 158 Kendall Cameron | Dalbrae Acad | |
| 8 | 199 Faith Sigvaldason | Dalbrae Acad | |
| 9 | 461 Kenzie Williams | Strait Area | |
| 10 | 153 Ally Beaton | Dalbrae Acad | |
| 11 | 452 Raya Matheson | Strait Area | |
| 12 | 68 Jessie Corbett | Breton Educa | |
| 13 | 74 Taylor Larsey | Breton Educa | |

Event 34 Boys 800 Meter Run Intermediate

| Regional: 2:12.18 2013 | | Cullen MacInnis | |
|------------------------------|----------------------------|-----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 366 Alex Arsenault | Riverview Hi | |
| 2 | 157 Jayden Cameron | Dalbrae Acad | |
| 3 | 371 Nathan Campbell | Riverview Hi | |
| 4 | 220 Mathieu Delaney | Ecole Nda | |
| 5 | 177 Hunter Macdonald | Dalbrae Acad | |
| 6 | 178 Kieran Macdonald | Dalbrae Acad | |
| 7 | 132 Will MacLellan | Cape Breton | |
| 8 | 223 Nolan LeBlanc | Ecole Nda | |
| 9 | 381 Nick Lawrence | Riverview Hi | |
| 10 | 456 Emmanuel Olowoley | Strait Area | |
| 11 | 422 Finley Chisholm-Beaton | Strait Area | |
| 12 | 82 Aiden Oliver | Breton Educa | |
| 13 | 330 Andrew Tremblay | Memorial Hig | |
| 14 | 75 Sean Maccormick | Breton Educa | |

Event 35 Girls 800 Meter Run Senior

| Regional: 2:20.92 5/21/2022 | | Ella Bottomley | |
|------------------------------|----------------------------|----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 417 Ella Bartlett | Strait Area | |
| 2 | 194 Makayla Nadasdi | Dalbrae Acad | |
| 3 | 438 Olivia Langley | Strait Area | |
| 4 | 465 Lily Bottomly | Sydney Acade | |
| 5 | 378 Madeline Kelly | Riverview Hi | |
| 6 | 421 Alexis Chisholm-Beaton | Strait Area | |
| 7 | 323 Cheyenne Penney | Memorial Hig | |
| 8 | 193 Hannah Nadasdi | Dalbrae Acad | |

Event 36 Boys 800 Meter Run Senior

| Regional: 2:07.68 2016 | | Cullen MacInnis | |
|------------------------------|---------------------|-----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 472 Nolan Neville | Sydney Acade | |
| 2 | 380 Marcus Kelly | Riverview Hi | |
| 3 | 313 Malcolm Hull | Memorial Hig | |
| 4 | 240 Ryland Hanrahan | Glance Bay Hi | |
| 5 | 459 Finley Rapp | Strait Area | |
| 6 | 402 Aidan Stanwick | Riverview Hi | |
| 7 | 169 Owen Heukshorst | Dalbrae Acad | |
| 8 | 151 Nathan Anstey | Dalbrae Acad | |
| 9 | 454 Connor Morel | Strait Area | |
| 10 | 340 Josh Lemoine | Rankin Schoo | |
| 11 | 180 Quinn Macdonald | Dalbrae Acad | |
| 12 | 72 Nicholas Kearney | Breton Educa | |
| 13 | 441 Spencer Lindsay | Strait Area | |

Event 37 Girls 4x100 Meter Relay Junior

| Regional: 55.92 2011 | | Bayview | |
|------------------------------|----------------------------|--------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 2 Finals | | | |
| 2 | Whycocomagh | B | |
| 3 | Malcolm Munr | B | |
| | 1) #279 Amelia Bates | 2) #285 Lindsay Hennick | |
| | 3) #297 Chloe Mugford | 4) #295 Brielle Moffatt | |
| 4 | Baddeck Acad | B | |
| | 1) #8 Charley Deveaux | 2) #16 Catherine Lun | |
| | 3) #4 Alli Campbell | 4) #17 Kennedy Macaskill | |
| 5 | Tamarac Educ | A | |
| 6 | Malcolm Munr | C | |
| | 1) #293 Alex MacNeil | 2) #301 Audrey Todd | |
| | 3) #296 Chloe Moore | 4) #281 Sophia Best | |
| 7 | Bayview Educ | A | |
| | 1) #56 Maddison MacEachern | 2) #64 Anna Sigvaldason | |
| | 3) #49 Avery Campbell | 4) #53 Madelyn Hawley | |
| 8 | Baddeck Acad | A | |
| | 1) #33 Rachel Murphy | 2) #9 Kamryn Fownes | |
| | 3) #19 Ruby Macdonald | 4) #30 Bridget Morrison | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Section 2 of 2 Finals...(Event 37 Girls 4x100 Meter Relay Junior)

| | | | |
|---|-------------------------------|---|--------------------------|
| 1 | Sydney Mines | A | |
| | 1) #481 Isabella Penny | | 2) #477 Kylie Keeping |
| | 3) #476 Herridge Emily | | 4) #479 Lynleigh Parsons |
| 2 | Whycocomagh | A | |
| | 1) #546 Scotia Van Den Heuvel | | 2) #529 Catherine Boyd |
| | 3) #539 Gracie Kenny | | 4) #538 Veronica Kennedy |
| 3 | Cape Breton | A | |
| | 1) #119 Harmony Fortune | | 2) #124 Ally Hart |
| | 3) #115 Marley Coady | | 4) #142 Alexa Shaw |
| 4 | Whitney Pier | A | |
| | 1) #521 Jordyn MacKinnon | | 2) #523 Kate Morgan |
| | 3) #514 Grace Baldwin | | 4) #527 Maebella Scott |
| 5 | Richmond Edu | A | |
| | 1) #353 Charley Martell | | 2) #356 Josie Munroe |
| | 3) #355 Olivia Morell | | 4) #352 Quinn Marchand |
| 6 | Malcolm Munr | A | |
| | 1) #302 Zoe Wilson | | 2) #289 Norah Macdonald |
| | 3) #287 Jena Macaulay | | 4) #278 Rita Aikens |
| 7 | Inverness Ed | A | |
| | 1) #261 Ainslie Fraser | | 2) #275 Emily Nickerson |
| | 3) #276 Taylor Pringle | | 4) #272 Tessa MacKinnon |

Event 38 Boys 4x100 Meter Relay Junior

| | | | | |
|------------------------------|-----------------------------|--------------|------------------------------|------------------|
| | Regional: | 51.52 | 2016 | Bayview |
| Lane | Team | | | Relay |
| | | | | Seed Time |
| Section 1 of 2 Finals | | | | |
| 3 | Whycocomagh | | | A |
| | 1) #535 Gibi Glaze-Diouf | | 2) #540 Liam Macdonald | |
| | 3) #532 Carter Decoste | | 4) #536 Peyton Googoo | |
| 4 | Whitney Pier | | | A |
| | 1) #517 Lucas Holloway | | 2) #516 Brady Gillis-Jessome | |
| | 3) #522 Ethan Miller | | 4) #513 Luke Andrea | |
| 5 | Inverness Ed | | | A |
| | 1) #254 Thomas Burke | | 2) #260 Eli Forance | |
| | 3) #265 Alex Dan Macdonnell | | 4) #268 Alex MacGillivray | |
| 6 | Cabot Educat | | | A |
| | 1) #97 Hughie McLellan | | 2) #98 Parker McLellan | |
| | 3) #94 Noah Lemieux | | 4) #93 Seth Hawley | |
| 7 | Malcolm Munr | | | B |
| | 1) #290 Jackson MacLellan | | 2) #282 William Clarke | |
| | 3) #283 Samy Fashir | | 4) #300 Parker Reid | |

Section 2 of 2 Finals

| | | | |
|---|------------------------|---|--------------------------|
| 3 | Bayview Educ | A | |
| | 1) #48 Bentley Cameron | | 2) #54 Liam Macdonald |
| | 3) #44 Drew Beaton | | 4) #50 Ethan Gillis |
| 4 | Malcolm Munr | A | |
| | 1) #294 Connor McLean | | 2) #291 Liam MacLeod |
| | 3) #280 Elijah Best | | 4) #292 Marty MacLeod |
| 5 | Tamarac Educ | A | |
| 6 | Breton Educa | A | |
| | 1) #80 Jake MacNeil | | 2) #83 Nate Pheifer |
| | 3) #66 Setor Atiwu | | 4) #69 Cooper Crosby |
| 7 | Baddeck Acad | A | |
| | 1) #25 Alex MacLeod | | 2) #41 Finn Wiese |
| | 3) #32 Finlay Mullins | | 4) #21 Lawson MacEachern |

Event 39 Girls 4x100 Meter Relay Intermediate

| | | | | |
|------------------------------|---------------------------|--------------|--------------------------------|------------------|
| | Regional: | 54.53 | 2010 | Dalbrae |
| Lane | Team | | | Relay |
| | | | | Seed Time |
| Section 1 of 2 Finals | | | | |
| 3 | Riverview Hi | | | A |
| 4 | Rankin Schoo | | | A |
| 5 | Baddeck Acad | | | A |
| | 1) #40 Calleigh Wiese | | 2) #42 Madeleine Wiese | |
| | 3) #10 Nora Fownes | | 4) #11 Abigail Gale-Macmillian | |
| 6 | Inverness Ed | | | A |
| | 1) #274 Brea Miller | | 2) #270 Mary Mackay | |
| | 3) #277 Katherine Winters | | 4) #264 Reina Macarthur | |

Section 2 of 2 Finals

| | | | |
|---|---------------------------|---|------------------------|
| 2 | Breton Educa | A | |
| | 1) #48 Jessie Corbett | | 2) #71 Anna Kaupp |
| | 3) #74 Taylor Larsey | | 4) #84 Neely Pheifer |
| 3 | Cape Breton | A | |
| | 1) #134 Claire Macpherson | | 2) #138 Hannah Ross |
| | 3) #121 Meara Gibbon | | 4) #137 Briley Romard |
| 4 | Strait Area | A | |
| 5 | Memorial Hig | A | |
| 6 | Dalbrae Acad | A | |
| | 1) #191 Breagha MacLellan | | 2) #184 Danni MacInnis |
| | 3) #181 Violet Macdonald | | 4) #175 Ella Macdonald |

Event 40 Boys 4x100 Meter Relay Intermediate

| | | | | |
|------------------------------|---------------------------|--------------|-------------------------|------------------|
| | Regional: | 49.15 | 2013 | Saerc |
| Lane | Team | | | Relay |
| | | | | Seed Time |
| Section 1 of 2 Finals | | | | |
| 2 | Strait Area | | | A |
| 3 | Dalbrae Acad | | | A |
| | 1) #178 Kieran Macdonald | | 2) #157 Jayden Cameron | |
| | 3) #177 Hunter Macdonald | | 4) #206 Olan Vanzutphen | |
| 4 | Memorial Hig | | | A |
| 5 | Inverness Ed | | | A |
| | 1) #258 Ryan Davidson | | 2) #259 Logan Evans | |
| | 3) #266 Hector MacEachern | | 4) #255 Keltin Campbell | |
| 6 | Breton Educa | A | | |
| | 1) #78 Jake MacKinnon | | 2) #75 Sean Maccormick | |
| | 3) #82 Aiden Oliver | | 4) #87 Jacob Usher | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Section 2 of 2 Finals...(Event 40 Boys 4x100 Meter Relay Intermediat

| | | |
|----|-----------------------|------------------------|
| 2 | Ecole Nda | A |
| 1) | #218 Jayden Aucoin | 2) #224 Jake Poirier |
| 3) | #220 Mathieu Delaney | 4) #223 Nolan LeBlanc |
| 3 | Cape Breton | A |
| 1) | #117 Mason Doucet | 2) #132 Will MacLellan |
| 3) | #118 German Fernandez | 4) #110 Mark Badro |
| 4 | Baddeck Acad | A |
| 1) | #22 Jack MacInnis | 2) #3 Emmett Buchanan |
| 3) | #31 Luke Morrison | 4) #26 Zachary MacRae |
| 5 | Riverview Hi | A |

Event 41 Girls 4x100 Meter Relay Senior

| Regional: 53.43 2015 | | Dalbrae | |
|----------------------|------|---------|-----------|
| Lane | Team | Relay | Seed Time |

Section 1 of 2 Finals

| | | |
|----|------------------------|-----------------------------|
| 2 | Strait Area | A |
| 3 | Rankin Schoo | A |
| 4 | Memorial Hig | A |
| 5 | Sydney Acade | A |
| 6 | Dalbrae Acad | A |
| 1) | #179 Olivia Macdonald | 2) #182 Savannah MacEachern |
| 3) | #193 Hannah Nadasdi | 4) #163 Hayley Ellis |
| 7 | Inverness Ed | A |
| 1) | #271 Chrissy MacKinnon | 2) #256 Angela Chranofsky |
| 3) | #262 Elena Giannini | 4) #263 Caragh Kennedy |

Section 2 of 2 Finals

| | | |
|----|-----------------------|-----------------------------|
| 2 | Riverview Hi | A |
| 3 | Baddeck Acad | A |
| 1) | #14 Elsie Latwaitis | 2) #6 Tara Cox |
| 3) | #27 Wren Matheson | 4) #38 Maya Pinnington |
| 4 | Breton Educa | A |
| 1) | #77 Ava MacKinnon | 2) #81 Meghan Muise |
| 3) | #67 Emily Burke | 4) #70 Taylor Hurley |
| 5 | Cape Breton | A |
| 1) | #122 Fleur Hanin | 2) #146 Noa Vuillaume-Alles |
| 3) | #141 Cecilia Sartoria | 4) #120 Madison Gale |
| 6 | Glace Bay Hi | A |
| 1) | #247 Daniella Okhuoya | 2) #244 Luna Nickel |
| 3) | #243 Joy Mwakilima | 4) #239 Cyriel Hamoir |
| 7 | Cabot Educat | A |
| 1) | #88 Peyton Barron | 2) #106 Tina Timmons |
| 3) | #96 Emma MacKinnon | 4) #105 Jenell Timmons |

Event 42 Boys 4x100 Meter Relay Senior

| Regional: 46.91 2015 | | Saerc | |
|------------------------------|----------------------|--------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 2 | Strait Area | A | |
| 3 | Riverview Hi | A | |
| 4 | Sydney Acade | A | |
| 5 | Dalbrae Acad | A | |
| 1) | #189 Ethan MacLean | 2) #207 Issac West | |
| 3) | #159 Cole Campbell | 4) #174 Ben Macdonald | |
| 6 | Memorial Hig | A | |
| 7 | Cape Breton | A | |
| 1) | #127 Carson Ingraham | 2) #113 Mason Carmichael | |
| 3) | #139 Liam Ross | 4) #129 Jordan LeFort | |

Event 43 Girls 3000 Meter Run Junior

| Regional: 10:56.40 5/25/2019 | | Ella Bottomley | |
|------------------------------|----------------------|----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 60 Julia MacLellan | Bayview Educ | |
| 2 | 104 Micah Stockley | Cabot Educat | |
| 3 | 287 Jena Macaulay | Malcolm Munr | |
| 4 | 286 Avery Kelloway | Malcolm Munr | |
| 5 | 47 Isabel Calder | Bayview Educ | |
| 6 | 493 Summer Kersten | Tamarac Educ | |
| 7 | 45 Jessie Beaton | Bayview Educ | |
| 8 | 360 Brenna Hussey | Riverside Ed | |
| 9 | 483 Kate Boudreau | Tamarac Educ | |
| 10 | 523 Kate Morgan | Whitney Pier | |
| 11 | 477 Kylie Keeping | Sydney Mines | |
| 12 | 288 Maggie Macdonald | Malcolm Munr | |
| 13 | 543 Tara Penny | Whycocomagh | |
| 14 | 501 Amy Mariner | Tamarac Educ | |
| 15 | 135 Caida Miller | Cape Breton | |
| 16 | 92 Leanne Fricker | Cabot Educat | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 44 Boys 3000 Meter Run Junior

| Regional: 10:35.78 2011 | | Cullen MacInnis | |
|------------------------------|-------------------------|-----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 283 Samy Fashir | Malcolm Munr | |
| 2 | 63 Sawyer Nadasdi | Bayview Educ | |
| 3 | 50 Ethan Gillis | Bayview Educ | |
| 4 | 282 William Clarke | Malcolm Munr | |
| 5 | 354 Dylan Mombourquette | Richmond Edu | |
| 6 | 131 Mac MacLellan | Cape Breton | |
| 7 | 284 Neil Giorno | Malcolm Munr | |
| 8 | 520 Sam MacIsaac | Whitney Pier | |
| 9 | 541 Ian MacLennan | Whycocomagh | |
| 10 | 80 Jake MacNeil | Breton Educa | |
| 11 | 492 Carter Kersten | Tamarac Educ | |
| 12 | 85 Gordon Smolensky | Breton Educa | |
| 13 | 475 Wiliam Allain | Sydney Mines | |
| 14 | 519 Rorey Macaulay | Whitney Pier | |
| 15 | 94 Noah Lemieux | Cabot Educat | |
| 16 | 254 Thomas Burke | Inverness Ed | |
| 17 | 499 Nolan MacNeil | Tamarac Educ | |
| 18 | 486 Blake Ding | Tamarac Educ | |
| 19 | 55 Lincoln Macdonald | Bayview Educ | |

Event 45 Girls 3000 Meter Run Intermediate

| Regional: 11:53.14 2013 | | Emily MacKay | |
|------------------------------|-----------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 15 Petra LeBlanc | Baddeck Acad | |
| 2 | 165 Uxia Fernandez | Dalbrae Acad | |
| 3 | 376 Allison Giorno | Riverview Hi | |
| 4 | 440 Sophie Langley | Strait Area | |
| 5 | 379 Maggie Kelly | Riverview Hi | |
| 6 | 199 Faith Sigvaldason | Dalbrae Acad | |
| 7 | 387 Mattea MacKinnon | Riverview Hi | |
| 8 | 155 Charity Bernard | Dalbrae Acad | |
| 9 | 71 Anna Kaupp | Breton Educa | |
| 10 | 435 Brooklyn Kersten | Strait Area | |
| 11 | 74 Taylor Larsey | Breton Educa | |
| 12 | 321 Violet McLaughlin | Memorial Hig | |
| 13 | 68 Jessie Corbett | Breton Educa | |

Event 46 Boys 3000 Meter Run Intermediate

| Regional: 10:03.94 2011 | | Kyle Lefort | |
|------------------------------|----------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 109 Devonn Akilak | Cape Breton | |
| 2 | 82 Aiden Oliver | Breton Educa | |
| 3 | 132 Will MacLellan | Cape Breton | |
| 4 | 75 Sean Maccormick | Breton Educa | |
| 5 | 422 Finley Chisholm-Beaton | Strait Area | |
| 6 | 195 Grant Rankin | Dalbrae Acad | |
| 7 | 374 Craig Duchesne | Riverview Hi | |
| 8 | 156 Joseph Brushett | Dalbrae Acad | |
| 9 | 418 Luke Boudreau | Strait Area | |
| 10 | 305 Martin Alderson | Memorial Hig | |
| 11 | 444 Luke Macdonell | Strait Area | |
| 12 | 218 Jayden Aucoin | Ecole Nda | |
| 13 | 371 Nathan Campbell | Riverview Hi | |

Event 47 Girls 3000 Meter Run Senior

| Regional: 10:53.78 2013 | | Rachyl MacPhail | |
|------------------------------|---------------------|-----------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 14 Elsie Latwaitis | Baddeck Acad | |
| 2 | 122 Fleur Hanin | Cape Breton | |
| 3 | 417 Ella Bartlett | Strait Area | |
| 4 | 378 Madeline Kelly | Riverview Hi | |
| 5 | 198 Lily Saleenbien | Dalbrae Acad | |
| 6 | 465 Lily Bottomly | Sydney Acade | |

Event 48 Boys 3000 Meter Run Senior

| Regional: 9:47.81 5/25/2019 | | Nolan Beaton | |
|------------------------------|------------------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | 86 James Sweeney | Breton Educa | |
| 2 | 169 Owen Heukshorst | Dalbrae Acad | |
| 3 | 472 Nolan Neville | Sydney Acade | |
| 4 | 441 Spencer Lindsay | Strait Area | |
| 5 | 72 Nicholas Kearney | Breton Educa | |
| 6 | 468 Sebastiano Gabassi | Sydney Acade | |
| 7 | 306 Ben Allain | Memorial Hig | |
| 8 | 340 Josh Lemoine | Rankin Schoo | |
| 9 | 459 Finley Rapp | Strait Area | |
| 10 | 380 Marcus Kelly | Riverview Hi | |
| 11 | 201 Racca Tomasso | Dalbrae Acad | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 49 Girls 4x400 Meter Relay Junior

| Regional: 4:50.52 2011 | | Bayview | |
|------------------------------|-------------------------------|--------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 2 Finals | | | |
| 3 | Baddeck Acad | A | |
| | 1) #9 Kamryn Fownes | 2) #8 Charley Deveaux | |
| | 3) #29 Veida Moore | 4) #30 Bridget Morrison | |
| 4 | Whitney Pier | A | |
| | 1) #514 Grace Baldwin | 2) #523 Kate Morgan | |
| | 3) #526 Lyla Penny | 4) #521 Jordyn MacKinnon | |
| 5 | Bayview Educ | A | |
| | 1) #56 Maddison MacEachern | 2) #53 Madelyn Hawley | |
| | 3) #59 Summer MacLean | 4) #58 Belle MacLean | |
| 6 | Whycocomagh | B | |
| 7 | Sydney Mines | A | |
| | 1) #481 Isabella Penny | 2) #477 Kylie Keeping | |
| | 3) #476 Herridge Emily | 4) #479 Lynleigh Parsons | |
| Section 2 of 2 Finals | | | |
| 3 | Whycocomagh | A | |
| | 1) #546 Scotia Van Den Heuvel | 2) #538 Veronica Kennedy | |
| | 3) #539 Gracie Kenny | 4) #529 Catherine Boyd | |
| 4 | Tamarac Educ | A | |
| 5 | Cape Breton | A | |
| | 1) #143 Ellouise Shaw | 2) #124 Ally Hart | |
| | 3) #123 Ainslea Hart | 4) #145 Madelyn Vallis | |
| 6 | Malcolm Munr | A | |
| | 1) #297 Chloe Mugford | 2) #281 Sophia Best | |
| | 3) #285 Lindsay Hennick | 4) #296 Chloe Moore | |

Event 50 Boys 4x400 Meter Relay Junior

| Regional: 4:16.34 2015 | | Whycocomagh | |
|------------------------------|---------------------------|-------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | Tamarac Educ | A | |
| 2 | Bayview Educ | A | |
| | 1) #54 Liam Macdonald | 2) #52 Ashton Hawley | |
| | 3) #63 Sawyer Nadasdi | 4) #50 Ethan Gillis | |
| 3 | Cabot Educat | A | |
| | 1) #91 Finn Courage | 2) #107 Finn Watt | |
| | 3) #94 Noah Lemieux | 4) #97 Hughie McLellan | |
| 4 | Whycocomagh | A | |
| | 1) #535 Gibi Glaze-Diouf | 2) #532 Carter Decoste | |
| | 3) #540 Liam Macdonald | 4) #536 Peyton Googoo | |
| 5 | Whitney Pier | A | |
| | 1) #525 Kenzie Neville | 2) #524 Nolan Murphy | |
| | 3) #522 Ethan Miller | 4) #513 Luke Andrea | |
| 6 | Malcolm Munr | A | |
| | 1) #290 Jackson MacLellan | 2) #283 Samy Fashir | |
| | 3) #300 Parker Reid | 4) #282 William Clarke | |
| 7 | Breton Educa | A | |
| | 1) #83 Nate Pheifer | 2) #85 Gordon Smolensky | |
| | 3) #73 Carter Krul | 4) #80 Jake MacNeil | |

Event 51 Girls 4x400 Meter Relay Intermediate

| Regional: 4:47.33 5/25/2019 | | Dalbrae Academy | |
|------------------------------|---------------------------|---------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 1 | Memorial Hig | A | |
| 2 | Baddeck Acad | A | |
| | 1) #40 Calleigh Wiese | 2) #42 Madeleine Wiese | |
| | 3) #10 Nora Fownes | 4) #13 Lillian Johnston | |
| 3 | Cape Breton | A | |
| | 1) #134 Claire Macpherson | 2) #138 Hannah Ross | |
| | 3) #121 Meara Gibbon | 4) #137 Briley Romard | |
| 4 | Breton Educa | A | |
| | 1) #68 Jessie Corbett | 2) #71 Anna Kaupp | |
| | 3) #74 Taylor Larsey | 4) #84 Neely Pheifer | |
| 5 | Riverview Hi | A | |
| 6 | Strait Area | A | |
| 7 | Dalbrae Acad | A | |
| | 1) #191 Breagha MacLellan | 2) #184 Danni MacInnis | |
| | 3) #175 Ella Macdonald | 4) #199 Faith Sigvaldason | |

Event 52 Boys 4x400 Meter Relay Intermediate

| Regional: 4:00.04 2010 | | Sydney Academy | |
|------------------------------|------------------------|--------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 2 | Memorial Hig | A | |
| 3 | Strait Area | A | |
| 4 | Dalbrae Acad | A | |
| | 1) #202 Sam Trenholm | 2) #178 Kieran Macdonald | |
| | 3) #157 Jayden Cameron | 4) #173 Aiden Macdonald | |
| 5 | Breton Educa | A | |
| | 1) #78 Jake MacKinnon | 2) #75 Sean Maccormick | |
| | 3) #82 Aiden Oliver | 4) #87 Jacob Usher | |
| 6 | Riverview Hi | A | |

Event 53 Girls 4x400 Meter Relay Senior

| Regional: 4:37.17 2015 | | Dalbrae | |
|------------------------------|-----------------------------|------------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 2 | Sydney Acade | A | |
| 3 | Baddeck Acad | A | |
| | 1) #14 Elsie Latwaitis | 2) #6 Tara Cox | |
| | 3) #27 Wren Matheson | 4) #38 Maya Pinnington | |
| 4 | Breton Educa | A | |
| | 1) #77 Ava MacKinnon | 2) #81 Meghan Muise | |
| | 3) #67 Emily Burke | 4) #70 Taylor Hurley | |
| 5 | Strait Area | A | |
| 6 | Dalbrae Acad | A | |
| | 1) #194 Makayla Nadasdi | 2) #205 Ava Vanzutphen | |
| | 3) #182 Savannah MacEachern | 4) #193 Hannah Nadasdi | |
| 7 | Memorial Hig | A | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 54 Boys 4x400 Meter Relay Senior

| Regional: 3:51.64 2013 | | Sydney Academy | |
|------------------------------|----------------------|-----------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section 1 of 1 Finals | | | |
| 3 | Sydney Acade | A | |
| 4 | Dalbrae Acad | A | |
| | 1) #152 Ronan Austin | 2) #159 Cole Campbell | |
| | 3) #207 Issac West | 4) #151 Nathan Anstey | |
| 5 | Strait Area | A | |
| 6 | Memorial Hig | A | |

Event 55 Girls Long Jump Junior

| Regional: 4.70m 1991 | | Lisa Murray | |
|-----------------------------|----------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 214 Malia Miller | Dr. T.L. Sulliva | |
| 2 | 408 Morgan Campbell | Sherwood Par | |
| 3 | 56 Maddison MacEachern | Bayview Educ | |
| 4 | 210 Lexi Greene | Dr. T.L. Sulliva | |
| 5 | 234 Jaylynn Stevens | Eskasoni Element | |
| 6 | 227 Patience Doucette | Eskasoni Element | |
| 7 | 341 Caeley MacKenzie | Rankin Schoo | |
| 8 | 546 Scotia Van Den Heuvel | Whycocomagh | |
| 9 | 229 Lainey Francis | Eskasoni Element | |
| 10 | 19 Ruby Macdonald | Baddeck Acad | |
| 11 | 76 Jaedyn MacKenzie | Breton Educa | |
| 12 | 503 Mary Morin | Tamarac Educ | |
| 13 | 413 Jessa Macdonald | Sherwood Par | |
| 14 | 415 Ella Mills | Sherwood Par | |
| 15 | 148 Charley Bourgeois-Best | Centre Scol. | |
| 16 | 295 Brielle Moffatt | Malcolm Munr | |
| 17 | 65 Jayla Andrews | Breton Educa | |
| 18 | 538 Veronica Kennedy | Whycocomagh | |
| 19 | 281 Sophia Best | Malcolm Munr | |
| 20 | 514 Grace Baldwin | Whitney Pier | |
| 21 | 8 Charley Deveaux | Baddeck Acad | |
| 22 | 344 Olivia R MacNeil | Rankin Schoo | |
| 23 | 114 Molly Chiasson | Cape Breton | |
| 24 | 491 Rebecca Keefe | Tamarac Educ | |
| 25 | 92 Leanne Fricker | Cabot Educat | |
| 26 | 58 Belle MacLean | Bayview Educ | |
| 27 | 33 Rachel Murphy | Baddeck Acad | |
| 28 | 365 Alana Starzyczny | Riverside Ed | |
| 29 | 102 Layla Robinson | Cabot Educat | |
| 30 | 289 Norah Macdonald | Malcolm Munr | |
| 31 | 521 Jordyn MacKinnon | Whitney Pier | |
| 32 | 539 Gracie Kenny | Whycocomagh | |

Event 56 Boys Long Jump Junior

| Regional: 5.10m 1997 | | Luke MacKinnon | |
|-----------------------------|-----------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 412 Jayce Macdonald | Sherwood Par | |
| 2 | 136 Hazen Parsons | Cape Breton | |
| 3 | 66 Setor Atiawu | Breton Educa | |
| 4 | 23 Blaze MacKenzie | Baddeck Acad | |
| 5 | 410 Calyx Cruz | Sherwood Par | |
| 6 | 517 Lucas Holloway | Whitney Pier | |
| 7 | 94 Noah Lemieux | Cabot Educat | |
| 8 | 291 Liam MacLeod | Malcolm Munr | |
| 9 | 149 Jacob Sexton | Centre Scol. | |
| 10 | 85 Gordon Smolensky | Breton Educa | |
| 11 | 280 Elijah Best | Malcolm Munr | |
| 12 | 363 Patrick Macneil-Macguig | Riverside Ed | |
| 13 | 478 Cole MacKenzie | Sydney Mines | |
| 14 | 91 Finn Courage | Cabot Educat | |
| 15 | 232 Tavyn Kabatya | Eskasoni Element | |
| 16 | 294 Connor McLean | Malcolm Munr | |
| 17 | 108 Donovan Westhaver | Cabot Educat | |
| 18 | 536 Peyton Googoo | Whycocomagh | |
| 19 | 209 Hudson Crowther | Dr. T.L. Sulliva | |
| 20 | 409 Luka Church | Sherwood Par | |
| 21 | 73 Carter Krul | Breton Educa | |
| 22 | 490 Caden Jesso | Tamarac Educ | |
| 23 | 516 Brady Gillis-Jessome | Whitney Pier | |
| 24 | 487 Charles Eager | Tamarac Educ | |
| 25 | 43 Reid Anstey | Bayview Educ | |
| 26 | 540 Liam Macdonald | Whycocomagh | |
| 27 | 230 Pavel Gould | Eskasoni Element | |
| 28 | 147 Dylen Barry | Centre Scol. | |
| 29 | 528 Max Bernard | Whycocomagh | |
| 30 | 226 Lenny Denny | Eskasoni Element | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 57 Girls Long Jump Intermediate

| Regional: 5.09m 2011 Haley Wilson | | | |
|-----------------------------------|-------------------------|---------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 274 Brea Miller | Inverness Ed | |
| 2 | 342 Maren MacKenzie | Rankin Schoo | |
| 3 | 467 Ava Carew | Sydney Acade | |
| 4 | 396 Rachel Moore | Riverview Hi | |
| 5 | 351 Marley Whyte | Rankin Schoo | |
| 6 | 28 Fern Moore | Baddeck Acad | |
| 7 | 71 Anna Kaupp | Breton Educa | |
| 8 | 68 Jessie Corbett | Breton Educa | |
| 9 | 393 Bailey McKay | Riverview Hi | |
| 10 | 252 Emmanuella Samuel | Glance Bay Hi | |
| 11 | 170 Addison Kennedy | Dalbrae Acad | |
| 12 | 138 Hannah Ross | Cape Breton | |
| 13 | 368 Ella Barry | Riverview Hi | |
| 14 | 137 Briley Romard | Cape Breton | |
| 15 | 321 Violet McLaughlin | Memorial Hig | |
| 16 | 171 Jaelyn Kenny | Dalbrae Acad | |
| 17 | 310 Dana Ganter | Memorial Hig | |
| 18 | 204 Annika Vanzutphen | Dalbrae Acad | |
| 19 | 345 Emma Macneil-Gushue | Rankin Schoo | |
| 20 | 437 Katherine Langley | Strait Area | |
| 21 | 460 Brooke Wadden | Strait Area | |
| 22 | 36 Jennasey Pierro | Baddeck Acad | |

Event 58 Boys Long Jump Intermediate

| Regional: 6.03m 2010 Logan Morrison | | | |
|-------------------------------------|-----------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 128 Nevin Ingraham-Phillips | Cape Breton | |
| 2 | 235 Steven Whitall | Eskasoni Element | |
| 3 | 436 Will Langdon | Strait Area | |
| 4 | 24 Colten MacKenzie | Baddeck Acad | |
| 5 | 398 Clark Reid | Riverview Hi | |
| 6 | 374 Craig Duchesne | Riverview Hi | |
| 7 | 75 Sean Maccormick | Breton Educa | |
| 8 | 343 Angus Hughie MacLean | Rankin Schoo | |
| 9 | 228 Andrew Francis | Eskasoni Element | |
| 10 | 236 Hunter Clements-Ogilvie | Glance Bay Hi | |
| 11 | 172 Kyle Levesconte | Dalbrae Acad | |
| 12 | 78 Jake MacKinnon | Breton Educa | |
| 13 | 309 Kaiden Faulkner | Memorial Hig | |
| 14 | 110 Mark Badro | Cape Breton | |
| 15 | 82 Aiden Oliver | Breton Educa | |
| 16 | 117 Mason Doucet | Cape Breton | |
| 17 | 320 Gaike Marsh | Memorial Hig | |
| 18 | 185 John Hughie MacInnis | Dalbrae Acad | |
| 19 | 316 Nolan Lefrense | Memorial Hig | |
| 20 | 327 Matthew Stephenson-Gea | Memorial Hig | |
| 21 | 446 Cooper MacNeil | Strait Area | |
| 22 | 206 Olan Vanzutphen | Dalbrae Acad | |
| 23 | 26 Zachary MacRae | Baddeck Acad | |

Event 59 Girls Long Jump Senior

| Regional: 5.21m 2016 Baillee Marcott | | | |
|--------------------------------------|----------------------------|---------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 81 Meghan Muise | Breton Educa | |
| 2 | 239 Cyriel Hamoir | Glance Bay Hi | |
| 3 | 466 Gillian Bungay | Sydney Acade | |
| 4 | 346 Cora Merchant | Rankin Schoo | |
| 5 | 348 Carlotta Riedl | Rankin Schoo | |
| 6 | 179 Olivia Macdonald | Dalbrae Acad | |
| 7 | 421 Alexis Chisholm-Beaton | Strait Area | |
| 8 | 455 Tess Morin | Strait Area | |
| 9 | 339 Asher Lemoine | Rankin Schoo | |
| 10 | 205 Ava Vanzutphen | Dalbrae Acad | |
| 11 | 510 Makayla Googoo | Wagmatcookew | |
| 12 | 263 Caragh Kennedy | Inverness Ed | |
| 13 | 106 Tina Timmons | Cabot Educat | |
| 14 | 247 Daniella Okhuoya | Glance Bay Hi | |
| 15 | 470 Rowan MacLeod | Sydney Acade | |
| 16 | 67 Emily Burke | Breton Educa | |
| 17 | 6 Tara Cox | Baddeck Acad | |
| 18 | 303 Emma Morrison | Margaree Chr | |
| 19 | 105 Jenell Timmons | Cabot Educat | |
| 20 | 331 Nina Vanbeek | Memorial Hig | |
| 21 | 182 Savannah MacEachern | Dalbrae Acad | |
| 22 | 77 Ava MacKinnon | Breton Educa | |
| 23 | 315 Giorgia Lavezzo | Memorial Hig | |
| 24 | 433 Abbey Keeping | Strait Area | |
| 25 | 323 Cheyenne Penney | Memorial Hig | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 60 Boys Long Jump Senior

| Regional: 6.55m 5/24/2019 Dante Isadore | | | |
|---|-------------------------|---------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 100 Connor Phee-Donovan | Cabot Educat | |
| 2 | 511 Kingston Peck | Wagmatcookew | |
| 3 | 241 Pierce Hutchings | Glance Bay Hi | |
| 4 | 248 Ty Oliver | Glance Bay Hi | |
| 5 | 162 Nicky Dunphy | Dalbrae Acad | |
| 6 | 130 Ciaran Macdonald | Cape Breton | |
| 7 | 253 Dylin White | Glance Bay Hi | |
| 8 | 454 Connor Morel | Strait Area | |
| 9 | 139 Liam Ross | Cape Breton | |
| 10 | 469 Shane Greenhorn | Sydney Acade | |
| 11 | 473 Anthony Phillips | Sydney Acade | |
| 12 | 79 Luke MacKinnon | Breton Educa | |
| 13 | 340 Josh Lemoine | Rankin Schoo | |
| 14 | 329 Hunter Timbury | Memorial Hig | |
| 15 | 312 Gavin Hawkins | Memorial Hig | |
| 16 | 304 Nathan Morrison | Margaree Chr | |
| 17 | 443 Tyler Macdonald | Strait Area | |
| 18 | 447 Nolan MacNeil | Strait Area | |
| 19 | 333 Shane Viva | Memorial Hig | |
| 20 | 190 Neil MacLean | Dalbrae Acad | |
| 21 | 377 Blake Hervé | Riverview Hi | |
| 22 | 463 Ben Applin | Sydney Acade | |

Event 61 Girls High Jump 1.15m Junior

| Regional: 1.52m 1994 Shannon Bande-Ven | | | |
|--|----------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 148 Charley Bourgeois-Best | Centre Scol. | |
| 2 | 275 Emily Nickerson | Inverness Ed | |
| 3 | 530 Skylar Condo | Whycocomagh | |
| 4 | 355 Olivia Morell | Richmond Edu | |
| 5 | 295 Brielle Moffatt | Malcolm Munn | |
| 6 | 527 Maebella Scott | Whitney Pier | |
| 7 | 529 Catherine Boyd | Whycocomagh | |
| 8 | 287 Jena Macaulay | Malcolm Munn | |
| 9 | 301 Audrey Todd | Malcolm Munn | |
| 10 | 364 Isabella Ryan | Riverside Ed | |
| 11 | 210 Lexi Greene | Dr. T.L. Sulliva | |
| 12 | 58 Belle MacLean | Bayview Educ | |
| 13 | 111 Quinn Bishop | Cape Breton | |
| 14 | 64 Anna Sigvaldason | Bayview Educ | |
| 15 | 515 Jordyn Chaisson | Whitney Pier | |
| 16 | 496 Marcy Langdon | Tamarac Educ | |

Event 62 Boys High Jump 1.25m Junior

| Regional: 1.63m 1993 Gordon Gillis | | | |
|------------------------------------|----------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 280 Elijah Best | Malcolm Munn | |
| 2 | 85 Gordon Smolensky | Breton Educa | |
| 3 | 83 Nate Pheifer | Breton Educa | |
| 4 | 136 Hazen Parsons | Cape Breton | |
| 5 | 57 Malcolm MacInnis | Bayview Educ | |
| 6 | 69 Cooper Crosby | Breton Educa | |
| 7 | 482 Mohammed Al-Awad | Tamarac Educ | |
| 8 | 209 Hudson Crowther | Dr. T.L. Sulliva | |
| 9 | 80 Jake MacNeil | Breton Educa | |
| 10 | 517 Lucas Holloway | Whitney Pier | |
| 11 | 407 Charlie Briand | Sherwood Par | |
| 12 | 487 Charles Eager | Tamarac Educ | |
| 13 | 528 Max Bernard | Whycocomagh | |
| 14 | 532 Carter Decoste | Whycocomagh | |

Event 63 Girls High Jump 1.25m Intermediate

| Regional: 1.57m 2012 Riley Van den Heuval | | | |
|---|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 467 Ava Carew | Sydney Acade | |
| 2 | 429 Tess Harkink | Strait Area | |
| 3 | 314 Kokoro Kuzuno | Memorial Hig | |
| 4 | 392 Rhysa Marnielli | Riverview Hi | |
| 5 | 399 Melia Roberts | Riverview Hi | |
| 6 | 199 Faith Sigvaldason | Dalbrae Acad | |
| 7 | 391 Avery MacNeil | Riverview Hi | |
| 8 | 445 Ella MacIntyre | Strait Area | |

Event 64 Boys High Jump 1.40m Intermediate

| Regional: 1.88m 1988 Charles MacKay | | | |
|-------------------------------------|-----------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 316 Nolan Lefrense | Memorial Hig | |
| 2 | 78 Jake MacKinnon | Breton Educa | |
| 3 | 374 Craig Duchesne | Riverview Hi | |
| 4 | 398 Clark Reid | Riverview Hi | |
| 5 | 128 Nevin Ingraham-Phillips | Cape Breton | |
| 6 | 269 Angus Mackay | Inverness Ed | |
| 7 | 172 Kyle Levesconte | Dalbrae Acad | |
| 8 | 450 Jacob Mariner | Strait Area | |
| 9 | 436 Will Langdon | Strait Area | |
| 10 | 406 Elliot Todd | Riverview Hi | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 65 Girls High Jump 1.25m Senior

| Regional: 1.62m 5/25/2018 Maddie Campbell | | | |
|---|---------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 67 Emily Burke | Breton Educa | |
| 2 | 77 Ava MacKinnon | Breton Educa | |
| 3 | 439 Sarah Langley | Strait Area | |
| 4 | 81 Meghan Muise | Breton Educa | |
| 5 | 194 Makayla Nadasdi | Dalbrae Acad | |

Event 66 Boys High Jump 1.45m Senior

| Regional: 2.01m 2010 James Gillis | | | |
|-----------------------------------|----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 430 Joshua Hatcher | Strait Area | |
| 2 | 130 Ciaran Macdonald | Cape Breton | |
| 3 | 451 Alex Marshall | Strait Area | |
| 4 | 190 Neil MacLean | Dalbrae Acad | |
| 5 | 200 Liam Sutherland | Dalbrae Acad | |
| 6 | 304 Nathan Morrison | Margaree Chr | |
| 7 | 333 Shane Viva | Memorial Hig | |
| 8 | 312 Gavin Hawkins | Memorial Hig | |

Event 67 Girls Triple Jump Junior

| Regional: 9.78m 2011 Brianna Dunn | | | |
|-----------------------------------|---------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 538 Veronica Kennedy | Whycocomagh | |
| 2 | 64 Anna Sigvaldason | Bayview Educ | |
| 3 | 2 Audrey Buchanan | Baddeck Acad | |
| 4 | 19 Ruby Macdonald | Baddeck Acad | |
| 5 | 503 Mary Morin | Tamarac Educ | |
| 6 | 539 Gracie Kenny | Whycocomagh | |
| 7 | 508 Teylor Wadden | Tamarac Educ | |
| 8 | 33 Rachel Murphy | Baddeck Acad | |
| 9 | 546 Scotia Van Den Heuvel | Whycocomagh | |
| 10 | 279 Amelia Bates | Malcolm Munr | |
| 11 | 289 Norah Macdonald | Malcolm Munr | |
| 12 | 295 Brielle Moffatt | Malcolm Munr | |
| 13 | 114 Molly Chiasson | Cape Breton | |
| 14 | 102 Layla Robinson | Cabot Educat | |
| 15 | 491 Rebecca Keefe | Tamarac Educ | |

Event 68 Boys Triple Jump Junior

| Regional: 11.06m 2012 Leland Murphy | | | |
|-------------------------------------|---------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 280 Elijah Best | Malcolm Munr | |
| 2 | 57 Malcolm MacInnis | Bayview Educ | |
| 3 | 225 Léo Sogne | Ecole Nda | |
| 4 | 528 Max Bernard | Whycocomagh | |
| 5 | 488 Anthony Emad | Tamarac Educ | |
| 6 | 292 Marty MacLeod | Malcolm Munr | |
| 7 | 43 Reid Anstey | Bayview Educ | |
| 8 | 93 Seth Hawley | Cabot Educat | |
| 9 | 540 Liam Macdonald | Whycocomagh | |
| 10 | 536 Peyton Googoo | Whycocomagh | |
| 11 | 487 Charles Eager | Tamarac Educ | |
| 12 | 294 Connor McLean | Malcolm Munr | |

Event 69 Girls Triple Jump Intermediate

| Regional: 11.11m 2011 Haley Wilson | | | |
|------------------------------------|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 36 Jennasey Pierro | Baddeck Acad | |
| 2 | 204 Annika Vanzutphen | Dalbrae Acad | |
| 3 | 153 Ally Beaton | Dalbrae Acad | |
| 4 | 384 Julia Macdonald | Riverview Hi | |
| 5 | 368 Ella Barry | Riverview Hi | |
| 6 | 437 Katherine Langley | Strait Area | |
| 7 | 458 Jenna Proctor | Strait Area | |
| 8 | 460 Brooke Wadden | Strait Area | |
| 9 | 137 Briley Romard | Cape Breton | |
| 10 | 171 Jaelyn Kenny | Dalbrae Acad | |
| 11 | 28 Fern Moore | Baddeck Acad | |
| 12 | 396 Rachel Moore | Riverview Hi | |

Event 70 Boys Triple Jump Intermediate

| Regional: 12.32m 1988 Charles MacKay | | | |
|--------------------------------------|-----------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 436 Will Langdon | Strait Area | |
| 2 | 110 Mark Badro | Cape Breton | |
| 3 | 398 Clark Reid | Riverview Hi | |
| 4 | 373 Anthony Depodesta | Riverview Hi | |
| 5 | 444 Luke Macdonell | Strait Area | |
| 6 | 128 Nevin Ingraham-Phillips | Cape Breton | |
| 7 | 173 Aiden Macdonald | Dalbrae Acad | |
| 8 | 185 John Hughie MacInnis | Dalbrae Acad | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 71 Girls Triple Jump Senior

| Regional: 11.10m 2013 Haley Wilson | | | |
|------------------------------------|----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 433 Abbey Keeping | Strait Area | |
| 2 | 322 Riagan Murphy | Memorial Hig | |
| 3 | 179 Olivia Macdonald | Dalbrae Acad | |
| 4 | 193 Hannah Nadasdi | Dalbrae Acad | |
| 5 | 6 Tara Cox | Baddeck Acad | |
| 6 | 303 Emma Morrison | Margaree Chr | |
| 7 | 205 Ava Vanzutphen | Dalbrae Acad | |
| 8 | 423 Lainey Cummings | Strait Area | |

Event 72 Boys Triple Jump Senior

| Regional: 12.90m 5/25/2019 Dante Isadore | | | |
|--|----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 463 Ben Applin | Sydney Acade | |
| 2 | 304 Nathan Morrison | Margaree Chr | |
| 3 | 473 Anthony Phillips | Sydney Acade | |
| 4 | 139 Liam Ross | Cape Breton | |
| 5 | 424 Tanner Doiron | Strait Area | |
| 6 | 469 Shane Greenhorn | Sydney Acade | |
| 7 | 190 Neil MacLean | Dalbrae Acad | |
| 8 | 130 Ciaran Macdonald | Cape Breton | |
| 9 | 430 Joshua Hatcher | Strait Area | |
| 10 | 454 Connor Morel | Strait Area | |
| 11 | 189 Ethan MacLean | Dalbrae Acad | |
| 12 | 79 Luke MacKinnon | Breton Educa | |

Event 73 Girls Shot Put 3kg Junior

| Regional: 10.55m 2006 Jessica MacNeil | | | |
|---------------------------------------|---------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 37 Lynnea Pierro | Baddeck Acad | |
| 2 | 302 Zoe Wilson | Malcolm Munn | |
| 3 | 114 Molly Chiasson | Cape Breton | |
| 4 | 89 Leanne Chaisson | Cabot Educat | |
| 5 | 414 Alexia Macneil-Comeau | Sherwood Par | |
| 6 | 301 Audrey Todd | Malcolm Munn | |
| 7 | 61 Carly McDaniel | Bayview Educ | |
| 8 | 125 Mairinn Hart | Cape Breton | |
| 9 | 518 Joelle Kane | Whitney Pier | |
| 10 | 59 Summer MacLean | Bayview Educ | |
| 11 | 497 Layla Luddington | Tamarac Educ | |
| 12 | 530 Skylar Condo | Whycocomagh | |
| 13 | 508 Teylor Wadden | Tamarac Educ | |
| 14 | 544 Belle Pierrard | Whycocomagh | |
| 15 | 299 Iylah Pierre | Malcolm Munn | |
| 16 | 415 Ella Mills | Sherwood Par | |

Event 74 Boys Shot Put 4kg Junior

| Regional: 12.98m 2012 Shamus MacLean | | | |
|--------------------------------------|-----------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 48 Bentley Cameron | Bayview Educ | |
| 2 | 504 Cohen Phillips | Tamarac Educ | |
| 3 | 216 Jack Viva | Dr. T.L. Sulliva | |
| 4 | 80 Jake MacNeil | Breton Educa | |
| 5 | 260 Eli Forance | Inverness Ed | |
| 6 | 545 Lucas Poole | Whycocomagh | |
| 7 | 535 Gibi Glaze-Diouf | Whycocomagh | |
| 8 | 506 Walker Timmons | Tamarac Educ | |
| 9 | 51 Roddie Gillis | Bayview Educ | |
| 10 | 108 Donovan Westhaver | Cabot Educat | |
| 11 | 90 Callum Courage | Cabot Educat | |
| 12 | 69 Cooper Crosby | Breton Educa | |
| 13 | 46 Matthew Beaton | Bayview Educ | |
| 14 | 363 Patrick Macneil-Macguig | Riverside Ed | |
| 15 | 298 Ben Pierre | Malcolm Munn | |
| 16 | 231 Colton Jeddore | Eskasoni Element | |

Event 75 Girls Shot Put 4kg Intermediate

| Regional: 9.89m 1990 Cathy Chiasson | | | |
|-------------------------------------|-----------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 338 Aibha Campbell | Rankin Schoo | |
| 2 | 351 Marley Whyte | Rankin Schoo | |
| 3 | 345 Emma Macneil-Gushue | Rankin Schoo | |
| 4 | 191 Breagha MacLellan | Dalbrae Acad | |
| 5 | 448 Jessie MacPhail | Strait Area | |
| 6 | 389 Mary Beth MacLeod | Riverview Hi | |
| 7 | 382 Kathleen Macaulay | Riverview Hi | |
| 8 | 101 Margaret Anne Rambeau | Cabot Educat | |
| 9 | 461 Kenzie Williams | Strait Area | |
| 10 | 155 Charity Bernard | Dalbrae Acad | |
| 11 | 435 Brooklyn Kersten | Strait Area | |
| 12 | 219 Janie Delaney | Ecole Nda | |
| 13 | 11 Abigayle Gale-Macmillian | Baddeck Acad | |
| 14 | 204 Annika Vanzutphen | Dalbrae Acad | |
| 15 | 134 Claire Macpherson | Cape Breton | |
| 16 | 390 Rachel MacLeod | Riverview Hi | |
| 17 | 317 Grace Long | Memorial Hig | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 76 Boys Shot Put 5kg Intermediate

| Regional: 13.05m 5/20/2022 Owen Minihan | | | |
|---|---------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 403 Lucas Sultan | Riverview Hi | |
| 2 | 82 Aiden Oliver | Breton Educa | |
| 3 | 319 Benny MacKinnon | Memorial Hig | |
| 4 | 78 Jake MacKinnon | Breton Educa | |
| 5 | 24 Colten MacKenzie | Baddeck Acad | |
| 6 | 434 Ewan Kennedy | Strait Area | |
| 7 | 450 Jacob Mariner | Strait Area | |
| 8 | 328 Breton Taylor | Memorial Hig | |
| 9 | 259 Logan Evans | Inverness Ed | |
| 10 | 309 Kaiden Faulkner | Memorial Hig | |
| 11 | 419 Gunner Brown | Strait Area | |
| 12 | 126 Olliver Hart | Cape Breton | |
| 13 | 164 Jonah Ellis | Dalbrae Acad | |
| 14 | 166 Drew Gallant | Dalbrae Acad | |
| 15 | 206 Olan Vanzutphen | Dalbrae Acad | |
| 16 | 394 Max Minihan | Riverview Hi | |

Event 77 Girls Shot Put 4kg Senior

| Regional: 10.72m 2012 Mira Strraub | | | |
|------------------------------------|-------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 337 Mackenzie Bhreagh | Rankin Schoo | |
| 2 | 193 Hannah Nadasdi | Dalbrae Acad | |
| 3 | 197 Marrassa Rouse | Dalbrae Acad | |
| 4 | 512 Becky Pierro | Wagmatcookew | |
| 5 | 367 Lynaya Arsenault | Riverview Hi | |
| 6 | 510 Makayla Googoo | Wagmatcookew | |
| 7 | 271 Chrissy MacKinnon | Inverness Ed | |
| 8 | 67 Emily Burke | Breton Educa | |
| 9 | 146 Noa Vuillaume-Alles | Cape Breton | |
| 10 | 77 Ava MacKinnon | Breton Educa | |
| 11 | 346 Cora Merchant | Rankin Schoo | |
| 12 | 433 Abbey Keeping | Strait Area | |
| 13 | 442 Regan Macdonald | Strait Area | |
| 14 | 81 Meghan Muise | Breton Educa | |
| 15 | 256 Angela Chranofsky | Inverness Ed | |
| 16 | 194 Makayla Nadasdi | Dalbrae Acad | |

Event 78 Boys Shot Put 6kg Senior

| Regional: 13.55m 2009 Geoff Myatt | | | |
|-----------------------------------|-------------------------|------------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 350 Kaj Udby | Rankin Schoo | |
| 2 | 130 Ciaran Macdonald | Cape Breton | |
| 3 | 464 Colton Beaton | Sydney Acade | |
| 4 | 79 Luke MacKinnon | Breton Educa | |
| 5 | 127 Carson Ingraham | Cape Breton | |
| 6 | 169 Owen Heukshorst | Dalbrae Acad | |
| 7 | 463 Ben Applin | Sydney Acade | |
| 8 | 426 Juneau Gealogo | Strait Area | |
| 9 | 100 Connor Phee-Donovan | Cabot Educat | |
| 10 | 174 Ben Macdonald | Dalbrae Acad | |
| 11 | 377 Blake Hervé | Riverview Hi | |
| 12 | 215 Keegan O'Neill | Dr. T.L. Sulliva | |
| 13 | 447 Nolan MacNeil | Strait Area | |
| 14 | 187 Campbell MacIntyre | Dalbrae Acad | |
| 15 | 129 Jordan LeFort | Cape Breton | |
| 16 | 471 Owen Minihan | Sydney Acade | |

Event 79 Girls Discus Throw 0.75kg Junior

| Regional: 29.49m 5/24/2019 Sara Scott | | | |
|---------------------------------------|----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 35 Felicia Peck | Baddeck Acad | |
| 2 | 302 Zoe Wilson | Malcolm Munr | |
| 3 | 61 Carly McDaniel | Bayview Educ | |
| 4 | 299 Iylah Pierre | Malcolm Munr | |
| 5 | 301 Audrey Todd | Malcolm Munr | |
| 6 | 497 Layla Luddington | Tamarac Educ | |
| 7 | 5 Jasmine Christiano | Baddeck Acad | |
| 8 | 59 Summer MacLean | Bayview Educ | |
| 9 | 276 Taylor Pringle | Inverness Ed | |
| 10 | 415 Ella Mills | Sherwood Par | |
| 11 | 37 Lynnea Pierro | Baddeck Acad | |
| 12 | 508 Teylor Wadden | Tamarac Educ | |
| 13 | 530 Skylar Condo | Whycocomagh | |
| 14 | 539 Gracie Kenny | Whycocomagh | |
| 15 | 544 Belle Pierrard | Whycocomagh | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 80 Boys Discus Throw 1.0kg Junior

| Regional: 47.43m 5/21/2022 Max Minihan | | | |
|--|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 1 Drew Baillie | Baddeck Acad | |
| 2 | 524 Nolan Murphy | Whitney Pier | |
| 3 | 411 Peter Kozera | Sherwood Par | |
| 4 | 41 Finn Wiese | Baddeck Acad | |
| 5 | 300 Parker Reid | Malcolm Munr | |
| 6 | 535 Gibi Glaze-Diouf | Whycocomagh | |
| 7 | 290 Jackson MacLellan | Malcolm Munr | |
| 8 | 254 Thomas Burke | Inverness Ed | |
| 9 | 12 John Johnston | Baddeck Acad | |
| 10 | 506 Walker Timmons | Tamarac Educ | |
| 11 | 536 Peyton Googoo | Whycocomagh | |
| 12 | 545 Lucas Poole | Whycocomagh | |
| 13 | 46 Matthew Beaton | Bayview Educ | |
| 14 | 298 Ben Pierre | Malcolm Munr | |
| 15 | 63 Sawyer Nadasdi | Bayview Educ | |
| 16 | 51 Roddie Gillis | Bayview Educ | |

Event 81 Girls Discus Throw 1.0kg Intermediate

| Regional: 31.89m 2016 Maddie Campbell | | | |
|---------------------------------------|-------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 338 Aibha Campbell | Rankin Schoo | |
| 2 | 342 Maren MacKenzie | Rankin Schoo | |
| 3 | 389 Mary Beth MacLeod | Riverview Hi | |
| 4 | 219 Janie Delaney | Ecole Nda | |
| 5 | 345 Emma Macneil-Gushue | Rankin Schoo | |
| 6 | 429 Tess Harkink | Strait Area | |
| 7 | 390 Rachel MacLeod | Riverview Hi | |
| 8 | 137 Briley Romard | Cape Breton | |
| 9 | 382 Kathleen Macauly | Riverview Hi | |
| 10 | 158 Kendall Cameron | Dalbrae Acad | |
| 11 | 134 Claire Macpherson | Cape Breton | |
| 12 | 317 Grace Long | Memorial Hig | |
| 13 | 184 Danni MacInnis | Dalbrae Acad | |
| 14 | 460 Brooke Wadden | Strait Area | |
| 15 | 191 Breagha MacLellan | Dalbrae Acad | |

Event 82 Boys Discus Throw 1.5kg Intermediate

| Regional: 37.71m 2022 Owen Minihan | | | |
|------------------------------------|--------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 305 Martin Alderson | Memorial Hig | |
| 2 | 403 Lucas Sultan | Riverview Hi | |
| 3 | 319 Benny MacKinnon | Memorial Hig | |
| 4 | 328 Breton Taylor | Memorial Hig | |
| 5 | 425 Lukas Eager | Strait Area | |
| 6 | 24 Colten MacKenzie | Baddeck Acad | |
| 7 | 385 Cohen MacIsaac | Riverview Hi | |
| 8 | 258 Ryan Davidson | Inverness Ed | |
| 9 | 126 Olliver Hart | Cape Breton | |
| 10 | 419 Gunner Brown | Strait Area | |
| 11 | 164 Jonah Ellis | Dalbrae Acad | |
| 12 | 166 Drew Gallant | Dalbrae Acad | |
| 13 | 343 Angus Hughie MacLean | Rankin Schoo | |
| 14 | 449 Kieran Madden | Strait Area | |
| 15 | 206 Olan Vanzutphen | Dalbrae Acad | |
| 16 | 394 Max Minihan | Riverview Hi | |

Event 83 Girls Discus Throw 1.0kg Senior

| Regional: 32.20m 2012 Mira Straub | | | |
|-----------------------------------|-------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 386 Zoe MacIsaac | Riverview Hi | |
| 2 | 323 Cheyenne Penney | Memorial Hig | |
| 3 | 367 Lynaya Arsenaault | Riverview Hi | |
| 4 | 337 Mackenzie Bhreagh | Rankin Schoo | |
| 5 | 442 Regan Macdonald | Strait Area | |
| 6 | 369 Caelan Binder | Riverview Hi | |
| 7 | 432 Ciara Jeffery | Strait Area | |
| 8 | 146 Noa Vuillaume-Alles | Cape Breton | |
| 9 | 271 Chrissy MacKinnon | Inverness Ed | |
| 10 | 303 Emma Morrison | Margaree Chr | |
| 11 | 205 Ava Vanzutphen | Dalbrae Acad | |
| 12 | 197 Marrisona Rouse | Dalbrae Acad | |
| 13 | 188 Marianna MacIsaac | Dalbrae Acad | |

Event 84 Boys Discus Throw 1.75kg Senior

| Regional: 45.62m 2009 Geoff Myatt | | | |
|-----------------------------------|------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 463 Ben Applin | Sydney Acade | |
| 2 | 174 Ben Macdonald | Dalbrae Acad | |
| 3 | 350 Kaj Udby | Rankin Schoo | |
| 4 | 133 Rylan MacLeod | Cape Breton | |
| 5 | 169 Owen Heukshorst | Dalbrae Acad | |
| 6 | 447 Nolan MacNeil | Strait Area | |
| 7 | 129 Jordan LeFort | Cape Breton | |
| 8 | 426 Juneau Gealogo | Strait Area | |
| 9 | 187 Campbell MacIntyre | Dalbrae Acad | |
| 10 | 424 Tanner Doiron | Strait Area | |
| 11 | 471 Owen Minihan | Sydney Acade | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 85 Girls Javelin Throw 400g Junior

| Regional: 32.77m 5/25/2019 Annie Maltby | | | |
|--|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 102 Layla Robinson | Cabot Educat | |
| 2 | 99 Sloane Moore | Cabot Educat | |
| 3 | 37 Lynnea Pierro | Baddeck Acad | |
| 4 | 288 Maggie Macdonald | Malcolm Munr | |
| 5 | 301 Audrey Todd | Malcolm Munr | |
| 6 | 33 Rachel Murphy | Baddeck Acad | |
| 7 | 17 Kennedy Macaskill | Baddeck Acad | |
| 8 | 415 Ella Mills | Sherwood Par | |
| 9 | 61 Carly McDaniel | Bayview Educ | |
| 10 | 508 Teylor Wadden | Tamarac Educ | |
| 11 | 500 Jenna MacRae | Tamarac Educ | |
| 12 | 537 Laken Kennedy | Whycocomagh | |
| 13 | 119 Harmony Fortune | Cape Breton | |
| 14 | 267 LeeAnn MacEachern | Inverness Ed | |
| 15 | 497 Layla Luddington | Tamarac Educ | |
| 16 | 539 Gracie Kenny | Whycocomagh | |

Event 91 Boys Javelin Throw 600g Junior

| Regional: 43.62m 1997 John Tyler Beaton | | | |
|--|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 93 Seth Hawley | Cabot Educat | |
| 2 | 23 Blaze MacKenzie | Baddeck Acad | |
| 3 | 545 Lucas Poole | Whycocomagh | |
| 4 | 412 Jayce Macdonald | Sherwood Par | |
| 5 | 46 Matthew Beaton | Bayview Educ | |
| 6 | 504 Cohen Phillips | Tamarac Educ | |
| 7 | 290 Jackson MacLellan | Malcolm Munr | |
| 8 | 41 Finn Wiese | Baddeck Acad | |
| 9 | 108 Donovan Westhaver | Cabot Educat | |
| 10 | 298 Ben Pierre | Malcolm Munr | |
| 11 | 12 John Johnston | Baddeck Acad | |
| 12 | 495 Ben Landy | Tamarac Educ | |
| 13 | 492 Carter Kersten | Tamarac Educ | |
| 14 | 535 Gibi Glaze-Diouf | Whycocomagh | |
| 15 | 536 Peyton Googoo | Whycocomagh | |
| 16 | 254 Thomas Burke | Inverness Ed | |

Event 97 Girls Javelin Throw 500g Intermediate

| Regional: 37.09m 2015 Siena Forance | | | |
|--|-----------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 383 Ava Macdonald | Riverview Hi | |
| 2 | 317 Grace Long | Memorial Hig | |
| 3 | 389 Mary Beth MacLeod | Riverview Hi | |
| 4 | 458 Jenna Proctor | Strait Area | |
| 5 | 219 Janie Delaney | Ecole Nda | |
| 6 | 390 Rachel MacLeod | Riverview Hi | |
| 7 | 134 Claire Macpherson | Cape Breton | |
| 8 | 40 Calleigh Wiese | Baddeck Acad | |
| 9 | 155 Charity Bernard | Dalbrae Acad | |
| 10 | 11 Abigayle Gale-Macmillian | Baddeck Acad | |
| 11 | 137 Briley Romard | Cape Breton | |
| 12 | 460 Brooke Wadden | Strait Area | |
| 13 | 184 Danni MacInnis | Dalbrae Acad | |
| 14 | 204 Annika Vanzutphen | Dalbrae Acad | |

Event 103 Boys Javelin Throw 700g Intermediate

| Regional: 47.44m 1995 Nick Muise | | | |
|---|--------------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 336 Nathaniel Winter | Memorial Hig | |
| 2 | 75 Sean Maccormick | Breton Educa | |
| 3 | 78 Jake MacKinnon | Breton Educa | |
| 4 | 381 Nick Lawrence | Riverview Hi | |
| 5 | 24 Colten MacKenzie | Baddeck Acad | |
| 6 | 218 Jayden Aucoin | Ecole Nda | |
| 7 | 457 Aaden Pettipas | Strait Area | |
| 8 | 22 Jack MacInnis | Baddeck Acad | |
| 9 | 373 Anthony Depodesta | Riverview Hi | |
| 10 | 220 Mathieu Delaney | Ecole Nda | |
| 11 | 259 Logan Evans | Inverness Ed | |
| 12 | 449 Kieran Madden | Strait Area | |
| 13 | 450 Jacob Mariner | Strait Area | |
| 14 | 185 John Hughie MacInnis | Dalbrae Acad | |
| 15 | 343 Angus Hughie MacLean | Rankin Schoo | |
| 16 | 206 Olan Vanzutphen | Dalbrae Acad | |

SSNS Highland Regional Track & Field Championships 2024

5/24/2024 to 5/25/2024

Meet Program

Event 109 Girls Javelin Throw 600g Senior

| Regional: 36.64m 2007 Jessica Bussey | | | |
|--------------------------------------|-----------------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 311 Vanessa Gerrow | Memorial Hig | |
| 2 | 369 Caelan Binder | Riverview Hi | |
| 3 | 103 Taylor Rose | Cabot Educat | |
| 4 | 367 Lynaya Arsenault | Riverview Hi | |
| 5 | 221 Shelby Deveau | Ecole Nda | |
| 6 | 88 Peyton Barron | Cabot Educat | |
| 7 | 432 Ciara Jeffery | Strait Area | |
| 8 | 257 Olivia Copley | Inverness Ed | |
| 9 | 271 Chrissy MacKinnon | Inverness Ed | |
| 10 | 14 Elsie Latwaitis | Baddeck Acad | |
| 11 | 186 Kaisey MacInnis | Dalbrae Acad | |
| 12 | 197 Marrisona Rouse | Dalbrae Acad | |
| 13 | 273 Lilly MacLean | Inverness Ed | |
| 14 | 205 Ava Vanzutphen | Dalbrae Acad | |

Event 115 Boys Javelin Throw 800g Senior

| Regional: 55.16m 2001 Tyler Burns | | | |
|-----------------------------------|------------------------|---------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 174 Ben Macdonald | Dalbrae Acad | |
| 2 | 253 Dylin White | Glance Bay Hi | |
| 3 | 397 Logan Osborne | Riverview Hi | |
| 4 | 129 Jordan LeFort | Cape Breton | |
| 5 | 464 Colton Beaton | Sydney Acade | |
| 6 | 7 Will Davis | Baddeck Acad | |
| 7 | 127 Carson Ingraham | Cape Breton | |
| 8 | 463 Ben Applin | Sydney Acade | |
| 9 | 471 Owen Minihan | Sydney Acade | |
| 10 | 207 Issac West | Dalbrae Acad | |
| 11 | 426 Juneau Gealogo | Strait Area | |
| 12 | 405 Luke Timmons | Riverview Hi | |
| 13 | 18 Elijah Maccormack | Baddeck Acad | |
| 14 | 447 Nolan MacNeil | Strait Area | |
| 15 | 187 Campbell MacIntyre | Dalbrae Acad | |

Event 120 Girls 100 Meter Dash Supported Junior

| Lane | Name | School | Seed Time |
|------------------------------|------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 2 | 359 Alyssa Dawes | Riverside Ed | |
| 4 | 34 Eve Nicholson | Baddeck Acad | |
| 6 | 361 Bella Lahey | Riverside Ed | |

Event 121 Boys 100 Meter Dash Supported Junior

| Regional: 16.29 5/26/2017 Benoit Poirier | | | |
|--|--------------|--------------|-----------|
| Lane | Name | School | Seed Time |
| Section 1 of 1 Finals | | | |
| 5 | 325 Sam Ryan | Memorial Hig | |

Event 122 Girls 100 Meter Dash Supported Senior

| Lane | Name | School | Seed Time |
|------------------------------|------------------|---------------|-----------|
| Section 1 of 1 Finals | | | |
| 7 | 245 Cole O'Brien | Glance Bay Hi | |

Event 125 Boys Shot Put Supported Junior

| Pos | Name | School | Seed Mark |
|-----------------------------|--------------|--------------|-----------|
| Flight 1 of 1 Finals | | | |
| 1 | 325 Sam Ryan | Memorial Hig | |

Event 126 Girls Shot Put Supported Senior

| Pos | Name | School | Seed Mark |
|-----------------------------|------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | |
| 1 | 245 Cole O'Brien | Glance Bay Hi | |

Event 128 Girls Long Jump Supported Junior

| Pos | Name | School | Seed Mark |
|-----------------------------|------------------|--------------|-----------|
| Flight 1 of 1 Finals | | | |
| 1 | 39 Keagh Smith | Baddeck Acad | |
| 2 | 34 Eve Nicholson | Baddeck Acad | |

Event 129 Boys Long Jump Supported Junior

| Regional: 2.58m 5/24/2019 William Rudderham | | | |
|---|--------------|--------------|-----------|
| Pos | Name | School | Seed Mark |
| Flight 1 of 1 Finals | | | |
| 1 | 325 Sam Ryan | Memorial Hig | |