

Track Events - Friday May 31, 2024

Start Time	Event	Type	Category	Event #	Awards
10:30 am	80 m Hurdles	Semi Finals	Junior Girls	1	
10:40 am			Junior Boys	2	
10:50 am			Intermediate Girls	3	
11:00 am	100 m Hurdles	Semi Finals	Intermediate Boys	4	
11:10 am			Senior Girls	5	
11:20 am	110m Hurdles	Semi Finals	Senior Boys	6	
11:30 am	80 m Hurdles	Final	Junior Girls	1F	Presentations 12:30 pm
11:35 am			Junior Boys	2F	
11:40 am			Intermediate Girls	3F	
11:45 am	100 m Hurdles	Final	Intermediate Boys	4F	
11:50 am			Senior Girls	5F	
11:55 am	110m Hurdles	Final	Senior Boys	6F	
12:10 pm	100 m	Timed Section Final	Supported Athlete Junior Girls	120	Presentations 1:00pm (Banners to follow)
12:15 pm			Supported Athlete Junior Boys	121	
12:20 pm			Supported Athlete Senior Girls	122	
12:25 pm			Supported Athlete Senior Boys	123	
1:00 pm	400 m	Semi Finals	Junior Girls	7	
1:10 pm			Junior Boys	8	
1:20 pm			Intermediate Girls	9	
1:30 pm			Intermediate Boys	10	
1:40 pm			Senior Girls	11	
1:50 pm			Senior Boys	12	
2:00 pm	100 m	Semi Finals	Junior Girls	13	
2:10 pm			Junior Boys	14	
2:20 pm			Intermediate Girls	15	
2:30 pm			Intermediate Boys	16	
2:40 pm			Senior Girls	17	
2:50 pm			Senior Boys	18	
3:00 pm	1500 m	Final	Junior Girls	19	Presentations 4:15 pm
3:10 pm			Junior Boys	20	
3:20 pm			Intermediate Girls	21	
3:30 pm			Intermediate Boys	22	
3:40 pm			Senior Girls	23	
3:50 pm			Senior Boys	24	
4:05 pm	100 m	Final	Junior Girls	13F	Presentations 5:00 pm
4:10 pm			Junior Boys	14F	
4:15 pm			Intermediate Girls	15F	
4:20 pm			Intermediate Boys	16F	
4:25 pm			Senior Girls	17F	
4:30 pm			Senior Boys	18F	
4:35 pm	400 m	Final	Junior Girls	7F	Presentations 5:15 pm
4:40 pm			Junior Boys	8F	
4:45 pm			Intermediate Girls	9F	
4:50 pm			Intermediate Boys	10F	
4:55 pm			Senior Girls	11F	
5:00 pm			Senior Boys	12F	

Field Events- Friday May 31, 2024

Start Time	Event	Category	Event #	Awards
10:30 am	Long Jump	Supported Athlete Junior High Girls	128	Presentations following events
	Long Jump (at Triple Jump)	Supported Athlete Junior High Boys	129	
	Shot Put (at Discus)	Supported Athlete Senior High Girls	126	
	Shot Put	Supported Athlete Senior High Boys	127	
11:30 am	Long Jump	Intermediate Boys	58	Presentations 1:00 pm
	High Jump	Junior Girls	61	
	Triple Jump	Intermediate Girls	69	
	Shot Put	Junior Boys	74	
	Discus	Senior Girls	83	
	Javelin	Senior Boys	115	
1:00 pm	Shot Put (at Discus)	Supported Athlete Junior High Girls	124	Presentations following events
	Shot Put	Supported Athlete Junior High Boys	125	
	Long Jump	Supported Athlete Senior High Girls	130	
	Long Jump (at Triple Jump)	Supported Athlete Senior High Boys	131	
2:00 pm	Long Jump	Junior Boys	56	Presentations 3:00 pm
	High Jump	Intermediate Girls	63	
	Triple Jump	Senior Girls	71	
	Shot Put	Senior Boys	78	
	Discus	Junior Girls	79	
	Javelin	Intermediate Boys	103	
4:00 pm	Long Jump	Senior Boys	60	Presentations 5:00 pm
	High Jump	Senior Girls	65	
	Triple Jump	Junior Girls	67	
	Shot Put	Intermediate Boys	76	
	Discus	Intermediate Girls	81	
	Javelin	Junior Boys	91	

Field Events- Saturday June 1, 2024

Start Time	Event	Category	Event #	Awards
10:00 am	Long Jump	Intermediate Girls	57	Presentations 12:00 noon
	High Jump	Senior Boys	66	
	Triple Jump	Junior Boys	68	
	Shot Put	Junior Girls	73	
	Discus	Intermediate Boys	82	
	Javelin	Senior Girls	109	
12:00 noon	Long Jump	Junior Girls	55	Presentations 2:00 pm
	High Jump	Junior Boys	61	
	Triple Jump	Intermediate Boys	70	
	Shot Put	Senior Girls	77	
	Discus	Senior Boys	84	
	Javelin	Intermediate Girls	97	
1:00 pm	Shot Put	Para	136/137	
2:00 pm	Long Jump	Senior Girls	59	Presentations 4:00 pm
	High Jump	Intermediate Boys	64	
	Triple Jump	Senior Boys	72	
	Shot Put	Intermediate Girls	75	
	Discus	Junior Boys	80	
	Javelin	Junior Girls	85	

Track Events - Saturday June 1, 2024

Start Time	Event	Type	Category	Event #	Awards
9:00 am	200 m	Semi Finals	Junior Girls	25	
9:10 am			Junior Boys	26	
9:20 am			Intermediate Girls	27	
9:30 am			Intermediate Boys	28	
9:40 am			Senior Girls	29	
9:50 am			Senior Boys	30	
10:00 am		Timed Section Final	Para Athletes	132/133	Presentations 11:30 am
10:10 am	800 m	Final	Junior Girls	31	
10:20 am			Junior Boys	32	
10:30 am			Intermediate Girls	33	
10:40 am			Intermediate Boys	34	
10:50 am			Senior Girls	35	
11:00 am			Senior Boys	36	Presentations 1:00 pm
11:10 am		Timed Section Final	Para Athletes	134/135	
11:20 am	4 X 100 m	Timed Section Final	Junior Girls	37	
11:35 pm			Junior Boys	38	
11:50 pm			Intermediate Girls	39	
12:05 pm			Intermediate Boys	40	
12:20 pm			Senior Girls	41	Presentations 2:15 pm
12:35 pm			Senior Boys	42	
1:10 pm	200 m	Final	Junior Girls	25F	
1:15 pm			Junior Boys	26F	
1:20 pm			Intermediate Girls	27F	
1:25 pm			Intermediate Boys	28F	
1:30 pm			Senior Girls	29F	Presentations 3:30 pm
1:35 pm			Senior Boys	30F	
1:45 pm	3000 m	Final	Junior Girls	43	
2:05 pm			Junior Boys	44	
2:25 pm			Intermediate Girls	45	
2:45 pm			Intermediate Boys	46	
3:00 pm			Senior Girls	47	Presentations 5:15 pm
3:15 pm			Senior Boys	48	
3:30 pm	4x400 m	Timed Section Final	Junior Girls	49	
3:50 pm			Junior Boys	50	
4:10 pm			Intermediate Girls	51	
4:30 pm			Intermediate Boys	52	
4:45 pm			Senior Girls	53	Presentations 5:30 pm
5:00 pm			Senior Boys	54	
Banners for JG, JB, Combined Junior Banners for IG, IB, Combined Intermediate Banners for SG, SB, Combined Senior Banners for the Region with the Most Points					