



2024 NWSSAA TRACK & FIELD

MEET SCHEDULE

DAY 1 - TUESDAY, MAY 28, 2024

TRACK				FIELD			
TIME	EVENT			TIME	EVENT		
1:00 PM	Novice Girls	400 m	HEATS	1:00 PM	Novice Girls	Long Jump	
	Novice Boys	400 m	HEATS		Junior Girls	High Jump	
	Junior Girls	400 m	HEATS		Senior Girls	Triple Jump	
	Junior Boys	400 m	HEATS		Novice Boys	Javelin	
	Senior Girls	400 m	HEATS		Junior Boys	Discus	
	Senior Boys	400 m	HEATS		Senior Boys	Shot Put	
2:00 PM	Novice Girls	100 m	HEATS	2:30 PM	Novice Girls	Shot Put	
	Novice Boys	100 m	HEATS		Junior Girls	Discus	
	Junior Girls	100 m	HEATS		Senior Girls	Javelin	
	Junior Boys	100 m	HEATS		Novice Boys	High Jump	
	Senior Girls	100 m	HEATS		Junior Boys	Triple Jump	
	Senior Boys	100 m	HEATS		Senior Boys	Long Jump	
3:00 PM	Novice Girls	1500 m	FINAL	4:00 PM	Novice Girls	Triple Jump	
	Novice Boys	1500 m	FINAL		Junior Girls	Long Jump	
	Junior Girls	1500 m	FINAL		Senior Girls	High Jump	
	Junior Boys	1500 m	FINAL		Novice Boys	Shot Put	
	Senior Girls	1500 m	FINAL		Junior Boys	Javelin	
	Senior Boys	1500 m	FINAL		Senior Boys	Discus	
4:00 PM	Novice Girls	400 m	FINAL	<u>Event Conflict Process</u>			
	Novice Boys	400 m	FINAL	Please remind competitors that when field events and track events conflict as to time, track events take precedence.			
	Junior Girls	400 m	FINAL	* Report to the field event first and inform the official that you are in a track event.			
	Junior Boys	400 m	FINAL	* Compete in the track event and then return to the field event.			
	Senior Girls	400 m	FINAL				
	Senior Boys	400 m	FINAL				
5:00 PM	Novice Girls	100 m	FINAL				
	Novice Boys	100 m	FINAL				
	Junior Girls	100 m	FINAL				
	Junior Boys	100 m	FINAL				
	Senior Girls	100 m	FINAL				
	Senior Boys	100 m	FINAL				

