

ALL-COMERS MEET #1

LEGION TRACK

WEDNESDAY, MAY 15th , 2024

TRACK SCHEDULE

4:00 pm	400 m	Female
4:20 pm	400 m	Male
4:40 pm	1500 m	Female
5:00 pm	1500 m	Male
5:20 pm	100 m	Female
5:50 pm	100 m	Male
6:20 pm	4 x 400m Relay	Female
6:30 pm	4 x 400m Relay	Male

FIELD SCHEDULE

4:00 – 5:30 pm	Discus	Female
4:00 – 5:30 pm	Shot Put	Male
4:30 – 5:30 pm	Long Jump	Female
5:30 – 7:00 pm	Discus	Male
5:30 – 7:00 pm	Shot Put	Female
5:30 – 7:00 pm	Long Jump	Male

- Athletes must check in with the event marshals at the event at least **15 minutes** prior to the scheduled start of their field events.
- Field events are open during the times stated. Athletes can complete **3 throws or jumps** at any point during the stated time.