

Codiac Achilles and Athletes for all - 11/05/2024**11/05/2024****Session Report**

Session: 1 Morning Track

Day 1 - Saturday 11/05/2024 - Starts at 12:00 AM

Event	Round
10:00 AM #1 Girls 80 Meter Hurdles 0.762m	Prelims
10:10 AM #2 Women 100 Meter Hurdles 0.838m	Prelims
10:10 AM #3 Men 100 Meter Hurdles 0.914m	Prelims
10:20 AM #4 Men 110 Meter Hurdles 0.914m	Prelims
10:30 AM #5 Women 3000 Meter Run	Finals
10:36 AM #6 Men 3000 Meter Run	Finals
10:55 AM #7 Mixed 80 Meter Sprint	Prelims
11:00 AM #8 Girls 100 Meter Sprint	Prelims
11:28 AM #9 Boys 100 Meter Sprint	Prelims
11:48 AM #10 Girls 800 Meter Run	Finals
12:03 PM #11 Boys 800 Meter Run	Finals
12:20 PM #12 Mixed 80 Meter Sprint	Finals
12:25 PM #13 Girls 100 Meter Sprint	Finals
12:35 PM #14 Boys 100 Meter Sprint	Finals

Session: 2 Afternoon Track

Day 1 - Saturday 11/05/2024 - Starts at 01:20 AM

Event	Round
1:20 PM #15 Girls 80 Meter Hurdles 0.762m	Finals
1:30 PM #16 Women 100 Meter Hurdles 0.838m	Finals
1:30 PM #17 Men 100 Meter Hurdles 0.914m	Finals
1:40 PM #18 Men 110 Meter Hurdles 0.914m	Finals
1:50 PM #19 Girls 150 Meter Sprint	Finals
1:55 PM #20 Women 200 Meter Sprint	Finals
2:30 PM #21 Men 200 Meter Sprint	Finals
2:58 PM #22 Women 1500 Meter Run	Finals
3:18 PM #23 Men 1500 Meter Run	Finals
3:43 PM #24 Women 400 Meter Sprint	Finals
4:05 PM #25 Men 400 Meter Sprint	Finals

Session: 3 Throws

Day 1 - Saturday 11/05/2024 - Starts at 02:00 AM

Event	Round
9:30 AM #16 Women Shot put	Finals
12:05 PM #17 Boys Under 15 Shot put Athletes4All	Finals
12:15 PM #18 Men Shot put	Finals
3:15 PM #19 Women Javelin	Finals
3:15 PM #20 Men Javelin	Finals

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Session Report

Session: 4 Horizontal Jumps

Day 1 - Saturday 11/05/2024 - Starts at 03:00 AM

Event	Round
9:15 AM #24 Men Long Jump Athletes4All	Finals
9:30 AM #25 Men Long Jump	Finals
11:30 AM #26 Women Triple Jump	Finals
1:10 PM #27 Women Long Jump Athletes4All	Finals
1:20 PM #28 Women Long Jump	Finals
3:20 PM #29 Men Triple Jump	Finals

Session: 5 Vertical Jumps

Day 1 - Saturday 11/05/2024 - Starts at 12:00 PM

Event	Round
1:00 PM #21 Mixed Under 14 High Jump Athletes4All	Finals
1:40 PM #22 Women High Jump	Finals
2:05 PM #23 Men High Jump	Finals