



2024 Canadian Open Championships
Championnats Canadiens Ouverts
May 23-26
Montréal, Québec



Dear Judo Friends,

It is with great pleasure that I invite you to participate in the 2024 Canadian Open Championships in Montreal.

The leaders of Judo Canada are grateful to be able to organize this flagship event in the superb facilities of the Centre Pierre-Charbonneau. We are touched by the support offered by the city of Montreal, the province of Quebec and especially by the volunteers whose dedication to our sport is inspiring.

You will find in this technical package all the information concerning the competition as well as the various registration deadlines and the rules to be respected.

We hope to see you in Montreal in May 2024, and we wish you an unforgettable experience.



A handwritten signature in black ink that reads "Michel" followed by a stylized flourish.

Mike Tamura
Chairman of Judo Canada

SCHEDULE*

*This document will be updated as details evolve

WEDNESDAY, MAY 22nd, 2024		
Arrival of Provincial Teams and Delegates / Training		
9:00 - 15:00	Kata seminar	TBC
15:00 - 16:30	Kata judges meeting	TBC
17:00 - 18:00	Accreditation for Kata and Ne-waza competitors	Amphithéâtre CPC (local 205)

THURSDAY, MAY 23rd, 2024		
8:00 - 9:00	Ne-waza unofficial weigh-in	Centre Pierre-Charbonneau
9:00 - 10:00	Ne-waza weigh-in	Centre Pierre-Charbonneau
8:00 - 12:00	Kata National Championships for U16, U23 and Seniors	Centre Pierre-Charbonneau
	Medals presentation Kata U16, U23 and Seniors	Centre Pierre-Charbonneau
13:00	Referees Meeting - Ne-waza	Amphithéâtre CPC (local 205)
14:00 - 17:00	Ne-waza National Championships	Centre Pierre-Charbonneau
	Medal Presentation Ne-waza	Centre Pierre-Charbonneau
15:00 - 17:00	Accreditation for Open Nationals Shiai competitors, coaches and officials	Centre Pierre-Charbonneau
15:00 - 17:00	Unofficial weigh-in U18 and Veteran	Amphithéâtre CPC (local 205)
18:00-20:00	Referees Seminar on Tatamis (Registration compulsory)	Centre Pierre-Charbonneau
17:00 - 18:00	Official weigh-in U18 and Veteran	Centre Pierre-Charbonneau
18:00	Deadline for Submission of second division lists to logistics or Tournament Director	Centre Pierre-Charbonneau

FRIDAY, MAY 24th, 2024		
7:00	Referee meeting at venue	Centre Pierre-Charbonneau
8:00	National Anthem; Referee and Athletes' oath	
8:30	Preliminaries start for females U18 and all Veteran divisions	
10:30	Preliminaries start for males U18	
15:30	Opening Ceremony	
16:00	Gold medal rounds (All divisions)	
	Fight-off for World cadet championships	
	Medal Presentations U18 and Veteran	
15:00 - 17:00	Unofficial weigh-in U16 and U21	
17:00 - 18:00	Official weigh-in U16 and U21	
18:00	Deadline for Submission of Check-out lists to logistics or Tournament Director	

SATURDAY, MAY 25th, 2024		
7:30	Referee meeting at venue	Centre Pierre-Charbonneau
8:30	Preliminaries start for all U21	
11:30	Preliminaries start for all U16	
17:00	Gold medal rounds (All divisions)	
	Medal Presentations U16 and U21	
15:00 - 17:00	Unofficial weigh-in Senior	
17:00 - 18:00	Official weigh-in Senior	
18:00	Deadline for Submission of check-out lists to logistics or Tournament Director	

SUNDAY, MAY 26th, 2024		
7:30	Referee meeting at venue	Centre Pierre-Charbonneau
8:30	Preliminaries start for all Senior weight divisions	
	Gold medal rounds	
	Medal Presentations Seniors	
18:30	Banquet and Dance - Open Nationals participants only	PLAZA ANTIQUE

AIR CANADA PROMOTIONAL CODE: PD3TQGD1



WESTJET PROMOTIONAL CODE: 2A5R50P



ORGANIZING COMMITTEE

Judo Canada

4545 avenue Pierre-De Coubertin
Montréal, QC H1V 0B2
Email: f.moussima@judocanada.org

Judo Québec

7665 Lacordaire, Montréal,
QC H1S 2A7
Email: info@judo-quebec.qc.ca

TOURNAMENT VENUE AND ACCREDITATION

Centre Pierre-Charbonneau
3000 Viau St, Montréal, QC H1V 3J3

ACCOMMODATION

Hotel Royal Versailles (Main Hôtel) from 139,95\$/night

7200, Sherbrooke St Est
Montreal, Quebec, Canada
H1H 1E7

Tel: 1-514-256-1613 Poste
290

Free of charge call 1-888-
832-1416

Email: Charlotte Gareau vente@royalversailles.com

Hotel Universel Montréal from 200,00\$/night

5000 Sherbrooke St E
Montreal, Quebec H1V 1A1

Tel: 1-514-253-9958

Email: Yuening Song ysong@hoteluniverselmontreal.com

PROMO CODE: CA JUDO

Local call: 514-253-9958

Quality INN Montréal à partir de 170,00\$/nuit

8100 Avenue Neuville
Montréal, (Anjou) H1J 2T3

Tél : 1-514-493-6363

Courriel : Joanne Leclair : joanne@qualitymontrealeast.com

A nominative list in alphabetical order of delegations members residing at the official hotels should be sent to the hotels by Fax or Email 30 days prior the arrival (23 April 2024) including the following informations:

- Name and surname
- Arrival and departure date and time
- Name of the person with whom sharing the room
- Special request (allergy, adapted room...)

All athletes must stay in the proposed accommodations. A fee of \$30.00 per athlete will be charged on all athletes not staying in these accommodations. This fee must be paid at registration.

TRANSPORTATION

Bus transportation from Montreal Airport can be arranged with the following service providers:

Autocar Excellence : <https://autocarexcellence.com/>

Shuttle transportation will be provided only between Royal Versaille Hotel and Pierre-Charbonneau Center. The shuttle will not stop at Quality Inn or the Auberge Universel. Schedule to be validated.

ELIGIBILITY

- Athletes must compete for the provincial association of which they are a member in good standing and have a valid Judo Canada membership card.
- Only Canadian citizens and permanent residents are allowed to participate in the competition in the U21/Senior/Veteran/Kata events.

NOTE: in the U18 and U16 events, as well as in the Ne-waza event, athletes who are not Canadian citizens or permanent residents residing in Canada with a minimum of two seasons of membership with Judo Canada are eligible to compete or athletes with approved IJF Refugees status.

- The provinces and territories are responsible for ensuring that the athletes they register are eligible.
- Provincial coaches must be certified Competition-Development and Assistants coaches Certified Instructors. Coaches must complete the “Respect in Sport for Activity Leaders” to get their accreditation. Coaches who haven’t completed the module won’t be allowed to coach during the tournament. This training is with cost. Click on the following link to access the module: <https://judo-canada-al.respectgroupinc.com/>. Training must be completed before registration deadline April 28, 2024.
- A valid course must have been completed after January 1, 2021.

REGISTRATION

- Provincial/Territorial Associations are responsible for selection and registration of their teams.
- Request for the approval of an early bloomer’s having to be done here: <https://bit.ly/3JGa003>. *The regulations as published in the 2023-2024 edition of the JC Sanctioning policy and tournament standards will apply. Deadline for confirmation of early Bloomer status is April 28, 2024*
- All entries, including second entries, will have to be done no later than Friday, April 28th, 2024, on Trackie with the following the links:
<https://registration.judocanada.org/event/opennationals2024> for athletes and
<https://registration.judocanada.org/event/Opennationals2024-Coach> for coaches and officials.
- Entries and modifications received after the specified above deadline are subject to an additional \$50/entry. Late entries, second entries and changes to the original registration will be accepted until the end of the accreditation period 6pm on May 22nd for Kata and ne-waza events and 5pm on May 23rd for all other events.

FEES

All fees are non-refundable and non-transferable. All fees must be paid in full at the time of registration to Judo Canada.

- Entry fees:
 - Shiai - \$120.00/athlete (+\$30 for athletes not staying at the official Hotel)
 - Kata - \$120.00/Tori (+\$30 for athletes not staying at the official Hotel)
 - Additional entry (2 or more):
 - \$60.00/athlete
 - \$60.00/Tori
- Banquet tickets:
 - \$70.00/ticket
- Late fee:
 - \$50.00/late entry or change after the deadline
- **No refunds permitted under any circumstances.**

DIVISIONS

U16* – Born in 2009 and 2010 – Green belt and up
Men: -38kg; -42kg; -46kg; -50kg; -55kg; -60kg; -66kg; -73kg; +73kg Women: -36kg; -40kg; -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; +70kg
U18* – Born in 2007, 2008 and 2009 – Green belt and up
Men: -50kg; -55kg; -60kg; -66kg; -73kg; -81kg; -90kg; +90kg Women: -40kg; -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; +70kg
U21* – Born in 2004, 2005, 2006, 2007, 2008 and 2009 – Blue belt and up
Men: -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg Women: -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg
SENIOR* – Born in 2009 and earlier – Brown belt and up
Men: -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg Women: -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg
VETERAN** – Born in 1994 and earlier – Blue belt and up
– The distribution of age and combination of weight categories will be based on the number of participants present
Men: -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg Women: -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg

KATA – U16 – Both Tori and Uke born in 2009, 2010, 2011 and 2012 – Orange belt and up
Nage-no-kata (3 series) / Nage-no-kata (5 series) / Ju-no-kata / Kodokan Goshin-jutsu
KATA – U23 – Both Tori and Uke born between 2002 and 2009 – Green belt and up
Nage-no-kata / Katame-no-kata / Kime-no-kata / Ju-no-kata / Kodokan Goshin-jutsu
KATA – SENIOR – Both Tori and Uke born in 2009 and earlier – Brown belt and up
Nage-no-kata / Katame-no-kata / Kime-no-kata / Ju-no-kata / Kodokan Goshin-jutsu

NE-WAZA* – SENIOR – Born in 2009 and earlier – Green belt and up
Men: -66kg; -81kg; +81kg Women: -52kg; -63kg; +63kg

*Judo Canada Sanctioning Policy and Tournaments Standards 2023-2024 apply for Early Bloomer Athletes.

** The organizers reserve the right to modify or combine weight and/or age divisions in case of an inadequate number of participants.

NOTE: No athlete is allowed to compete in three different age divisions in this tournament unless otherwise approved on a case-by-case basis by the High-Performance Committee. **However**, the Ne-waza and Kata event are not included in this restriction.

ANTI-DOPING CONTROL (CCES)

Each participant in the National Championship is potentially subject to a doping control by the Canadian Centre for Ethics in Sport (CCES) on a random basis in accordance with the Canadian Anti-Doping Program (CADP). To avoid an inadvertent positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- Be familiar with www.cces.ca/athletezone;
- Check with DRO Global (www.globaldro.com) to determine if any prescription or over-the-counter medications or treatments that are banned by the WADA Prohibited List.
- Review medical exception requirements (www.cces.ca/medical) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more at: www.cces.ca/supplements.
- Review the steps of the doping control sample collection procedures: <https://www.cces.ca/sample-collection-procedures>;
- For additional resources and general information, please contact the CCES:
 - o Email: info@cces.ca
 - o Call toll-free: 1-800-672-7775
 - o Online: www.cces.ca/athletezone
- Please note that the USE OF CANNABIS will cause a positive anti-doping test result.

Reminder: as per the CCES policy, you must keep up-to-date with the anti-doping awareness module (<https://cces.ca/truesportclean101untracked>). For any support with the CCES online module, please contact: education@cces.ca.

COMPETITION FORMAT

- The modified double elimination format will be used.
- In weight categories with five (5) or fewer competitors, the round-robin format will be used.
- In weight categories with 6 and 7 competitors, the two-pool system will be used.
- Tournament regulations as per Judo Canada's Sanctioning Policy and Tournament Standards – 2023-2024.

At the end of Ne-waza Senior event, a Grand Championship will take place. The winners between:

- (i) the n°1 lightweight vs n°1 in middle weight and
- (ii) the n°1 heavy weight vs n° 2 in middle weight in a direct elimination format.

With winners fighting for the “Ne-waza Senior Grand Champion Belt” and \$500 bursary.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Canada Sport Committee in cooperation with the Organizing Committee.

MEDAL CEREMONY

Medal winners must attend the medal ceremony in their WHITE judogi. Medal winners who refuse to participate in the ceremony will be removed from the result list and will not place (carding points may be removed).

No promotion articles are authorized to be used/displayed (flags, T-shirt, socks or similar items).

DAMAGES

No use of bleeding dyes on the body or hair of competitors is allowed. In cases such use is undetected and damage results to the equipment of the opponent or tatami, the competitor will be disqualified and the Provincial or Territorial Association of which that individual is a member will be charged for the damage.

INSURANCE

Judo Canada (or any of its officials or members) will not be liable or responsible for any personal injury nor for any loss or damage to any property resulting from participation and travelling in connection with these championships.

BANQUET AND DANCE

Banquet and dance will be held on Sunday, May 26th at 6:30pm at the PLAZA ANTIQUE.

Banquet tickets must be ordered in advance and the payment received by **April 28th, 2024**. Tickets are \$70 per participant.

The banquet is an alcohol-free event and subject to provincial laws.

Tickets will be handed to the person responsible for the team at the accreditations.

MORE INFORMATION

NOTE: The Tournament Director and Judo Canada reserve the right to revoke the accreditation of anyone showing blatant disrespect for the rules and procedures of the competition.

- NEW. There will be no draw meeting. The draws for each division will be made after the weight-ins and posted online as soon as they are completed.
- A minimum of 2 competitors must be registered in a weight category for the competition to take place.
- Medals are only awarded if an athlete has won a match and according to Judo Canada Sanctioning Policy and Tournament Standards 2023-2024.
- This tournament will hold Kata competitions for Nage-no-kata, Katame-no-kata, Kime-no-kata, Ju-no-kata and Kodokan Goshin-jutsu, separately for the Senior, U16 and U23 age divisions. There are no gender specific divisions, so all pairs are welcome. Multiple entries are accepted. The same competitor can enter only once in the same kata.
- FOR SHIAI: Both the blue and white judogis are mandatory. Reversible judogis will be accepted.
- FOR KATA: White judogis only. No red & white belts.
- Each province (including officials) is responsible for reserving its own accommodation according to format specified in this package.
- Each athlete is required to present identification with photo at the weight-in
- Only one representative per province shall come to the accreditations to collect the cards and event packages.
- There will be no paper copies of the draw.
- Policy on back patches and sponsors available here: <https://bit.ly/3sWI4Lv>

The Centre Pierre-Charbonneau being environmentally friendly, bottle of water will not be purchased and given out

inside the facility. Therefore, we kindly ask participants to bring their own water bottles. Note that water coolers are available inside the complex. A Subway concession will be available on site.
 For any concern or question, please contact Franck Moussima: f.moussima@judocanada.org

TRAINING CAMP

The training Camp will take place from May 27 to 29 at INS-Q 4141 Av. Pierre-de-Coubertin, Montreal QC H1V 3N7. The camp fees will be 40\$ and payable in advance on Trackie. There will be no entry into INS-Q outside of the scheduled training hours.

MONDAY, MAY 27th, 2024		
Morning Sessions		
9:00 - 10:30	Groupe 1: U16 Men, Women U16 to Seniors	INS-Q
10:45 - 12:15	Groupe 2: U18 to Seniors Men	INS-Q
Evening Sessions		
15:15 - 17:15	Groupe 1: U16 Men, Women U16 to Seniors	INS-Q
17:30 - 19:30	Groupe 2: U18 to Seniors Men	INS-Q
TUESDAY, MAY 28th, 2024		
Morning Sessions		
9:00 - 10:30	Groupe 2: U18 to Seniors Men	INS-Q
10:45 - 12:15	Groupe 1: U16 Men, Women U16 to Seniors	
Evening sessions		
15:15 - 17:15	Groupe 2: U18 to Seniors Men	INS-Q
17:30 - 19:30	Groupe 1: U16 Men, Women U16 to Seniors	
WEDNESDAY, MAY 29th, 2024		
Morning Sessions		
9:00 - 10:30	Groupe 1: U16 Men, Women U16 to Seniors	INS-Q
10:45 - 12:15	Groupe 2: U18 to Seniors Men	
Evening session		
17:30 - 19:30	One group	INS-Q