

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Tuesday May 14th, 2024

Track Events (with approximate times)

9:15am	80m hurdles	Finals	JG(30"), JB (30"), IG (30")
10:05am	100m hurdles	Finals	SG (30"), IB (33"),
10:45am	110m hurdles	Finals	SB (36")
11:30am	100m Supported Athletes	Finals	SAJG, SAJB, SASG, SASB
11:55am	400m	Finals	JG, JB, IG, IB, SG, SB
12:40pm	Track Break for Officials (10-15 minutes depending on time)		
1:00pm	100m	Prelims	JG, JB, IG, IB, SG, SB
2:45pm	1500m ⁽³⁾	Finals	JB, JG, IG, IB, SG, SB
4:00pm	100m	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>		<u>12:00</u>	<u>2:30</u>	
Long Jump ⁽²⁾	SA girls (9:15)	IB	SA boys (10:30)	JB	SB
High Jump		JG		IG	SG
Triple Jump		IG		SG	JG
Shot Put ⁽⁴⁾	SA boys (9:15)	JB	SA girls (11:45)	SB	IB
Discus		SG		JG	IG
Javelin ⁽¹⁾		SB (10:45)		IB (1:15)	JB (3:45)

NOTES

- (1) Javelin throw will take place for regular runway once discus has completed.
- (2) Supported Athlete Long jump will take place in the South end sand pits.
- (3) Age classes may be combined depending on registration numbers.

Supported Athletes Schedule is as follows:

- Event 1 (Shot Put boys & Long Jump girls @ 9:15am)
- Event 2 (Long Jump boys @ 10:20am)
- Event 3 (100m boys & girls @ 11:30am)
- Event 4 (Shot Put girls @ 11:45am)

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Wednesday May 15th, 2024

Track Events (with approximate times)

9:15am	200 m	Prelims	JG, JB, IG, IB, Para, SG, SB
10:45am	800 m	Finals	JG, JB, IG, IB, Para, SG, SB
12:00pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
1:30pm	Track Break for Officials (10-15 minutes depending on time)		
1:50pm	200 m	Finals	JG, JB, IG, IB, SG, SB
2:50pm	3000 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB
4:00pm	4x400 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>12:00</u>	<u>2:30</u>
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG ⁽¹⁾	SG	IG
Discus	IB	SB	JB
Javelin ⁽²⁾	SG (10:45)	IG (1:15)	JG (3:45)

NOTES

- (1) Para Athletes Male & Female will compete in this event along the listed JG.
- (2) The javelin will take place from the regular runway once discus has completed.
- (3) Age classes may be combined depending on registration numbers.