

# CALTAF welcomes you to Foothills Track for the 2024 Cheetah Invitational

## U10, U12 & U14 Athletes

Foothills Track ~ 2431 Crowchild Trail N.W.

Wednesday, May 22, 2024

6:00-8:30 p.m.

Sanctioned by Athletics Alberta

U14 – Born 2011 & 2012 U12 – Born 2013 & 2014 U10 – Born 2015 & 2016

Meet Director: Samantha Read sam.trackandfieldcoach@gmail.com

**Assistant Meet Director:** Paula McKenzie <u>paula@caltaf.com</u>

**Meet Information:** www.caltaf.com

Entry Fee: \$ 25

Entry Deadline: Saturday, May 18th at 9:00 p.m.

Late Entry: Sunday, May 19th at 4:00 p.m.

Registration:

https://www.trackie.com/event/cheetah-invitational-u10-u12-u14/1006485/

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

#### **GENERAL INFORMATION**

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 10 min before the event begins

FIELD EVENT Marshalling takes place at the event, 15 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 7mm in length and only Christmas tree or pyramid type spikes are permitted.

Scratches during the competition are to be submitted at the Finish Line Shed

NO Spectators on the track surface. The infield is open to competitors, coaches, and officials ONLY. Spectators must stay in the bleachers and outside of the black fence.

Results will be posted: https://calgarytrackcouncil.com/outdoormeets.php

DIVISION	WEDNESDAY, May 22, 2024		
U10	60m, Long Jump, Shot Put		
U12	80m, Shot Put, Long Jump		
U14	100m, Discus, Long Jump		

<sup>\*\*</sup>All Categories: 4x100m Relay

### **SPECIFICATIONS**

U10	U12	U14	EVENT
2kg	2kg		Shot Put
		750g	Discus

#### **MODIFICATIONS**

Long Jump – U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff.

Throws and Long Jump – Athletes will receive 3 attempts