



JENNIFER ROGERS SWAN MEMORIAL MEET
MAY 3-4, 2024
 Gerry and Jane Swan Track at Rotary Stadium
 32470 Haida Drive, Abbotsford, BC

Field Schedule

Friday May 3

Time	Hammer Throw	Discus	Long Jump	Pole Vault
3:00 pm	Weigh-in	Weigh-in		
4:00 pm	JD12-Open Women		U16-Open Men	U16-Open Women
5:00 pm	JD12-Open Men			
5:30pm			U16-Open Women	U16-Open Men
6:00 pm		Seated Discus*		
6:30 pm		U16-Open Men & women		

*To be confirmed

Saturday May 4

Weigh in at 8:00 am at the tall shed for all throwing events.

Time	Discus	Javelin	Shot Put	Long Jump	High Jump	Triple Jump
9:00 am		Seated Javelin*	JD 9-11 Boys	JD 9-11 Girls	U16 – Open Women	
9:30 am		JD12-Open Men				
10:00 am			JD 12-13 Boys			
10:30 am		JD12-Open Women		Special O M&W & Standing LJ	U16-Open Men	
11:00 am			JD 9-11 Girls	JD 9-11 Boys		
11:30 am	JD 12-13 Girls			JD 9-11 Boys		
11:45 am			Special O M&W		JD 9-13 Boys	
12:00 pm						
1:00 pm	JD 9-11 Boys		JD 12-13 Girls	JD 12-13 Boys	JD 9-11 Girls	
2:00 pm	JD 12-13 Boys		U16-Open Women	JD 12-13 Girls		
2:30 pm					JD 12-13 Girls	
3:00 pm	JD 9-11 Girls		U16-Open Men			U16 Men/Women

Track Schedule
Saturday May 4

Women/Girls then Boys/Men, Youngest to oldest

Time	Event	Age
9:00 am	2000m Steeple Chase	U18
9:30 am	Women 80m Hurdles	U16 - 30"
9:40 am	Women 100m Hurdles	U18 – 30" U20-Open - 33"
10:00 am	Men 100m Hurdles	U16 - 33"
10:10 am	Men 110m Hurdles	U18-36" U20-39" Open-42"
10:20 am	60m	JD 9-11
10:30 am	100m	JD 12 – Open and Special O
10:50 am	300m Hurdles	U16, Masters (W50+, M60+)
11:20 am	Jennifer Rogers Swan Signature Event Women 400m Hurdles	U18-Open
11:30 am	Men 400m Hurdles	U18-Open
11:45 am	Kids Fun Race	Track Rascals Age 8 and under Parent Participation encouraged
12:15 pm	600m	JD 9 – 11
12:45 pm	800m	JD 12 – Open and Special O
1:30 pm	200m	JD 11 – Open and special O
2:00 pm	300m	JD 12 – U16
2:20 pm	400m	U18 – Open and Special O
3:00 pm	1200m	JD 12 – U16
3:20 pm	1500m	U18 – Open
3:35 pm	2000m	U16
3:55 pm	3000m	U18 - Open