

Judo Sask Summer Camp July. 10-16, 2024  
Outlook, SK



WORLD SILVER MEDALIST  
**TOMMY MACIAS**

2024 Judo Sask Summer Camp Guest Coach

World Silver Medalist -73kgs  
5x Grand Slam Medalist  
4x IJF World Tour Gold  
European Champion  
2020 Tokyo Olympian  
Former Head Coach of Denmark

Judo Sask Summer camp is a week long training camp for Judoka 9 years of age and above who hold the rank of at least Yellow Belt.

Full Camp Schedule will be released soon but there will be 5 Full days of Judo, team building, sport specific and non-sport specific training activities and sessions and most importantly FUN memories that will last a lifetime!

All food will be provided by the LCBI cooking staff, accommodations are included at LCBI.

**What to bring:**

At Least 2 Judogi	Judo Belt	Water bottle
Training Snacks	Gym Clothes	Running Shoes
Spending Money	Toiletries	Towels
Swim wear	Games	Daily clothes
Pillow	Sleeping Bag	Tape, braces

