



**OATF "BRING THE HEAT!" July 2, 2024
SSAP Track & Field Facility 4:30-9:00pm**

Bib Pickup 4:00-6:00pm, - Facility opens for warmup at 4pm

5:00pm – Rolling schedule. Except for the first events, all events CAN go ahead 30 minutes. Times are estimates.

TRACK:

5:00pm	1500m U18, U20, Senior Men and Women
5:30pm	100m W (U16 & older) followed by 100m M (U16 & older)
6:15pm	100m JDs – Girls Followed by Boys – 2011, 2012, 2013, 2014, 2015
6:50pm	800m W (U16 and older), M (16 & older), Girls (2011-2012), Boys (2011-2012)
7:10pm	600m (Girls 2013, 2014/2015) (Boys 2013, 2014/2015)
7:30pm	80mH 2011B, 2011G, 2012B, 2012G
7:50pm	60mH 2013B, 2013G, 2014B, 2014G, 2015B, 2015G
8:10pm	200m W (U16 & older), 200m M (U16 & older)
8:30pm	200m 2011 G, 2011 B, 2012 G, 2012 B, 2013 G, 2013 B

FIELD:

POLE VAULT Max Height 4.0m Vaulters

4:30pm 2011, U16, U18, U20, Senior Men and Women

HIGH JUMP

PIT 1

PIT 2

5:30pm 2015 B&G
7:00pm Mixed Men and Women U16, U18, U20

2013/2014 B&G
2011/2012 B&G, Master Men and Women

LONG JUMP

PIT 1

PIT 2

5:30pm 2011/2012 Boys
6:30pm 2015/2014 Boys
7:45pm 2013 Boys

2011/2012 Girls
2015/2014 Girls
2013 Girls

SHOT PUT

5:30pm 2015 Boys and Girls
6:00pm Mixed U16 & older
7:15pm 2011/2012/2013/2014 Boys & Girls

DISCUS

5:30pm Mixed JDs 2011-2014
7:00pm Mixed U16 & older