# Summer Games Zone 6 Athletics Information Package

Zone 6 Rep Contact: Makayla Mitchell at <u>zone6athletics@shaw.ca</u> for any questions

# **Important Dates**

Dogwood Registration Deadline - May 8, Midnight (no late entries accepted)

Dogwood and Zone 6 Trials Meet – May 11/12

Zone 6 Athlete Declaration Deadline – May 12, 3pm

BC Summer Games – July 18-21

# **General Information**

Athletes born in 2009 or 2010 are eligible to compete in athletics at the 2024 BC Summer Games.

The Dogwood Track and Field Meet at the University of Victoria on May 11th and 12th will serve as the 2024 Zone 6 Trials Meet.

# **Coaches Meeting Saturday AM**

There will be a short coaches meeting held Saturday morning at the finish line before the start of the meet.

#### **Coaches/Adult Supervisors**

Zone 6 still needs more coaches and supervisors so please share this with your coaches and parents to see if anyone may be interested. They can find out more information here <u>Coach Information</u> and apply here <u>Coach / Supervisor Application</u>.

#### **Declarations**

All Zone 6 athletes wishing to be considered for the team must fill out the BC Summer Games Declaration form: <u>Athlete Declaration</u> by <u>Sunday, May 12<sup>th</sup>, at 3:00 pm</u>. This may differ from the date on the BC Summer Games technical package, but please note this is the official Zone 6 deadline.

#### <u>Finals</u>

There will be finals for the following events: 100m, 200m, 300m, and 80m hurdles. If there are under 8 participants, the race will go straight to finals. **If an athlete qualifies for a final** 

and chooses not to race, they will be disqualified from Zone 6 team consideration. If an athlete sustains an injury and is unable to compete in the final, please find Makayla Mitchell at the meet or email <u>zone6athletics@shaw.ca</u> as soon as possible, so another athlete can take their spot. Failure to appropriately notify will also result in the athlete being disqualified from being considered for the Zone 6 team.

#### Hammer Throw

Currently, hammer throw will not be offered at the meet due to facility unavailability. **Please note that if an athlete would like to compete at the Summer Games in hammer throw, a performance from a sanctioned event between March 1<sup>st</sup> and May 12<sup>th</sup>, 2024, will be taken into consideration. Athletes must still compete at the Dogwood in a different event to be considered for the team. Please email <u>zone6athletics@shaw.ca</u> noting the athlete's name and performance to be considered for qualification in the hammer throw. Also, ensure it is declared as an event on the declaration form.** 

#### Non-BC Athletics Members

If an athlete is part of a club or is an unattached athlete with a BC Athletics membership, then this section does not apply.

Non-BC Athletics members will be charged an additional \$5 when registering for the Dogwood meet, for BC Athletics Day of Meet insurance. Additionally, when registering, the athlete may enter Zone6 in place of the membership number. If they qualify for the games, they will need to register for a BC Athletics membership.

# Number of Events

We encourage athletes to participate in as many events as possible at the trials to increase their chances of being selected for the team. However, they will only be able to compete in three events (plus a relay if chosen). If qualified in multiple events, the athlete will be contacted to choose which events they would like to compete in. It is rare for an athlete to compete in a single event (unless the pentathlon) at the games, as participation is the theme throughout the games.

# Payment

The cost of the 2024 Summer Games in \$225 per athlete, which includes games fees and singlet and opening ceremonies attire. The following clubs cover athlete costs: Comox, Campbell River, Cowichan Valley, and Athletics Victoria. If your club is not listed, please bring a cheque for \$225 to the trial meet or contact your club to see if alternate arrangements will be made. If your athlete does not qualify, the cheque will be destroyed. Make cheques payable to BC Athletics and note the **name of the Athlete and Zone 6 Athletics on the cheque.** 

# Pentathlon Qualification Details:

The pentathlon qualification at the Dogwood Meet will occur over a single day. The sequence of events will be as follows: hurdles, high jump, shot put, long jump, and 800m. Both female and male field events will be conducted simultaneously, with appropriate implement weights utilized.

It's important to note that pentathlon events will be conducted separately from the general competition. For instance, pentathlon long jump and regular long jump will run as distinct events. Notably, performances in the pentathlon long jump will not be considered for individual long jump competition eligibility at the games. Athletes must participate in both events if they aim to qualify for the individual long jump competition.

Athletes are permitted to compete in multiple events at the trials. However, they will only be eligible to participate in the pentathlon at the games, along with a relay if selected.

#### **Selection Meeting**

Following the 2022 selection meeting for the Zone 6 Athletics Team, a decision was made to eliminate the meeting that traditionally follows the qualification event. This decision stems from the straightforward selection process, driven by athletes' performances at the event.

I will share a proposed team roster and wildcard allocations with island clubs and coaches before finalizing submission to the provincial sports representatives. If unanimous agreement is reached, the submission will proceed as planned. However, in case of any concerns or issues raised regarding the team composition, a Zoom meeting with clubs will be convened to address necessary adjustments.

It's worth noting that historically, all wildcard entrants have been included in the team, and zone 6 typically receives additional spots owing to its large representation.

No athletes or parents may be informed of the proposed roster and will not be allowed to attend a selection meeting if one is held.

#### Zone 6 Team Qualification Guidelines

To be eligible for selection to the Zone 6 Athletics Team, athletes are required to participate in the Dogwood Track and Field Meet in Victoria on May 11th and 12th. In exceptional cases, athletes unable to attend the trials may still be considered by submitting a performance from a sanctioned event between March 1st and May 12th, 2024, for inclusion in the provincial wild card pool.

Please be aware that priority will be given to athletes present at the Dogwood meet over those who are not. Historically, we've faced more competition than available spots, making selection for the team highly competitive. All athletes, regardless of attendance at the meet, must submit their declaration by the specified deadline of May 12th, 2024, at 3pm. Athletes unable to attend must notify <u>zone6athletics@shaw.ca</u> before the deadline.