



JACK BROW MEMORIAL + BC MASTERS CHAMPIONSHIPS

2024 SCHEDULE – TENTATIVE

BIRTH YEAR	AGE	AGE GROUP	GENDERS	ABBREVIATION
2015	9 years	U10	Girls + Boys	G/B
2014	10 years	U12	Girls + Boys	G/B
2013	11 years	U12	Girls + Boys	G/B
2012	12 years	U14	Girls + Boys	G/B
2011	13 years	U14	Girls + Boys	G/B
2010-2009	14-15 years	U16	Women + Men	W/M
2008-2007	16-17 years	U18	Women + Men	W/M
2006-2005	18-19 years	U20	Women + Men	W/M
2004 -1990	20-34 years	Senior	Women + Men	W/M
1989-	35+	Masters	Women + Men	W/M

FRIDAY, JUNE 28TH

FIELD EVENTS:

THROWS PENTATHLON – MASTERS WOMEN + MEN		
TIME	WOMEN	MEN
4:00pm	Hammer	
5:00pm	Shot Put	Hammer
5:45pm	Discus	Shot Put
6:30pm	Javelin	Discus
7:15pm	Weight Throw	Javelin
8:00pm		Weight Throw

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
5:30pm	300m	Timed Finals	U16 W/M
5:45pm	400m	Timed Finals	U18, U20, Senior, Masters W/M
6:10pm	1500m Steeplechase (no water)	Timed Finals	U16 W/M
6:20pm	2000m Steeplechase	Timed Finals	U18 W/M
6:35pm	3000m Steeplechase	Timed Finals	U20 - Senior W/M

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SATURDAY, JUNE 29th

FIELD EVENTS:

TIME	HIGH JUMP	LONG JUMP (PIT A)	LONG JUMP (PIT B)	SHOT PUT (PIT A/B)	DISCUS	JAVELIN	HAMMER	POLE VAULT
8:00am	2012 G	2013 B	2013 G	2014 B (A) 2014 G	2011 G, U16 W			
8:45am				U18,U20, SNR M (B)				
9:00am	2012 B	2011 B	2012 G		2013 B, U16 M	2011, 2012 G		
10:00am	2015 G	2012 B	2011 G	MAST M (B)	SNR, MAST W	2013, 2014 G		
10:30am								2011,U16, U18, U20, MAST W, MAST M
11:00am	2015 B		U16 W	2013 B (A)	U18, U20 M	U20, SNR W		
11:30am		U20, SNR, MAST M						
12:00pm	U16, SNR M			2012 G 2013 G	U18, U20 W	U16 W		
12:30pm			SNR, MAST W					2011,U16, U18, U20, MAST W, MAST M
1:00pm	2014 G					U20, SNR M	2012 B 2010 B	
1:30pm		U18 M						
2:00pm	2014 B			2015 G/B	SNR, MAST Men	MAST W		
2:30pm		U16 M	U18 W U20 W					
3:00pm	2011 B			2012 B		MAST M	2011 G 2012 G	
4:30pm	2011 G					U16 M		

MASTERS WEIGHT THROW – HAMMER CAGE

4:00pm	Masters Women
5:00pm	Masters Men

SATURDAY, JUNE 29th

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
8:00am	2000m	Timed Finals	2011 G/B, U16 W/M
8:25am	3000m	Timed Finals	U18, U20 , Masters W/M
9:00am	110m Hurdles	Timed Finals	Senior, Masters (35-49), U20, U18 M
9:15am	100m Hurdles	Timed Finals	Masters M (50-59)
9:20am	100m Hurdles	Timed Finals	Masters W (35-39), Senior, U20 W, U16 M
9:30am	100m Hurdles	Timed Finals	U18 W
9:40am	100m Hurdles	Timed Finals	Masters M (60-69)
9:50am	80m Hurdles	Timed Finals	Masters M (70-79), Masters W (50-59)
9:55am	80m Hurdles	Timed Finals	Masters (40-49), U16 W
10:10am	80m Hurdles	Timed Finals	2011 B
10:15am	80m Hurdles	Timed Finals	2011 G
10:30am	80m Hurdles	Timed Finals	2012 G/B
10:50am	60m Hurdles	Timed Finals	2013 G/B
11:05am	60m Hurdles	Timed Finals	2014 G/B
11:20am	60m Hurdles	Timed Finals	2015 G/B
11:30am	60m	Heats (finals if only 1 heat)	Masters W/M
11:45am	LUNCH		
12:15pm	60m	Timed Finals	2015 G/B
12:25pm	60m	Timed Finals	2014 G/B
12:40pm	60m	Timed Finals	2013 G/B
12:45pm	60m	Finals	Masters W/M
1:00pm	200m	Timed Finals	2013 G/B
1:00pm	200m	Timed Finals	2012 G/B
1:20pm	200m	Timed Finals	2011 G/B
1:30pm	200m	Timed Finals	U16 W
1:40pm	200m	Timed Finals	U16 M
1:50pm	200m	Timed Finals	U18 W/M
2:00pm	200m	Timed Finals	U20 W/M
2:10pm	200m	Timed Finals	Senior, Masters W/M
2:30pm	600m	Timed Finals	2015-2013 G/B
2:50pm	800m	Timed Finals	2012-2011 G/B
3:00pm	800m	Timed Finals	U16 W/M
3:15pm	800m	Timed Finals	U18 W/M
3:25pm	800m	Timed Finals	U20, Senior, Masters W/M
4:00pm	4 x 100m Relays	Timed Finals	All Ages W/M
4:30pm	4 x 100m Family Fun Relay	Timed Finals	All Ages

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SUNDAY, JUNE 30th

FIELD EVENTS:

TIME	HIGH JUMP	LONG JUMP (PIT A)	TRIPLE JUMP (PIT B)	SHOT PUT	DISCUS	JAVELIN	HAMMER
8:00am	2013 G						
8:45am					2012 B 2012 G		
9:00am			U16, U18, U20 M	U16 M, U20, SNR W			
9:45am	U18, U20 SNR W				2014 G		
10:00am				U16, U18 W		2013 B 2014 B	
10:15am			MAST M/W				SNR, MAST W
10:45am	2013 B	2015 G 2015 B					
11:15am							SNR, MAST M
11:45am		2014 B		2011 G 2011 B		2011 B 2012 B	
12:00pm	U18, U20 M						
12:30pm					2013 G 2014 B 2011 B	U18 W U18 M	
1:00pm		2014 G	U18, SNR W				
1:30pm	U16 W			MAST W			U16 M U16 W
2:30pm	MAST W		2011 B 2011 G U16, U20 W				U18, U20 M U18,U20 W
3:30pm	MAST M						

SUNDAY, JUNE 30th

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
8:00am	5000m	Timed Finals	U20, Senior, Masters W/M
8:30am	1000m	Timed Finals	2015-2013 G/B
8:45am	1200m	Timed Finals	2012-2011 G/B
8:55am	1200m	Timed Finals	U16 W/M
9:10am	1500m	Timed Finals	U18 W/M
9:25am	1500m	Timed Finals	U20 W/M
9:30am	1500m	Timed Finals	Senior W/M
9:40am	1500m	Timed Finals	Masters W/M
10:00am	100m	Timed Finals	2015 G/B
10:10am	100m	Timed Finals	2014 G/B
10:25am	100m	Timed Finals	2013 G/B
10:40am	100m	Timed Finals	2012 G/B
10:55am	100m	Timed Finals	2011 G/B
11:10am	100m	Heats (finals if only 1 heat)	U16 W/M
11:20am	100m	Heats (finals if only 1 heat)	U18 W/M
11:35am	100m	Heats (finals if only 1 heat)	U20 W/M
11:45am	100m	Heats (finals if only 1 heat)	Senior W/M
11:55am	100m	Heats (finals if only 1 heat)	Masters W/M
12:15pm		LUNCH	
12:30pm		Lollipop Run - 5 years and under	
12:45pm		Run, Jump, Throw – 6-8 years	
1:00pm	400m Hurdles	Timed Finals	Masters M (35-49), Senior, U20 M
1:15pm	400m Hurdles	Timed Finals	Masters M (50-59), U18 M
1:25pm	400m Hurdles	Timed Finals	Masters W (35-49), Senior, U20, U18 W
1:40pm	300m Hurdles	Timed Finals	Masters M (60-69), Masters W (50-59), U16 W/M
2:00pm	200m Hurdles	Timed Finals	2011 G/B
2:10pm	200m Hurdles	Timed Finals	2012 G/B
2:15pm	100m	Finals	U16 – Masters W/M
2:30pm	300m	Timed Finals	2012, 2011 G
2:40pm	300m	Timed Finals	2012, 2011 B
3:00pm	4 x 400m Relays	Timed Finals	Masters, Senior, U20, U18 W/M

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