

Athletics NS Warm-Up Meet
Saturday, May 4th, 2024
Beazley Field, Dartmouth



Hosted and Sanctioned: Athletics Nova Scotia

Date: Saturday, May 4th, 2024

Event Site: - Beazley Field, Dartmouth, NS

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Gender neutral washrooms on-site.

Timing: FinishLynx Photoelectric timing

Categories:

All categories from U14 to Masters will be offered. Athletes U14 and younger are able to register for the tetrathlon (60m, Long Jump, Shot Put, 600m)

Events:

80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m, 3000m,
80/100/110mH, 200/400mH,
Long Jump, Triple Jump, High Jump, Hammer, Discus, Shot Put, Javelin,
Tetrathlon

Registration:

Please visit [Trackie](#) to register Registration deadline is **Tuesday, April 30th**

Schedule:

The schedule is subject to change based on entries. The schedule is at Trackie.ca

The final schedule will be posted on Thursday, May 2nd

Seeding

Seed times can be included in registration. Most events for this competition will be done by randomized heats. All age groups will be combined based on entries.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event to check-in and pick up hip numbers

Failure to check in at the marshaling area at least 20mins prior to your event may result in disqualification.

Scratches

Scratches will be accepted via email at athleticsprograms@sportnovascotia.ca until the registration deadline.

Registration:

Entries must be received by 11:59 p.m. Tuesday, May 3rd, 2022

First event: \$25 for members and \$35 for non-members + \$5 Officials Fee.

Second Event: \$15 Third Event: \$10

Tetrathlon Only \$10

Late Entries

A late registration deadline of Wednesday, May 1st is available at an increased registration fee.

No entries beyond the late deadline will be accepted.

Please use the online registration system at **Trackie.com**

Please note: This meet will be **pre-registration** only!

Entry fees **must** be paid before an athlete can compete in the meet.

Check in and Bib # Pick-up: Beginning at 8:30 a.m. on Saturday, May 4th

Inquiries: Heather Beaton - athleticsprograms@sportnovascotia.ca or Kirk Jessome at athleticstd@sportnovascotia.ca